Hello Everyone,

This email will focus on **self-reflection and readiness**.

**Don’t skip this one – it is important.**

But first some updates and reminders:

*Use **official sources** to get information about what is happening with the MCAT, AADSAS and osteopathic medical schools, among other relevant topics. A “dot.com” is NEVER going to be an authority on how COVID-19 will impact the medical school application process.*

*Use our [COVID-19 FAQs](#) where we are posting resources, updates from official sources, etc.*

*As you know, MCAT registration will reopen this Friday, April 17 and likely there will be additional dates added to your options.*

**HONEST SELF-REFLECTION**
This is very important to your personal statement (next week’s applicant email topic) but even more so to your future life and happiness. Let us share a couple of experiences we have had with students:

1 – Spoke with an alum who applied last year and was working in a patient care setting while applying. They received five acceptances to medical school but were then unsure if they really wanted to attend since they have not enjoyed interacting with patients and think perhaps other professions will be more rewarding.

2 – Spoke with an alum who went through HPRC four years ago but never applied and never told us why. Now they are ready to admit that they were applying to med school because everyone expected them to do so. All the while volunteer and work experiences were pointing to the greater contact and direct involvement with patient care that nurse practitioners have. They are now applying to nursing programs.

Before you embark on completing a time-consuming application, spend money to apply to numerous schools, go through your HPRC interview process, and then go on to an 8-month long interview cycle – THINK and REFLECT honestly. Do you know why you are making this choice? Are you being honest and realistic about what this profession means? If you are not certain, then you should wait until you are. If you are not putting your best foot forward, then you should wait until you can.

**Learning about individual schools**
University of New England College of Osteopathic Medicine is hosting virtual events through April and October. Tufts sends at least one student to UNECOM each
year. Check it out.

**Job Opening**

*Research Assistant for the Division of Cardiac Surgery at Brigham and Women’s Hospital*

The Division of Cardiac Surgery within the Department of Surgery at the Brigham and Women’s Hospital is seeking applications for a **Clinical Outcomes Research Assistant**. This is an amazing opportunity to work on innovative, relevant, and cutting-edge clinical research in cardiac surgery or cardiovascular medicine. We are a dynamic, team-oriented research outcomes group with an established productive track record of high impact publications as well as plenary meeting presentations at major cardiothoracic surgery (STS, AATC, STSA), general surgery (ACS, ASC, Mass Chapter-ACS), and cardiology conferences (ACC, TCT, AHA). This is a great position for anyone who is interested in obtaining a comprehensive research experience in cardiac surgery and in pursuing a medical career.

We are seeking a motivated, focused, and driven candidate who has or will have received a Bachelor’s Degree by May 2020. Degree in biology or related sciences as well as an interest in clinical research is preferred. All applicants should submit a cover letter and CV/Resume to Alexandra Malarczyk at amalarczyk@bwh.harvard.edu.

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**Carol, Amanda and Ericka**