Welcome to the fifth edition of the TIP Book! The Tufts Career Center is excited to provide you with internship profiles packed with helpful advice from your classmates.

This book is arranged in alphabetical order by name of organization. You may find organizations by index alphabetically, or by the industry index.

As you review the internship profiles, keep the following in mind:

- A successful internship search involves thorough research and information gathered from multiple sources. Thus, we encourage you to use these profiles as a complement to your other research.

- Our Internship Guide will prepare you for all you need to know about finding an internship.

- The Internship Section of the Career Center website provides search tips and internship listing sites, including our databases - Jumbo Jobs, LACN and engIN - where you’ll find thousands of internships for Tufts students. You’ll also find information about internship funding resources and much more.

- Students who have listed their names on their profiles may be contacted for more information. Remember to thank them for sharing their time and advice with you!

- A career advisor can help you clarify your goals and direct you to other helpful internship search resources. Come to daily drop-in hours or visit students.tufts.edu/career-center/see-advisor for an appointment.

- Our weekly Career eNews and Calendar features career events that will help you learn about careers, find internships, and connect with alumni and employers.

MARK YOUR CALENDAR:

2017 Spring Career Fair, Friday, February 10, 2017, 11:30 AM – 2:30 PM

Jobs and internships in science, technology, comp-sci, engineering, media, marketing, communications, education, non-profits, arts, finance, business, healthcare, environmental, government, and more!

Thank you to all Tufts students who contributed to this publication. Due to the large volume of entries, we are unable to include all internship submissions.
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Gabrielle Charmont (Community Health, ELS, 2017)  
Intern  
Full-time, 40 hours per week  
Unpaid but receiving grant/financial assistance (TechGen)

What do you do as an intern at this organization?  
I do just about anything. My daily tasks are flexible, and I get to work on the things I choose. This is a startup, so there are often many tasks and too few people (in a good way). I got to explore things I liked and move on from things I didn’t. There was the potential to work on design, marketing, content creation, social media, and so much more.

How did you find your internship?  
One of the co-founders of this company was also my ELS 101 Professor, Eric Braun. After taking his class in the fall, I was offered a position in the spring!

What do you enjoy most about your internship?  
I loved the flexibility to explore different areas of interest and find out what I’m good at and what I like best. It was such a casual and friendly work environment that I always felt comfortable sharing my creativity. I was able to see the progress I was helping to make and that was exciting.

What do you find challenging?  
I sometimes found it hard to push myself creatively but would often find inspiration along the way. I found it best to work on other tasks when I wasn’t thinking creatively and vice-versa. I came to realize that sometimes I’m just not in a creative mindset and that’s okay.

What advice would you offer to someone who wants to make the most of an internship like yours?  
I worked at a startup incubator, and I would advise anyone in a position like this to make as many connections as possible and talk to everyone. There were 40 startups in the building and many opportunities to collaborate and share skills. Talking to others will lead to a valuable internship experience, especially in an incubator.

About the Organization  
30hands Learning  
Quincy, MA

We make learning more engaging and meaningful by giving teachers the power of Project-Based Learning and Iterative Creativity with Technology.
ActBlue | www.actblue.com

- Elizabeth Cultrara (Chemical Engineering, 2018)
- Summer Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
The main task of interns is to help the customer service team respond to donor's email and voicemail inquiries. Interns receive thorough training on how ActBlue's platform works and how to resolve donors' and campaigns' concerns. Interns also help print and mail checks. In addition to providing customer service, interns are assigned small to medium projects from various departments (compliance, outreach, marketing, customer service).

How did you find your internship?
Tufts Career Fair

What do you enjoy most about your internship?
The office atmosphere is welcoming, fun and politically minded. The internship program (and all of ActBlue's work) is well-rooted in its mission to democratize power and help small-dollar donors make their voices heard in a real way. Everything interns do has a clear impact on helping everyday people be involved and impactful in politics.

What do you find challenging?
Customer service can get repetitive, and some projects are tedious or dry.

What advice would you offer to someone who wants to make the most of an internship like yours?
ActBlue accepts interns during both semesters and over the summer, so choose the time that works best for you. The office has an open floor plan with clusters of desks, so most people wear headphones while they work. It's important to still reach out and connect with people; it makes the work environment much more enjoyable to have friendly banter and political discussions throughout the day.

About the Organization
ActBlue
Somerville, MA

ActBlue is a non-profit that builds fundraising technology for the left wing. Our mission is to democratize power and help small-dollar donors make their voices heard in a real way. We develop top-of-the-line fundraising software and offer simple, intuitive tools to help campaigns and organizations connect with new and existing grassroots donors. As a result, non-profits thrive and Democratic campaigns get more donations through ActBlue than any other platform. Together, we build powerful movements.
All Women’s Action Society Malaysia (AWAM) | www.awam.org.my

- Amanda Ng Yann Chwen (American Studies, Education, Dance minor, 2018)
- Intern; Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
As an intern, my main focus is the Herstory project, an oral history video project that serves as AWAM's first attempt to officially document our Herstories from the past 31 years. I am leading the project by doing production, interviewing, editing and more. By interviewing the founding members and veteran activists of AWAM, we hope to capture a sense of where the organization comes from, what has happened over its 31 years of existence, and where we’re going from here. Besides the Herstory project, my job includes general intern tasks such as answering phone calls and the door; assisting with notetaking and documentation; attending meetings/events; and being part of brainstorming sessions.

How did you find your internship?
I found my internship by contacting AWAM, which I have known about for a number of years since I am familiar with the women's rights and non-profit circles in Malaysia.

What do you enjoy most about your internship?
The most valuable part of the internship is being able to meet people and build relationships with young and older Malaysians who are doing this work on the ground. In a society as repressed and silenced as Malaysia, this work is imperative and incredibly difficult and dangerous. I feel thankful to be able to have conversations and grow with these people so I can develop a deeper understanding of the lay of the land and make more thoughtful decisions in the future about my work and labor.

What do you find challenging?
It is challenging to witness how overworked, underpaid, tired and burnt out most people in this field are. Because of awful structures and limited resources, there is not enough to go around and never enough compensation. How can you be a feminist and activist contributing to the movement when that very work takes away your right to take care of your physical, mental and emotional health?

What advice would you offer to someone who wants to make the most of an internship like yours?
Do not assume that your fancy Tufts education at all prepares you for this type of work. It is not about high theory and academia, but how you can actually be helpful in the face of state oppression and often crisis. Be prepared to listen deeply. Do not come in with a savior complex or the desire to "help," because individually we can do very little; it is the collective that makes a difference, and you as an intern are just a tiny, most likely temporary part of that collective. Apply early (rolling deadline), but also think about who you would be taking the opportunity from if you take an internship like this one. Malaysian non-profit funding is limited, and learning opportunities like these are limited -- especially to other young folks who do not have access to a Tufts education -- so think about what resources you honestly need/do not need and how to take up space with sensitivity and respect.

About the Organization
All Women’s Action Society Malaysia (AWAM); Petaling Jaya, Selangor, Malaysia
AWAM envisions a just, democratic, and equitable society where all persons, in particular women, are treated with respect and are free from all forms of violence and discrimination. Based on feminist principles, we seek to achieve our vision by building a movement that informs, connects and mobilizes towards securing women’s rights, bringing about gender equality, building capacities for women’s empowerment and social transformation, and supporting women in crisis.
Amazon | www.amazon.com

- Yuki Zaninovich (Computer Science, 2018)
- Software Engineer Intern
- Full-time, 50 hours per week
- Paid

What do you do as an intern at this organization?
I cannot disclose much due to signing an Non-Disclosure Agreement, but I worked on a software development project to be launched to Amazon customers by the end of the fiscal year. I worked on mostly the front-end component, using HTML/CSS/JavaScript, Spring, Java web stack, etc.

How did you find your internship?
Boston Career Forum: www.careerforum.net/event/bos

What do you enjoy most about your internship?
I enjoyed the fact that I got to work on a project that will impact the business and be used by customers and that I was treated like a real full-time employee.

What do you find challenging?
It was challenging to figure things out on my own instead of relying entirely on others when bugs in the code became apparent.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be open to learning and being wrong a lot. Grit is also far more important than technical experience. Applicants can apply here and potentially be referred by me if contacted: https://www.amazon.jobs.

About the Organization
Amazon
Seattle, WA

Amazon.com, Inc. often referred to as simply Amazon, is an American electronic commerce and cloud computing company with headquarters in Seattle, Washington. It is the largest Internet-based retailer in the world by total sales and market capitalization Amazon.com started as an online bookstore, later diversifying to sell DVDs, Blu-rays, CDs, video downloads/streaming, MP3 downloads/streaming, audiobook downloads/streaming, software, video games, electronics, apparel, furniture, food, toys and jewelry. The company also produces consumer electronics—notably, Amazon Kindle e-readers, Fire tablets, and Fire TV—and is the world’s largest provider of cloud infrastructure services (IaaS). Amazon also sells certain low-end products like USB cables under its in-house brand AmazonBasics.
American Friends Service Committee | www.afsc.org

- Christine Makuwa (International Relations, 2018)
- Programs Intern
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
I produced proposals for community development programs, conducted a SWOT analysis, stakeholder analysis and political analyses, and interacted with beneficiaries of active programs, donors, government officials, and NGO partners. I also conducted research on the market for small, medium and micro enterprises in Harare and assisted in the development of a tracer study to track participant progress. I created a newsletter on the active Livelihoods Restoration program for distribution to community members, partners, AFSC HQ and other iNGO stakeholders. Finally, I participated in meetings with policy researchers and heads of development agencies operating in Zimbabwe.

**How did you find your internship?**
Family referral

**What do you enjoy most about your internship?**
The insight I garnered through conversations with my supervisor and other coworkers gave me an understanding of Zimbabwe’s tenuous political and economic environment that was far more comprehensive than anything I could have learned solely through reading the news. I loved learning about the economic and political factors that directed and constricted AFSC’s work and characterized the community we worked with. I got to experience so many different levels of international relations and international development -- from community-level interactions to presentations by senior policy researcher and advocates.

**What do you find challenging?**
Though English is widely spoken in Zimbabwe, one of the biggest challenges I faced was certainly the language barrier. My Shona is limited at best, so I definitely found it difficult to interact with some of the community members. That said, my coworkers were very helpful and translated most interactions held in Shona.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Definitely take advantage of all the networking opportunities. The development world is very connected, and simply working with one organization opens up numerous opportunities to interact with radically different organizations and gain a better understanding of the kind of work that interests you.

**About the Organization**
American Friends Service Committee
Harare, Zimbabwe

The American Friends Service Committee (AFSC) is a Quaker organization that promotes lasting peace with justice, as a practical expression of faith in action. Drawing on continuing spiritual insights and working with people of many backgrounds, we nurture the seeds of change and respect for human life that transform social relations and systems. From our experience, we know that peacemaking requires more than merely advocating against one war or another. Real peace is more than the absence of war. Rather, we need to change the culture, situations, and systems that lead to violence.

- Yuta Okada (Computer Science, Biology, 2018)
- IT Summer Analyst
- Part-time, ~50 hours per week
- Paid

What do you do as an intern at this organization?
I planned and implemented compliance training for the IT division, defined and planned a several months-long project to sort out their IT inventory, and conducted interviews in the business departments to organize EUC (end-user computing) applications used.

How did you find your internship?
Boston Career Forum (for Japanese/English bilinguals: www.careerforum.net/event/bos/?lang=J)

What do you enjoy most about your internship?
I enjoyed working with experienced professionals and learning from them, as well as seeing my work actually used in the company.

What do you find challenging?
It was challenging to ask questions when everyone seemed so busy. In addition, the commute was difficult (it took me about an hour by train every day to get to work).

What advice would you offer to someone who wants to make the most of an internship like yours?
Have objectives and expectations going into the internship, because you can always ask for more work if you aren’t getting enough experience. If you wait, nothing will come. You need to be proactive and don't be afraid to be the "annoying intern" who asks many questions. If you don't ask, they won't teach you anything.

About the Organization
American International Group (AIG) Japan
Tokyo, Japan

AIG Japan Holdings oversees AIG's Japan operation and provides business management services as the insurance holding company to the AIG companies in Japan, both owned and other AIG subsidiaries.
Kevin Lombard (Drama, Clinical Psychology, 2018)  
Marketing Intern  
Part-time, around 20 hours per week  
Unpaid but receiving grant/financial assistance (Tufts Drama Department)

What do you do as an intern at this organization?  
My projects include finding social media content, creating and managing ad campaigns on google adwords, analyzing survey data, and designing visual display advertisements.

How did you find your internship?  
I found the listing on their website and applied.

What do you enjoy most about your internship?  
I most enjoy the people I work with. In addition to learning under an incredibly talented marketing team, I've had lunch with Artistic Director Diane Paulus and had the opportunity to meet actress/playwright Anna Deavere Smith.

What do you find challenging?  
The work environment is very fast-paced, and sometimes it can be a challenge to keep up.

What advice would you offer to someone who wants to make the most of an internship like yours?  
If you are applying to theatres, start applying early (February/March), demonstrate a knowledge of the work they do, and enjoy the creative atmosphere.

About the Organization  
American Repertory Theatre  
Cambridge, MA

The American Repertory Theater (A.R.T.) at Harvard University is a leading force in the American theater, producing groundbreaking work in Cambridge and beyond. The A.R.T. was founded in 1980 by Robert Brustein, who served as Artistic Director until 2002, when he was succeeded by Robert Woodruff. Diane Paulus began her tenure as Artistic Director in 2008. Under the leadership of Paulus and Executive Director Diane Quinn, the A.R.T. seeks to expand the boundaries of theater by programming events that immerse audiences in transformative theatrical experiences.
Amgen Scholars | www.amgenscholars.com/japan-program

- Xinzhi (Tracy) Guo (Biomedical Engineering, 2018)
- Researcher
- Full-time, 40-50 hours per week
- Paid

What do you do as an intern at this organization?
In this Amgen program, I had the chance to work in a Kyoto University lab on my individual project. I presented two posters in the middle and end of the program.

How did you find your internship?
A friend who participated in this program recommended me.

What do you enjoy most about your internship?
I enjoyed both the chance for an intensive research experience over the course of two months and also the culture of Japan. I had a lot of opportunities to get to know more about Japanese society and education systems.

What do you find challenging?
The most challenging part is deciding the topic of the research and learning the basics of starting the research.

What advice would you offer to someone who wants to make the most of an internship like yours?
Think very carefully about your proposal, and reach out to the professor before the program begins to talk about your project. The application deadline is Feb. 1st.

About the Organization
Amgen Scholars
Japan

A signature component of the summer program is the symposium where students hear firsthand from leading scientists working in industry and academia. Over the course of the symposium, Scholars have the chance to share their summer research projects with their peers and deepen their understanding of drug discovery and development. Amgen Scholars in the Japan Program will meet in Tokyo each year to network with other Amgen Scholars as well as interact with top industry and academic scientists.
Carolyn Burtt (Biology, 2019)  
Project Supervisor  
Full-time, 84 hours per week  
Unpaid

What do you do as an intern at this organization?
While speaking Spanish, I mobilized resources, whether it be materials or individuals in local communities willing to be host families or help with projects; communicated with a wide range of partner agency contacts; ensured the health and safety of nine participants; implemented community-based initiatives; managed my portion of the budget; documented project information; and responded to emergencies and changes in plans on an ongoing basis.

How did you find your internship?
I was a participant in 2013 with Amigos de las Americas, and I originally heard about the program through my parents and their friends.

What do you enjoy most about your internship?
I could not have asked for a more rewarding intercultural experience with so many components all intermingled and interdependent. Being in charge of the health, safety, and management of nine teenagers located in a country that uses a different language than mine challenged my ability to facilitate bilingual activities and work in a professional, effective manner on projects that involved community collaboration. I’m not sure that I would have been able to find another opportunity that provides youth with as much responsibility as Amigos de las Americas does.

What do you find challenging?
I found it most difficult to be a teenager, only slightly older than the participants I was in charge of, working as an equal to many adults. They had many more years of experience with project implementation and planning. It was difficult, not because I wasn’t capable, but rather because of the incredible challenge it presented for my leadership abilities and self-confidence.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would recommend reaching out to alumni of the program and hearing about their experiences, as it tends to be a summer that cannot be easily expressed on paper or within a few minutes. Working on Spanish comprehension and fluency are incredibly important, as well as organizational skills. The deadline to apply to be a project supervisor is generally in the fall, around November.

About the Organization
Amigos de las Americas  
Chitre, Herrera, Panama

Amigos offers cultural immersion experiences through summer volunteer and gap programs in Latin America. Our programs give you the opportunity to gain essential education and life experience, leadership training, and an entirely new network of friends by living and working in amazing communities throughout Central and South America. College students and graduates with experience working with adolescents and children can apply to be Project Supervisors, the initial level of management. Project Supervisors coordinate with partnering agencies to prepare host communities for the participants’ arrival and to plan the structure for implementing community service activities. Project Supervisors generally work on a team of 4-10 people, and are overseen by a Senior Leadership Team.
AnyFi | www.anyfi.io

- Eun Youb (Josh) Lee (Computer Science, Cognitive & Brain Science, Biology, Philosophy minor, 2018)
- Software Engineering Intern; Full-time, ~75 hours per week
- Paid

What do you do as an intern at this organization?
I was involved in the development of the UI of a product. I was continually given tasks, and every time I completed a task, I was given another subtask. After finishing the design of the product and implementing that product, I was involved in making a library of custom animations. As a startup, weekends were also included in how we scheduled our weekly sprints, but I very much enjoyed being heavily involved and being able to take ownerships of work I was assigned. I also got to participate in the software engineers’ meeting and present on new developments released by Google that pertain to our projects. While giving a seminar to a group of experts was daunting, they were very helpful and gave me constructive feedback for ways I could develop, both as an engineer and as a presenter.

How did you find your internship?
I met the CEO at a social meet-up at Stanford (I was there for my brother’s graduation). At first, I had no interest in working at a startup because I was already doing research at a lab, but after I gave him a short elevator pitch about myself, he made an offer that was difficult to refuse.

What do you enjoy most about your internship?
Free meals and drinks were certainly a good perk! However, the best part about being in this small startup was the sheer amount of talent that pushed me to become better. Most everyone came with big company experience, so they were very knowledgeable about the field. They also helped me grow by mentoring me, and the CEO continually evaluated my work and made sure I was on the right track. He checked my code each month to evaluate my work output, and even though some could argue that he was always on my back, I really appreciated his interest in how I was doing because it showed that he cared about his interns. I was likely the least talented when it came to coding (I only took comp 11 before coming to this company), but he showed support and made sure that I become a better software engineer by the time I left. This care and support were definitely the highlights of my experience here!

What do you find challenging?
The most challenging thing was trying to pick up how to code. However, I loved this challenge because it implied that I had somewhere to grow every time I got stuck. Hence, I learned how to ask the right questions and how to approach problems by appropriately framing my questions. This allowed me to become a better communicator, which made my time a lot more enjoyable.

What advice would you offer to someone who wants to make the most of an internship like yours?
Network whenever you can, and never think that a person you meet randomly will be of no help to you. Jobs can come from the most unexpected places as long as you are prepared. Keep preparing yourself by working hard each day so you become someone who others want to hire. Remember that the number of people who are highly skilled with a strong work ethic is a minority, so if things don’t work out now, don’t give up! Rather, keep improving yourself as you will stand out sooner or later!

About the Organization
AnyFi; Seoul, Korea

AnyFi is the world’s first people-powered Internet service provider. AnyFi forms mesh networks of mobile devices clustered around WIFI hotspots, routing Internet traffic from client nodes to low-cost Wi-Fi instead of high-cost cellular networks. Its mission is to bring about “communication without telecommunications,” anywhere, and for anyone.
Alex King (Computer Science, 2017)
Software Engineering Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
My summer has consisted of working on a large independent project for internal use by my team, the macOS Performance Team. During the first couple of weeks, my work mostly consisted of large-scale design: understanding which pieces were necessary to build, how they would talk to each other, and how each piece accessed data and processed it effectively. After I had a clear design, my work turned to implementing the project, which was extremely self-guided. I also had to reach out to multiple different teams to request modifications to their product so that my project could be best implemented. In the final third of the summer, I gave several presentations about my project to interested parties.

How did you find your internship?
I was referred from someone within the company who found me online. From there, I went through a full interview process on the team that reached out to me.

What do you enjoy most about your internship?
The best part of this internship has been working on a team with many very, very smart people. There is a wealth of knowledge here, and many engineers are extremely good at understanding technical problems and communicating about them. Additionally, it has been satisfying to have a good amount of responsibility; my team sees value in my intern project, so they have high expectations.

What do you find challenging?
The most challenging aspect of the summer has been the independent work style. Intern projects at Apple are generally done solo, and apart from weekly check-ins with my manager and general question-asking to nearby engineers, I don’t regularly interact with anybody in the process of working towards my goal. I have missed feeling like part of a team working towards a common goal.

What advice would you offer to someone who wants to make the most of an internship like yours?
Internships at Apple are as much about technical skill as they are about communication, organization, and presentation skills. During my second full day in the office, I was expected to deliver a 10-minute project design outline to my team, and approximately six weeks later I presented my project in progress to several VPs. Communicating the value of technical ideas is very important at Apple, so a good intern will value the time spent honing ideas and articulating benefits as much as they will focus on producing high quality code.

About the Organization
Apple
Cupertino, CA

Apple revolutionized personal technology with the introduction of the Macintosh in 1984. Today, Apple leads the world in innovation with iPhone, iPad, the Mac and Apple Watch. Apple’s three software platforms — iOS, macOS and watchOS — provide seamless experiences across all Apple devices and empower people with breakthrough services including the App Store, Apple Music, Apple Pay and iCloud. Apple’s 100,000 employees are dedicated to making the best products on earth, and to leaving the world better than we found it.
Aramco Services Company | www.aramcoservices.com

- Emil Rubakh (Chemical Engineering, 2017)
- Research Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I help with the synthesis, characterization, and testing of various polymer membranes that are being researched by the company for more efficient gas separations. I create the polymer solutions from various components, cast them under various conditions to form films, test the films for numerous characteristics using some really cool machinery, and test their performance with different gas streams.

How did you find your internship?
I found Aramco at the Tufts Career Fair. I also knew about the internship because a friend was an intern there the previous summer.

What do you enjoy most about your internship?
My amazing coworkers. They're funny and helpful, enjoy working at the company and with each other, and treat me as if I were a full employee. I'm not stuck with just cleaning glassware; rather, I have gained a lot of valuable skills doing meaningful work on membranes that will one day be used in huge operations.

What do you find challenging?
The timelines are very strange. Sometimes, there's so much work to be done that it can't fit into one work day and it comes out of nowhere. Other times, it's on the slow side, but you still have to be at work and find ways to be productive.

What advice would you offer to someone who wants to make the most of an internship like yours?
Definitely get to know people at your internship; don't just sit at your desk and pretend to be busy. Your coworkers have tons of interesting problems to solve, but they're not going to continually try to get your attention if you don't reciprocate the attention.

About the Organization
Aramco Services Company
Cambridge, MA

Aramco Services Company (ASC) is the U.S.-based subsidiary of Saudi Aramco, the state-owned oil company of the Kingdom of Saudi Arabia and a fully integrated, global petroleum and chemicals enterprise. ASC conducts a wide range of services to help Saudi Aramco facilitate the safe and reliable delivery of energy to customers around the globe. Core services include managing a network of three U.S. research centers; identifying upstream and downstream technologies, best practices and potential technology partners for Saudi Aramco; working with suppliers and vendors to provide Saudi Aramco with goods and services; providing business management services to Saudi Aramco project teams operating in North America, and conducting quality inspections for materials and equipment procured for Saudi Aramco.
Armenian National Committee of America | https://anca.org

- Peter Sahagian (International Relations, Arabic Studies, 2017)
- Leo Sarkisian Intern
- Full-time, 35 hours per week
- Unpaid; Received weekly stipend and living arrangements from organization

What do you do as an intern at this organization?
Each intern pursued a personal, research-based project that contributed to the organization's causes, such as recognition of the Armenian Genocide and political and economic support for Armenia and Nagorno-Karabakh. I chose to research Turkish and Azerbaijani lobbying groups and organized accounts of their activities and finances. I was most interested in tracking their efforts to reach out to members of Congress to pursue the anti-Armenian goals of Turkey and Azerbaijan. I even wrote an op-ed on the need to reform the regulation of foreign agents lobbying on behalf of other countries. I also had the opportunity to visit the Capitol on several occasions and meet with members of Congress -- supporters of our organization -- to ask questions about the American political process and to understand their perspectives. I also met with other friends of the organization like former Ambassador John Evans, the Library of Congress's Armenian and Armenian Area Specialist, Dr. Levon Avdoyan, and my own representative, Seth Moulton.

How did you find your internship?
I found my internship through family and friends. I knew about the ANCA beforehand, but I did not know about the internship until I read an article about it online.

What do you enjoy most about your internship?
I most enjoyed performing meaningful research that positively impacted a cause I care about. I had the freedom and independence to choose my own project and manage my time the way I wanted. I received help and guidance when I needed it and learned a great deal about lobbying, grassroots organizing, and even writing.

What do you find challenging?
It sometimes felt like a race against time, as there was so much to do but I had only 8 weeks to do it. Total independence could be overwhelming when I needed help with specific issues, and sometimes I was left to figure things out on my own, which consumed more time.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would advise someone with a similar opportunity to pursue a project that he or she is passionate about. Many internships can be boring and feel like a waste of time, but the level of interest for the work makes all the difference. An interest in work will not only make it exciting but also fuel the drive to accomplish and learn more.

About the Organization
Armenian National Committee of America
Washington, DC

The ANCA is an Armenian American grassroots political organization that utilizes a network of organizations, chapters, and other supporters to advance the concerns of the Armenian American community. The main goals include raising public awareness and influencing and guiding American policy makers on issues relevant to Armenian Americans while representing the community to their elected officials.
ART21 | www.art21.org

- Emily Gruzdowich (Art History, Political Science, 2017)
- Screening Society Coordinator
- Part-time, 16 hours per week
- Unpaid but receiving grant/financial assistance (Meghan A. Carleton, A02 Internships in the Art World Grants)

What do you do as an intern at this organization?
My tasks include compiling detailed prospect research on Screening Society partners, drafting eblasts and newsletters, creating distribution timelines, amending information on organization databases, and liaising with screening partners, among others.

How did you find your internship?
I attained my internship at ART21 through contacting my previous supervisor from the Solomon R. Guggenheim Museum.

What do you enjoy most about your internship?
I enjoyed liaising with Screening Society partners. In such conversations, I learned firsthand the impact of ART21's initiative. With each additional screening, the viewership of Season 8 of ART21 increased, making the high-brow art world a bit more transparent.

What do you find challenging?
Prioritizing daily tasks proved challenging. While managing all Screening Society correspondence for two months, I had to respond to all inquiries in a timely manner and simultaneously work on future outreach.

What advice would you offer to someone who wants to make the most of an internship like yours?
If you are interested in working in the arts, either non-profit or for-profit, I would suggest checking NYFA as well as individual institution pages for deadlines. Most arts jobs are listed late in the spring; however, some major museums and auction houses have January deadlines.

About the Organization
ART21
New York, NY

ART21 provides unparalleled access to the artist’s voice to diverse audiences around the world, using the power of digital media to introduce millions of people to contemporary art and artists. For nearly two decades, ART21 has changed the paradigm for teaching and learning about the creative process. In addition to its Peabody Award-winning PBS television series Art in the Twenty-First Century, ART21 produces the online film series New York Close Up and Exclusive; special artist projects including the Peabody Award-winning feature William Kentridge: Anything Is Possible; educational resources and professional development; an online publication featuring guest contributors; and a comprehensive website at art21.org. ART21 also produces a number of public programs annually that connect audiences to artists and the artistic process.
Ashoka: Innovators for the Public, India | www.india.ashoka.org

- Asha Nidumolu (American Studies, Psychology, 2017)
- Youth Venture Intern
- Full-time, 30-40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I organized educational workshops for youth, recruited youth to the program, created community partnerships, generated blog posts, managed and expanded Facebook, Twitter and Instagram feeds, and worked to create media and messaging strategy.

How did you find your internship?
I knew about Ashoka for a while because their work matches my interest in social justice and passion for innovative problem solving. I knew I wanted to be based in Bangalore this summer, so I reached out to the Ashoka India office for an internship.

What do you enjoy most about your internship?
I most enjoyed learning from the amazing social entrepreneurs at Ashoka India who come from all over the world with experience in many different sectors. These passionate people helped me understand the various elements necessary for widespread social change.

What do you find challenging?
My internship required a lot of initiative, as I was given agency to expand the program and create partnerships in the ways I felt best. Trusting myself to make big decisions and act on my ideas proved challenging, but rewarding.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be able to motivate yourself, take initiative, and work in nontraditional/collaborative environments. There is no application deadline; Ashoka appreciates people who know they are a good fit for the organization and take the initiative to reach out.

About the Organization
Ashoka: Innovators for the Public, India
Bangalore, India

Ashoka is the one of the largest networks of social entrepreneurs worldwide, with over 3,000 Ashoka Fellows in 70 countries creating large-scale impact through new innovations. Founded by Bill Drayton in 1980, Ashoka is an international network that is driving the social sector and offering a platform for people dedicated to changing the world. Ashoka pioneered the field of social entrepreneurship and has built multi-level stakeholders across the world who increasingly look to entrepreneurial talent and new ideas to solve social problems. Ashoka also supports youth through the Youth Venture Program. As part of its global strategy, Youth Venture inspires and supports young people to launch and lead their own “Ventures” – community-benefiting initiatives, clubs, organizations and businesses. Our Youth Venturers access workshops, adult ally (non-controlling advisors), a global network of like-minded young change makers, and fundraising tools to establish their own Ventures that solve social problems around them.
Michael Wang (American Studies, Community Health, 2017)
Fair Labor Summer Fellow
Full-time, 40 hours per week
Unpaid but receiving grant/financial assistance (Tisch College Summer Fellowship)

What do you do as an intern at this organization?
I assist investigators in surveying employers, assemble directories to inform the public about laws, organize community events, and write memos.

How did you find your internship?
I found this internship through the Tisch College Summer Fellows opportunities page.

What do you enjoy most about your internship?
My colleagues are very supportive and always willing to involve me in meetings and projects. As a state agency, the AGO also interacts with all sorts of people and issues, so I encounter new ideas every day.

What do you find challenging?
I spend a lot of time at a desk in a cubicle.

What advice would you offer to someone who wants to make the most of an internship like yours?
Get to know others in the office. During the summer, there are a lot of other interns, both undergraduate and graduate, so talk to others and listen to their advice.

About the Organization
Attorney General's Office Fair Labor Division
Boston, MA

The Attorney General's Office is an advocate and resource for the Commonwealth and its residents in many areas, including protecting consumers, combating fraud and corruption, protecting civil rights, and promoting meaningful economic recovery.
Camille Hironaka (Biology, 2017)  
Instructor  
Full-time, 40 hours per week  
Paid

What do you do as an intern at this organization?
I work with students to help them strengthen the skills that underlie learning, for example, their ability to process visual or auditory information. The majority of a typical day consists of working on lesson plans for student sessions, working with students, and working on education development or business-oriented projects. I also proctor student assessments and write recommendation and progress reports for students.

How did you find your internship?
I met a representative from Axiom Learning at the Tufts Career Fair.

What do you enjoy most about your internship?
After undergoing training, I was quickly given the responsibilities of a full-time instructor, and with it a tremendous amount of support from full-time staff. The staff were extremely friendly and willing to help me access resources to help myself and my students succeed.

What do you find challenging?
Working at Axiom is extremely dynamic; one day you might be working with three students in a row, the next day proctoring an SAT, and the day after that meeting with the business development team. The biggest challenge is making sure that within changing schedules, you can still manage your time and finish everything efficiently.

What advice would you offer to someone who wants to make the most of an internship like yours?
There is no application deadline, but Axiom Learning accepts applications on a rolling basis, so the sooner you can apply, the better! Be flexible and be open to learning a lot, both from other staff members and from the students themselves.

About the Organization
Axiom Learning
Los Altos, CA

We founded Axiom Learning in the hopes of being a catalyst for the transformation of educational delivery everywhere (that's still our mission, in fact!). We spent many years researching all of the available educational methods and possibilities, figuring out what works (and who it works for!) and gathering the top instructors to be able to individualize educational programs for each student. Rather than asking students to mold themselves to meet our requirements, we work extremely hard to mold our curricula to the needs and learning style of each individual student. That's why just about all of our instruction is 1-on-1 and no two students have the same learning plan.
Scott Simpson (Quantitative Economics, 2018)
- Research Analyst
- Full-time, 37.5 hours per week
- Paid

What do you do as an intern at this organization?
My role was to support a managing editor in providing clients with energy sector investment recommendations based on both big-picture industry trends and individual security analysis. On a publication day, my tasks included managing layout and design, building charts, and editing the report. On other days, projects could range from building financial models to looking for data on Bloomberg to use for our analysis.

How did you find your internship?
Through a family friend

What do you enjoy most about your internship?
I thought the most interesting part of the internship was getting to sit in on BCA’s daily meeting where managing editors, economists and other industry experts discussed latest data releases, world events and any other relevant news that could have implications for investment decisions. It was cool to see them debate ideas and build off of each person’s expertise to reach an investment thesis.

What do you find challenging?
Learning how to code BCA’s proprietary software was challenging at the beginning of the internship. Without much formal training, it was a lot of trial and error to figure it out.

What advice would you offer to someone who wants to make the most of an internship like yours?
Like any role in an organization, it is important to ask yourself what value you bring to the table. More importantly, if you do not feel like you are providing value, ask yourself or your boss what you can do to change this. In this type of internship, value comes from thinking critically about research, being detailed-oriented when presenting research, and asking good questions to find holes in the research.

About the Organization
BCA Research
Montreal, Quebec

BCA is a world leading provider of independent investment research. Since 1949, the firm has supported its clients in making better investment decisions through the delivery of leading-edge economic analysis and comprehensive investment strategy research. BCA provides its services to financial professionals across six continents through a wide range of products, services, and meetings. The firm maintains a head office in Montreal, with local offices in London, New York, San Francisco, Hong Kong, Sydney, Cape Town and São Paulo.
Bob Casey for U.S. Senate | www.bobcasey.com

- Gabe Fish (Economics, 2019)
- Intern
- Full-time, ~28 hours per week
- Unpaid

What do you do as an intern at this organization?
I handled administrative tasks for the Finance Director. Much of my time was spent on data entry, mailings, and research.

How did you find your internship?
Family/friend referral

What do you enjoy most about your internship?
I enjoyed supporting a political leader with integrity who has been known to work across the Senate aisle. (Receiving a ticket to the final night of the Democratic convention was pretty cool too...) Seeing the fundraising side of the political process was really fascinating.

What do you find challenging?
Overall, the work was not particularly challenging. At times it could be very difficult to sit through and focus on monotonous tasks.

What advice would you offer to someone who wants to make the most of an internship like yours?
Because of the relaxed environment (with only one campaign employee), it would have been very easy to work the minimum hours or slack off. I would recommend taking advantage of every day and working as hard as you can.

About the Organization
Bob Casey for U.S. Senate
Philadelphia, PA

Senator Casey has been an independent voice who puts Pennsylvania families first. He has a record of working with Democrats and Republicans to work out fair solutions to problems facing Pennsylvania families. As Chairman of the Joint Economic Committee, Senator Casey is focused on putting Americans back to work, improving competitiveness to spur economic growth and helping families hit hard by the recession. He has supported billions of dollars in tax cuts for working families and supported small businesses so they can grow and create jobs. And he has fought against unfair trade by countries like China that is hurting Pennsylvania manufacturing. A former Pennsylvania Auditor General, Senator Casey has a record of rooting out government waste and safeguarding taxpayer dollars. He is working to hold government accountable, force Washington to live within its means and cut government waste. In the Senate, he has voted for a trillion dollars in spending cuts.
Borderlands Books | https://borderlands-books.com

- Miranda Phaal (History, Film & Media Studies, 2018)
- Publicity and Marketing Intern
- Part-time, ~25 hours per week
- Unpaid

What do you do as an intern at this organization?
I research, write and design promotional materials for the store. I also edit and curate videos for the store’s YouTube channel. Finally, I assist in the management of author and store-sponsored events.

How did you find your internship?
I was able to contact the store’s owner directly because I am a Borderlands sponsor.

What do you enjoy most about your internship?
I enjoyed working with books and alongside people who are very knowledgeable about books and the book industry. The informal work atmosphere is also very nice.

What do you find challenging?
It’s challenging to socialize with sponsors, authors, etc. at events (I am not naturally a very social person). It’s also challenging to manage my time so I get enough work done on my current project, even on the days I don’t go into work at the store.

What advice would you offer to someone who wants to make the most of an internship like yours?
You have to like fiction genre books (Borderlands is a specialty bookstore). Embrace the informal work atmosphere and be friendly with the staff. Ask to take on projects you think will benefit the store. Ask questions; the staff know a lot of things about a lot of things.

About the Organization
Borderlands Books
San Francisco, CA

We love books. They're our friends. Good books and bad books, 1st editions and beat up paperbacks. We love how they smell, how they feel, and the way they sound when you open them (A customer once said that he liked how they tasted . . . we watch him very carefully when he's in the store). We read voraciously. We read over dinner and we read in the bath. We lend books and half the time we don't get them back. We understand that the only people who steal your books are your friends. That's OK, after all, we've stolen some of their books. We like people who read. They're interesting and we share the same friends. We understand what we owe to people who read. We owe them our time and our attention. We owe them fair prices and an honest attempt to find the book they're looking for (regardless of whether it is on our shelves or someone else's). We run a book store. We keep it clean and organized because we like it that way and because both the books and the customers deserve it. We have lots of seating because you should be comfortable while you browse. We stay open late and wish we could stay open later. If you come in five minutes before closing time we won't close until you're ready to leave. We only sell Science Fiction, Fantasy, Mystery and Horror. We would love to sell all kinds of books but we only have so much room. If we sold all kinds of books we could only be a good bookstore. By limiting ourselves we can be a great bookstore. And, if we do our job right, perhaps we can be your bookstore. Come visit us. We'd like to meet you.
• Acoustic Design Intern  
• Full-time, 40 hours per week  
• Paid

What do you do as an intern at this organization?  
As an Acoustic Design Intern in the Professional Systems Division at Bose, I mainly work on designing, testing, measuring, and building sub woofers, drivers, and speakers that will be used in future Professional products.

How did you find your internship?  
My professor referred me to an employee that used to work at Bose. The employee handed my resume to his old boss. I contacted previous Tufts alumni who worked at Bose and got an HR contact.

What do you enjoy most about your internship?  
I enjoy everything about this internship. Everybody is friendly, passionate about the work they do, and is very willing to teach you. It is really cool to work on future products that have not gone into the market yet.

What do you find challenging?  
Acoustical Engineering is very complicated. I have to learn a lot in a very short period of time.

What advice would you offer to someone who wants to make the most of an internship like yours?  
He/she should network.

About the Organization  
Bose  
Framingham, MA

The primary vision of our founders wasn't about making quick money. It was about inventing new technologies that would truly benefit people, and creating a culture where innovation and teamwork are valued above all else. Playing for the long run. Achieve this, and good things usually follow. Better sound is just the beginning. We’re passionate engineers, developers, researchers, retailers, marketers ... and dreamers. One goal unites us—to create products and experiences our customers simply can't get anywhere else.
Boston Breakers | www.bostonbreakerssoccer.com/index.html

- Jessica Capone (Sociology, Entrepreneurial Leadership Studies, 2017)
- Sales & Marketing Intern
- Part-time, 8-12 hours per week
- Unpaid

What do you do as an intern at this organization?
I assist both the sales team and upper management with administrative tasks on a daily basis, work on marketing opportunities with the sales team, represent the Breakers at community events, and assist with back end ticket software and fulfillment, as well as gameday box office and Will Call management. I also manage gameday operations and get assigned specific tasks in areas such as setup, Pregame Fanzone, VIP hospitality, halftime entertainment, etc.

How did you find your internship?
On the Boston Breakers website

What do you enjoy most about your internship?
I enjoy the event management aspect of my internship and gaining knowledge in how a sports organization/team operates behind the scenes. In addition, my ideas and opinions are heard and I have a voice in the office.

What do you find challenging?
One challenging aspect of my internship is taking on or coming up with different solo projects to work on (when not instructed or given one by my supervisor).

What advice would you offer to someone who wants to make the most of an internship like yours?
Don’t be afraid to provide your input on projects and volunteer to take on tasks. In addition, check out the Breakers website to apply for the position and reach out to the contact by sending a cover letter and resume. Having a connection or being a member of a varsity sports team is beneficial.

About the Organization
Boston Breakers
Watertown, MA

The Boston Breakers is the longest-running professional women’s soccer team in U.S. history. It is located in Watertown, MA. The team plays all home games at Jordan Field in Harvard University. The Breakers pride themselves on the work they do both on and off the field. When they’re not competing for a championship on the pitch, they’re out in the community making appearances at hospitals, youth camps, clinics, and more.
Commodity Risk Intern
Full-time, 40 hours per week
Paid and free housing provided

What do you do as an intern at this organization?
I analyze daily trading positions for traders and take charge of multiple projects to help the commodity risk team.

How did you find your internship?
I did a week-long sophomore experience program in Chicago (they also pay for your flights and hotels here).

What do you enjoy most about your internship?
I enjoy the work culture. It’s great to be on a trading floor and have such close contact with leadership teams. Also, the dress code is great and the people are incredibly friendly.

What do you find challenging?
The energy industry is its own specific niche. The work is challenging, but rewarding.

What advice would you offer to someone who wants to make the most of an internship like yours?
If you’re a sophomore, apply for the sophomore experience program on the website (the deadline is in March). If you’re a junior, the deadlines are very early in August; contact me to get in touch with a recruiter and for interview help.

About the Organization
BP
Chicago, IL

Integrated supply and trading (IST) works in close partnership with upstream and downstream, providing the commercial face for BP. It enhances BP’s group value through the application of distinctive supply, trading, risk management and information technology skills, underpinned by a world-class control infrastructure. We trade a varied range of products including oil, natural gas, liquefied natural gas, currencies, metals and financial derivatives. To put that in perspective, in a year IST completes some 550,000 transactions and serves over 12,000 customers across more than 140 countries. Every second our servers are crunching over 157 trillion independent calculations, equivalent to around 100,000 home PCs. IST helps to create long-term value from our assets by managing the flow of these commodities. It also brings our specialized knowledge of safe and reliable energy production and asset management together with our experience of global markets to create a single commercial face to the traded markets. Our global trading activity generates a huge amount of information that other companies without access to physical assets simply do not have. This gives us a clear advantage in converting up-to-the-minute data into effective market calls.
Breakthrough Collaborative | www.breakthroughcollaborative.org

- Jonathan Carbutt (Philosophy, 2018)
- Teaching Fellow
- Full-time, 60 hours per week
- Paid

What do you do as an intern at this organization?
I teach a class (math, writing, social studies, science, or literature) to two sections of rising 7th-9th graders for 6 weeks. This involves lesson planning, preparing materials, giving and receiving feedback, and managing all parts of the classroom. You are essentially a full-time teacher for 6 weeks.

How did you find your internship?
Tufts Career Fair

What do you enjoy most about your internship?
I enjoy the amount of responsibility and autonomy that the organization gives you. I had a lot of freedom to do the things I thought were best for my class, and I feel like there are not many internships that are like that.

What do you find challenging?
The workload is challenging. Every week is intense; most days you arrive around 7 and leave around 5:30 or 6, and some days are much longer. Also, there is a lot of work to be done at home, such as lesson planning, which can be very stressful at times.

What advice would you offer to someone who wants to make the most of an internship like yours?
Come ready to work hard and be humbled. This was the most challenging job I have ever had, but also the most rewarding. If you come to work ready to learn, you will get a lot out of the experience.

About the Organization
Breakthrough Collaborative
Cambridge, MA

As a pioneer in education reform, Breakthrough is more than an organization. We are a nationwide movement, tackling the achievement gap with a groundbreaking approach. Through our summer and school-year programs, we increase academic opportunity for highly motivated, underserved middle and high school students, putting them on the path to college. We are also the largest pre-service teacher training program in the country, providing best-in-class pre-professional training for more than 1,000 undergraduate teaching fellows each year. As part of this commitment to developing the next generation of teachers, we offer leadership residencies for professional educators, who support our teaching fellows as instructional coaches.
Brewster Department of Natural Resources | http://brewster-ma.gov/departments-mainmenu-26/natural-resources-mainmenu-98

- Bruce Johnson (Economics, Environmental Studies, 2018)
- Summer Intern
- Full-time, varies between 16 - 40 depending on the week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
One main part of this internship consists of taking weekly water samples of the town's ocean beaches and ponds, which are then tested for bacteria levels. Another major task is working on an oyster farm as part of the town's shellfish propagation program. I also ran the town's shell recycling program. We get to go out on a boat weekly to stock shellfish for recreational fishing. There are other important jobs performed by the organization, such as monitoring coastal erosion, trail maintenance, and other tasks such as installing map kiosks or kayak racks, which helps improve one's carpentry skills.

How did you find your internship?
I found this internship through a posting in town, and I am the first official full-time summer intern for the Department. They are looking to expand the internship program, potentially offering housing and pay in future years.

What do you enjoy most about your internship?
What I enjoy most about this internship is that I spend very little time in the office and most of what I am doing is outside, either in the woods or at beaches, and as this job is on Cape Cod, the nature is very beautiful. I also enjoy how every day here is different; I never fall into a routine and often don't know what I will be doing that day until I step into the office.

What do you find challenging?
What I enjoy most about this internship is also what can make it challenging, meaning that having to do something different each day can make adapting a challenge. Ryan Burch and Chris Miller (my supervisors) are both very good teachers and patient, so they are always willing to help during challenging times. Do expect to perform various tasks independently, however.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would recommend going into work with a willingness to learn or try something new, as well as being very adaptable, because something unexpected may come up that you have to deal with. In terms of applying, the best way is to get in contact with the organization in the early spring.

About the Organization
Brewster Department of Natural Resources
Brewster, MA

The Natural Resources Department's responsibilities include water quality, shellfish propagation / enforcement, land management, mooring permits and administration of the Wetlands Protection Act.
Brightcove, Inc. | www.brightcove.com

- Zachary Munro (Mathematics, Computer Science, 2019)
- Computer Support Responder
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I provide technical support for companies regarding our website and software. I also set up accounts and live streaming credentials for customers ranging from churches to the UN.

How did you find your internship?
I have a cousin who worked here for several years.

What do you enjoy most about your internship?
I get to learn what a corporate software environment feels like and what it takes to work different jobs in the industry.

What do you find challenging?
The 40 hours a week is pretty rough, and I am commuting 2 hours each way which drastically decreases my free time.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't lie on your resume and be honest about your skills. Every job has a learning curve so be eager to learn and don’t be afraid to ask the right questions.

About the Organization
Brightcove, Inc.
Boston, MA

Founded in 2004, Brightcove is a pioneering force in the world of online video. We created and defined the online video platform category and have spent more than a decade helping the largest media companies and brands in the world tell their stories. With our powerful solutions for delivering and monetizing video across devices, Brightcove helps more than 5,500 customers in over 70 countries achieve success with video.
Brookside Community Health Center
www.brighamandwomens.org/Departments_and_Services/medicine/services/primarycare/brookside

- Georgia Goodman (International Relations, Psychology, 2017)
- Family Services Intern
- Full-time, 35 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I continuously reviewed and maintained the patient database using Epic, Brookside's new electronic medical record system. I also assisted the Center's two community resource specialists with triage and patient referrals for resources such as Personal Care Assistants and Home Health Aides. At the end of the summer, I worked on a research project concerning patient utilization of services and resource allocation over the past year to determine how often patients continue therapy, how long they stay in treatment, etc.

How did you find your internship?
I reached out to the Center for Community Health and Health Equity at Brigham and Women's Hospital in search of opportunities, and the director of the Family Services department at Brookside -- a community health center affiliated with the Brigham -- contacted me about an internship opening in his department.

What do you enjoy most about your internship?
I enjoyed having the opportunity to work in a clinical health environment, especially with individual patients, as I had only interned in non-profit and research-focused settings before this summer. And my supervisor, Dr. Pedro Garrido-Castillo, was fantastic.

What do you find challenging?
Because Brookside is currently understaffed, I was trained by the Center's two community resource specialists to assist with patient triage. This was my biggest challenge, as I have no formal psychological or social work training and was not entirely comfortable doing psychosocial evaluations of patients by myself. After a few sessions, though, I got the hang of it and it became my favorite part of the job.

What advice would you offer to someone who wants to make the most of an internship like yours?
Definitely take the initiative in seeking out projects for yourself, and remember that your supervisor(s) are usually very busy! If there's something you want to work on, it's pretty likely that if you ask, you can do it.

About the Organization
Brookside Community Health Center
Jamaica Plain, MA

Brookside Community Health Center, one of two health centers licensed by Brigham and Women's Hospital, provides multi-disciplinary, comprehensive care with services in the following areas: Adult medicine; Pediatrics; Obstetrics/Gynecology (including midwifery); Family planning; Dentistry and Oral Surgery; Nutrition/WIC; Mental Health and Social Services. Each year, more than 11,000 patients from Jamaica Plain and the city of Boston use these services, making more than 69,000 visits to Brookside. The health center's services are provided by a bilingual English/Spanish medical and professional staff.
Business Council for International Understanding (BCIU) | www.bciu.org

- Hershel Tamboli (International Relations, 2018)
- Research and Programming Intern
- Full-time, 40 hours per week
- Unpaid

What do you do as an intern at this organization?
BCIU's primary service is its outstanding region-specific programming, including intimate luncheon discussions and large-scale receptions. These events allow high ranking corporate executives from BCIU's 200 industry-leading member companies to speak off-the-record with relevant officers from the Commercial and Foreign services. My primary responsibilities were to conduct research on international business operations of American companies, identify new programming opportunities, and manage relationships with U.S. Department of State, Department of Commerce, and other federal agencies to help facilitate international sales of member companies in target international markets.

How did you find your internship?
I found this internship at a Tufts-sponsored career fair during winter break in Washington, DC (Career and Internship Connections).

What do you enjoy most about your internship?
I thoroughly enjoyed learning more about how the public and private sectors interact. Dialogue between government and corporations is becoming increasingly important, and the international government affairs space is a sweet spot for IR students gravitating toward business. Through my research, I was able to learn more about fascinating industries and international markets for different goods and services. The programming side of the internship was a tremendously helpful exercise in networking, making contacts, and identifying further career opportunities.

What do you find challenging?
There were two main challenges with this internship. The first was time management – balancing between research and program-related activities. The office is small but active, and the tasks can add up quickly. The second challenge was the fluctuation in workload; some weeks were hectic and stressful while others were relaxed. Sometimes it's possible to create work for yourself, and I sought out these opportunities when possible.

What advice would you offer to someone who wants to make the most of an internship like yours?
My best advice would be to remain flexible and open, ready to take on any ask regardless of difficulty. You will inevitably end up learning more about business in a region where you previously had no interest. That makes the whole experience even more rewarding. Since this internship is in DC, the most logical option would be to apply for the summer. There is no hard deadline, but send over a resume and cover letter by mid-March.

About the Organization
Business Council for International Understanding (BCIU); Washington, DC

The Business Council for International Understanding (BCIU) is a nonpartisan, U.S.-based organization that works to expand international trade and commerce. It does this by helping its member companies engage internationally and by facilitating mutually beneficial relationships between business and government leaders worldwide. With 200 member companies, including many Fortune 500 firms, BCIU delivers strategic insight, worldwide connections and essential services to enable businesses to pursue global growth opportunities.
Cancer Institute of New Jersey | http://cinj.org/

- Natalie Gilbert (Computer Science, 2018)
- Research Assistant
- Part-time, 20-30 hours per week
- Paid

What do you do as an intern at this organization?
Some days I performed simple tasks such as anonymizing and organizing patient records, and I also had a few long-term projects, such as creating a pipeline algorithm to segment cancerous cells on a specific software.

How did you find your internship?
My uncle did research with the head of the department.

What do you enjoy most about your internship?
I found myself being recognized in two publications!

What do you find challenging?
I had to teach myself a whole new programming language and educate myself on image processing in very little time.

What advice would you offer to someone who wants to make the most of an internship like yours?
ASK QUESTIONS! Don't be afraid to ask as many as possible. You can only get better this way. Don't think you're annoying your mentor; they're there to help you!

About the Organization
Cancer Institute of New Jersey
New Brunswick, NJ

As New Jersey’s only National Cancer Institute-designated Comprehensive Cancer Center, Rutgers Cancer Institute of New Jersey is dedicated to improving the prevention, detection, treatment, and care of patients with cancer, through the transformation of laboratory discoveries into clinical practice -- outsmarting cancer with science. The Cancer Institute of New Jersey delivers advanced comprehensive care to adults and children, including access to clinical trials, and conducts cutting-edge cancer research.
Catalyst | www.catalyst.org

- Madeline Behr (International Relations, Spanish, ELS, 2019)
- Membership Intern
- Part-time, ~20 hours per week
- Unpaid

What do you do as an intern at this organization?
I perform membership tracking, member diversity and inclusion tracking, as well as Salesforce contact and invoice inputting.

How did you find your internship?
Family/friend referral

What do you enjoy most about your internship?
I enjoyed getting to work for inspiring/ambitious women.

What do you find challenging?
It was virtual (I worked from Chicago).

What advice would you offer to someone who wants to make the most of an internship like yours?
If your internship is virtual, try to work in a public space around other people, like a coffee shop, so that you don't get too lonely.

About the Organization
Catalyst
New York, NY

Catalyst is the leading nonprofit organization with a mission to accelerate progress for women through workplace inclusion. We are dedicated to creating workplaces where employees representing every dimension of diversity can thrive. We act as a catalyst through our pioneering research, our tools and services, our events, and our recognition programs. Together, our offerings raise awareness of how inclusion benefits today's global businesses, and provide guidance and solutions on how to enact real change. Catalyst invites women, men, and organizations to join with us in building the inclusion that will change business, society, and lives change for the better.
Catholic Migration Services | http://catholicmigration.org

- Gabriela Anderson (Sociology, Latino Studies, 2017)
- Immigrant Workers' Rights Intern
- Part-time, 35 hours per week
- Unpaid

What do you do as an intern at this organization?
I help operate the labor rights hotline, answering calls mostly in Spanish and meeting with clients who have had problems in the workplace in order to file complaints with the Department of Labor.

How did you find your internship?
I googled places that dealt with immigration law.

What do you enjoy most about your internship?
I enjoy being able to work directly with clients, learning about employment law, getting experience filing complaints, and seeing how the work makes a real difference in people's lives.

What do you find challenging?
It is emotionally difficult when a case doesn't go the way we want it to or when a client decides to drop a case. Sometimes clients are rude or get very upset, and that can be difficult as well.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be afraid to ask questions when you are unsure of something and take advantage of the fact that you are working with real attorneys and real clients. You can learn a lot from the experience. Always listen carefully to what clients are saying and know how to ask more questions. Sometimes you uncover a lot of stuff that you wouldn't have discovered otherwise.

About the Organization
Catholic Migration Services
Queens, NY

Catholic Migration Services provides comprehensive legal, advocacy, educational and pastoral services to advance equality and social justice in a changing and diverse population in Brooklyn and Queens.
CBS Inside Edition | www.insideedition.com

- Maya Blackstone (Film and Media Studies, Drama, 2017)
- Production Intern
- Part-time, 30 hours per week
- Paid

**What do you do as an intern at this organization?**
I helped with story coordination, researched stories (on Google, Nexis, social media, newspaper and TV news), set up interviews, found file tape, monitored press conferences and news reports to add to the pieces, and went on shoots with producers. On shoots I assisted camera crews in setting up shots and learned from producers. I also screened tapes and archive footage for relevant sound bites. Frequently I assisted with day-of-air pieces as well as longer-term stories, most notably the Olympics and the 2016 presidential election. I also gathered social media content for long-term projects, such as saved snapchats from Olympians at Rio. I also did work for the investigative unit, including research, transcription and field work. I watched news conferences, press releases and live programs in real time and wrote important time code. I worked with new technology such as Nexis, Accurint, Avid (edit) and Inews. I also frequently contributed written content for the digital online version of Inside Edition. My articles appeared on Inside Edition’s website, as well as Yahoo, MSN, AOL, Goodmorning America, and Reddit.

**How did you find your internship?**
I found the position through a previous boss, who I interned with as part of the Tufts Winternship program.

**What do you enjoy most about your internship?**
I enjoyed going with the crew on production shoots, formulating questions to ask on interviews, as well as collecting interviews. It was also really great to see my work published online.

**What do you find challenging?**
It was my first real internship in an office setting, and I found it difficult to adjust to working under employers who really relied on my work.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
I would say that it’s not enough to just show up every day; you really need to make the most of it, and an internship like this is really what you make of it. There were interns from other schools who would sit around on their phones, but I tried to make a difference every day by staying late and volunteering for everything. I took a lot of initiative.

**About the Organization**
CBS Inside Edition
New York, NY

A syndicated newsmagazine includes investigative reports, interviews with newsmakers, human interest stories, and celebrity and pop-culture features. The long-running series, which premiered in 1989, has been anchored by Deborah Norville since 1995.
CEEI Guadalajara | http://ceeiguadalajara.es

- McKenzie Humann (Economics, International Relations, 2017)
- European Projects Assistant
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I am responsible for finding European projects that have the potential to be funded by the European Commission and which CEEI Guadalajara could participate in based on the project's topic. I also find potential partners that CEEI Guadalajara could collaborate with in these projects. Finally, I am available for any translation and administrative tasks.

How did you find your internship?
I was referred to this organization through a friend.

What do you enjoy most about your internship?
I enjoy communicating and working with organizations across Europe that have a common interest in encouraging entrepreneurial activity and supporting small and medium-sized businesses.

What do you find challenging?
The most challenging parts of my internship are communicating with a language barrier and working in a foreign country with a different office culture. However, these are also the most interesting parts of my internship.

What advice would you offer to someone who wants to make the most of an internship like yours?
Many of these organizations, such as European business incubators and accelerators, would be happy to take on an American student with the relevant course-work and international interests. The ability to network and take advantage of your connections is key to finding a similar internship. These organizations are accustomed to using business networks and associations in their daily tasks and projects, so they appreciate interns who feel comfortable networking and taking initiative. It is also important to respect cultural differences and to make an effort to learn and speak their native language.

About the Organization
CEEI Guadalajara
Guadalajara, Spain

CEEI Guadalajara is a non-profit business incubator that offers co-working spaces, legal and business advice, and workshops to entrepreneurs and small and medium-sized enterprises. They are part of the European Business Network, which extends across Europe and includes similarly-oriented incubators, accelerators, Chambers of Commerce, and business associations. CEEI Guadalajara also participates in international projects with various European partners that deal with promoting entrepreneurship and supporting SME growth.
Cellanyx Diagnostics | http://cellanyx.com

- Sarah Oliver (Environmental Studies, Biology, 2020)
- Research Assistant
- Part-time, 25 hours per week
- Unpaid

What do you do as an intern at this organization?
I researched breast and prostate cancer, designed experiments, discovered diagnostic markers, worked with players in the market, and learned lab techniques such as cell culture, IFC, and microscopy.

How did you find your internship?
Referred by father (business partner of Cellanyx)

What do you enjoy most about your internship?
I enjoyed designing and presenting PowerPoint presentations on cancer research and working with intelligent and passionate people.

What do you find challenging?
The long and repetitive days were challenging.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask questions! There is so much to learn, but sometimes the most knowledgeable people don't know how/what to say. By asking questions, you help them help you.

About the Organization
Cellanyx Diagnostics
Beverly, MA

Cellanyx is developing a proprietary living cell phenotypic cancer diagnostic platform to aid clinical decision making. The company's unique 'biopsy-on-a-chip' methodology provides quantitative, actionable assessments of individual cancer cells in biopsy samples using multiple phenotypic biochemical and biophysical markers of tumor aggressiveness and metastatic potential.
Bahar Ostadan (International Relations, Economics, 2017)
- B to B Marketing Intern
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I managed compilation and publication of monthly e-mail campaign to more than 40,000 recipients, designed a data reporting dashboard for a new website launch, and collected KPIs for various marketing channels to populate monthly analytics reports.

**How did you find your internship?**
Google

**What do you enjoy most about your internship?**
I enjoyed having a manager who invested endless time and thought into giving me ownership of valuable project pieces.

**What do you find challenging?**
It was challenging to understand the scope of the company and its budget structure, given its massive size.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Put aside your preconceptions about an industry and learn from within to strengthen your global perspective. Also, set up informational interviews with people across all areas within the organization.

**About the Organization**
Charles Schwab
San Francisco, CA

The Charles Schwab Corporation is an American brokerage and banking company, based in San Francisco, California. It was founded in 1971 by Charles R. "Chuck" Schwab, as a traditional brick and mortar brokerage firm and investment newsletter publisher. Schwab operates in four main divisions: investing, wealth management, banking, and trading. The company serves 9.3 million client brokerage accounts, with $2.40 trillion in assets (as of June 2014), from over 300 offices in the U.S, one office in Puerto Rico, and one branch in London.
Hannah Heselton (Community Health, Environmental Studies, 2018)
Health and Hygiene Intern
Full-time, 40-50 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My role is to design lessons and teach students the importance of hygiene and disease prevention, as well as common local illnesses and how to treat them using only the resources available in northern Uganda. I also work to implement important hygiene practices such as using soap, keeping children clean, and using safe and clean water.

How did you find your internship?
I have been volunteering with the organization (managing their social media for the past year) and was fortunate enough to be able to continue working with them as a summer intern at their recovery center in Uganda.

What do you enjoy most about your internship?
My favorite thing is spending time with the students (single teenage mothers) and their children. Although there is a language barrier, there is so much to learn about their culture, their daily activities, and their views on life. I love seeing their resilience after all of the challenges they have faced in their lives and how strong and hardworking they are, bettering themselves every day.

What do you find challenging?
The most challenging thing has been trying to overcome the language barrier. Although I am learning the local language and the students are learning English, I was not able to verbally communicate well for the first month. However, I learned to improvise and use other modes of communication to express ideas.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be proactive. I was told by a premed advisor to begin looking for an internship over winter break, and at the time I thought it was crazy. Now I see that I wouldn't have spent my summer living in the place I have always dreamed of going and doing work that is so productive and rewarding if I had not listened to her and began reaching out to ChildVoice in January.

About the Organization
ChildVoice
Gulu, Uganda

We build therapeutic communities creating a village of refuge for children and youth traumatized by conflict – war orphans, former child soldiers, or members of displaced families. Within the residential center, participants engage in a comprehensive array of activities designed to promote healing. These include counseling, remedial education, life skills training, vocational training, and income-generating projects.
Chinatown Youth Initiatives | https://cyinyc.wordpress.com

- Wilson Wong (American Studies, Asian American Studies, 2019)
- Youth Program Coordinator
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
As program coordinator, I support planning and coordination of programs and activities. I ensure implementation of policies and practices and maintain the budget and track expenditure/transactions, in addition to building communications through media relations and collaboration with other non-profit organizations.

How did you find your internship?
I found out about my internship through a fellow Jumbo. She was involved with all of the programs under Chinatown Youth Initiatives, and she asked me to sign on as program coordinator with her.

What do you enjoy most about your internship?
I enjoy building relationships with youth and having conversations outside of the classroom environment that we wouldn't otherwise have. It's been incredibly joyful to build intergenerational relationships with younger people.

What do you find challenging?
The hardest challenge for me has been time management and setting aside a time slot within my schedule to do the work. As someone who didn't have a lot of experience coordinating programs it was incredibly hard, and thus, I had to step up to the tasks at hand while prioritizing which tasks had to be done.

What advice would you offer to someone who wants to make the most of an internship like yours?
I'd suggest focusing on the interpersonal conversations you have with the youth. While it's important to plan the agenda and content of programs, it's equally important to be present and active within the youth's lives, because that's what they remember at the end of the day.

About the Organization
Chinatown Youth Initiatives
New York, NY

Chinatown Youth Initiatives’ mission is to empower New York City youth with the knowledge and skills necessary to address the needs of Chinatown, Asian Americans, and other underrepresented communities. By providing a safe and supportive environment, CYI works to build a legacy of leaders who strengthen awareness of self-identity and community issues through project initiatives.
Chinese Progressive Association | http://cpaboston.org

- Ashley Shen (American Studies, Clinical Psychology, Asian American Studies, 2017)
- Intern
- Full-time, 40 hours per week
- Unpaid

What do you do as an intern at this organization?
I develop and run workshops for youth, attend rallies, create educational materials about current campaigns, help members fill out forms, and do anything as needed!

How did you find your internship?
I found the position through friends and through the National Fellowship Program for Asian American Organizing and Civic Engagement (Seeding Change).

What do you enjoy most about your internship?
Getting to know the staff and members has been amazing. It's such a supportive community in which to grow and to learn about issues facing Chinatown, as well as and how communities can come together to address them.

What do you find challenging?
Most of the work is in Cantonese, and as it wasn't a language that I spoke, that was a challenge for me.

What advice would you offer to someone who wants to make the most of an internship like yours?
Go into it with humility and with the intent to learn, but don't forget that you have a lot to contribute!

About the Organization
Chinese Progressive Association
Boston, MA

The Chinese Progressive Association is a grassroots community organization which works for full equality and empowerment of the Chinese community in the Greater Boston area and beyond. Our activities seek to improve the living and working conditions of Chinese Americans and to involve ordinary community members in making decisions that affect our lives.
Michael Seltzer (Computer Science, 2017)
Software Engineer
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I worked on live production code with other employees to build a network security cloud management application. I built front end web design, backend, and then launched the product with the team.

How did you find your internship?
Tufts colloquium event

What do you enjoy most about your internship?
I get to work on a real-world product and make a difference by continually pushing new features that are deployed for customers to use within a week.

What do you find challenging?
The fast-paced environment is challenging, but with that comes lots of opportunities for learning.

What advice would you offer to someone who wants to make the most of an internship like yours?
It's an excellent environment and one that requires a person to truly care about the product and work hard to push on features. With that comes the great reward of seeing the feature used by actual customers.

About the Organization
Cisco Systems
Cambridge, MA

Cisco is the worldwide leader in IT that helps companies seize the opportunities of tomorrow by proving that amazing things can happen when you connect the previously unconnected. At Cisco, customers come first, and an integral part of our DNA is creating long-lasting customer partnerships and working with them to identify their needs and provide solutions that support their success.
Clean Water Action | www.cleanwateraction.org

- Jack Szumski (International Relations, German Language and Literature, 2018)
- Community Organizer
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I visit communities in North Jersey to raise awareness for Clean Water Action's goals and work to achieve those goals through fundraising and collecting letters to legislators.

How did you find your internship?
I’m not sure how I found mine, but you can always check the organization website or reach out for information.

What do you enjoy most about your internship?
I like that everyday I’m getting more people involved. I’m making a very palpable effect on New Jersey's communities in a way that I am passionate about.

What do you find challenging?
This internship has required a lot of patience, energy management, and confidence.

What advice would you offer to someone who wants to make the most of an internship like yours?
Go into it with a positive attitude and try not to worry too much about how you’re going to do. After the training everything becomes much more manageable.

About the Organization
Clean Water Action
Montclair, NJ

Since our founding during the campaign to pass the landmark Clean Water Act in 1972, Clean Water Action has worked to win strong health and environmental protections by bringing issue expertise, solution-oriented thinking and people power to the table. Our mission is to protect our environment, health, economic well-being and community quality of life. Clean Water Action organizes strong grassroots groups, coalitions, and campaigns to elect environmental candidates and to solve environmental and community problems.
**Eli Boninger (Computer Science, Music, 2017)**  
**Engineering Intern**  
**Full-time, 40 hours per week**  
**Paid**

**What do you do as an intern at this organization?**  
Interns are divided into two teams. Each team builds a website, and the teams compete to see which website can drive the most user signups and reengagement. As an engineering intern, I was responsible for programming and maintaining the website.

**How did you find your internship?**  
I think I saw a Facebook ad for it. I sent in my resume online.

**What do you enjoy most about your internship?**  
The people at Cogo are friendly and helpful, the office space is super nice (complete with a stocked kitchen, giant beanbags, and a hover board), the competition was fun, and I learned a lot. There were great intern events and tons of free food.

**What do you find challenging?**  
Cogo’s business model revolves largely around advertising, and because our goal was to attract users to our site, my team had to do a lot of advertising. This can get a little morally ambiguous. Contact me if you want to know more about this.

**What advice would you offer to someone who wants to make the most of an internship like yours?**  
Well, I applied pretty late (i.e., late November) and wasn’t contacted about an interview until late January. Applying earlier is probably better. Once you get there, try your best to reach out and don’t get caught up in the competition.

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**About the Organization**  
Cogo Labs  
Cambridge, MA

Cogo Labs is a unique incubator, creating new businesses from our own internal experiments, and then growing them to profitability through the efforts of our top-notch engineering, analytics, and design teams. As part of the Link Ventures corporate family, we strongly believe that the key to creating long-term value is to maximize revenue growth with limited venture investment. Once a new company becomes profitable, we give them the support they need to grow very big, very quickly. It is a proprietary, repeatable process that allows us to turn great ideas into successful companies. And then do it again. And again. And again.
Jocelyn Contreras (Film and Media Studies, Drama, 2018)
Research Intern
Full-time, 45 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
As a research intern, I compiled information on any guest that was booked for the show. I used a variety of sources (as well as my personal judgment) to find potential talking points for the segment in which the guest appears.

How did you find your internship?
One of my idols, Mindy Kaling, is known to have been an intern for Conan when she was an undergrad, so it was always a goal of mine to reach out.

What do you enjoy most about your internship?
The fact that I was able to spend my entire summer on the Warner Brothers lot and work for my favorite television host of all time is not lost on me. It was strange to get to the point where it felt completely normal that I got to see him every day and talk to him. Apart from that, I loved being at the site and meeting so many interesting people in the business.

What do you find challenging?
It was a good challenge, but I had to remind myself not to get lost in the shuffle of the work itself. While the research was important, my main focus was on establishing as many connections as I could.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be tentative when talking about what your goals are in this business. Say exactly what you want, and own it. People will respect that more and remember you in the long run if an opportunity comes up, because you were specific.

About the Organization
Conan
Burbank, CA

Heeeere's Conan! The former longtime host of "Late Night" and abbreviated presenter of "The Tonight Show" moves his talk show act to the cable arena, where he becomes the staple of TBS' late-night talk show lineup that began a year earlier with the premiere of "Lopez Tonight." Making the transition to basic cable with Conan is his on-again, off-again sidekick/announcer, Andy Richter. Said O'Brien in his typical dry tone, "In three months I've gone from network television to Twitter to performing live in theaters, and now I'm headed to basic cable. My plan is working perfectly."
Congress for the New Urbanism | www.cnu.org

- Emma Kahn (Anthropology, Urban Studies, 2018)
- Program Intern
- Full-time, 40 hours per week
- Unpaid

What do you do as an intern at this organization?
My daily tasks include blogging for CNU, re-designing one of their off-shoot websites, writing pieces of messaging for the organization for members and donors, and generally assisting the Program and Executive Directors with their various design and administrative projects.

How did you find your internship?
An internship opportunity with the New England chapter of CNU in Boston was posted to the Tufts UEP weekly listserv, and from there I found the main headquarters in D.C. and saw that they were also looking to fill a summer intern position.

What do you enjoy most about your internship?
I really enjoy just being in the office with these folks and being able to attend meetings/events related to progressive city planning and new urbanist principles, in addition to actually doing some real work for the movement myself.

What do you find challenging?
The D.C. CNU office has not had a lot of interns since opening about a year ago, so there isn’t an entirely set program for interns yet.

What advice would you offer to someone who wants to make the most of an internship like yours?
Make sure to explore the city of D.C. as well as enjoy the internship, and connect with other interns in the area because this opportunity really does offer more than just work at a great organization.

About the Organization
Congress for the New Urbanism
Washington, D.C.

The Congress for the New Urbanism (CNU) helps create vibrant and walkable cities, towns, and neighborhoods where people have diverse choices for how they live, work, shop, and get around. People want to live in well-designed places that are unique and authentic. CNU’s mission is to help build those places. With seventeen local and state chapters and offices in Chicago, IL and Washington, DC, CNU works to unite the New Urbanist movement. Our projects and campaigns serve to empower our members’ efforts, identify policy opportunities, spread great ideas and innovative work to a national audience, and catalyze new strategies for implementing policy through design approaches. CNU works to unite that movement as a connector, convener, alliance builder, and teaching platform. Our staff, members, partners, and allies are the international thought leaders on building better places, and CNU helps bring them together.
Jessica Lunte (Civil Engineering, 2017)  
Project Management Intern  
Full-time, 40 hours per week  
Paid

What do you do as an intern at this organization?
I document construction on Lewis and Metcalf Halls. In addition, I submit product data and information to architects and subcontractors and help with wage sheets and cost meetings.

How did you find your internship?
Tufts Career Fair

What do you enjoy most about your internship?
It's very exciting! Never a dull moment. Every time I come into the office, something different is happening.

What do you find challenging?
There's little room for error. Construction is very fast-paced and deals with a lot of money. Additionally, I was the only woman on site. It's interesting to be surrounded by men all day.

What advice would you offer to someone who wants to make the most of an internship like yours?
Secure the internship early; I got my internship at the first Tufts Career Fair. Ask a lot of questions and sit in on all of the owner meetings.

About the Organization
Consigli Construction
Medford, MA

Consigli Construction Co., Inc. is a leading construction manager and general contractor headquartered in Milford, Mass., with offices in Boston, Mass., Portland, Maine, Hartford, Conn., Washington, D.C., and Pleasant Valley and Albany, N.Y. With four generations of family history behind our name, we’re proud to think of ourselves as a local builder who has expanded our reach while keeping our roots. We thrive on uniquely challenging projects, developing creative approaches to earn rave reviews from clients across a wide range of market sectors.
Costco Wholesale Corporation | www.costco.com

- Lara Dienemann (Mechanical Engineering, 2018)
- Global People Solutions Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I worked closely with Costco Corporate Office's project management team on a long term effort to modernize the payroll process used by all warehouses, depots, and offices in Canada. I contributed to the budget plan, coded a resource allocation document, ran meetings, and designed a project website. In my spare time, I offered my mechanical engineering problem solving and CAD skills to Costco's R&D group, Innovations.

How did you find your internship?
My father has been working in the office for a couple of years. He inquired about the program; consequently, a recruiter began emailing me directly.

What do you enjoy most about your internship?
Even though it is a huge corporation, Costco instills a welcoming and open environment. My team was receptive if I shared an idea, such as organizing a weekly social event for the interns or testing out robotics code that would escalate the parking process for warehouses.

What do you find challenging?
Understanding and remembering all the corporate jargon and abbreviations proposed a real challenge. I caught on eventually.

What advice would you offer to someone who wants to make the most of an internship like yours?
Do not be afraid to propose your own ideas or to ask to take on another project. You understand your skill set the best, so you know what it takes to succeed as an intern. At the same time, be careful of overstepping your boundaries. Make sure you always ask your manager before contacting anyone.

About the Organization
Costco Wholesale Corporation
Issaquah, WA

We are a membership warehouse club, dedicated to bringing our members the best possible prices on quality, brand-name merchandise. With hundreds of locations worldwide, Costco provides a wide selection of merchandise, plus the convenience of specialty departments and exclusive member services, all designed to make your shopping experience a pleasurable one.
CrowdComfort | crowdcomfort.com

- Gabriella Bova (Computer Science, Environmental Studies, 2018)
- Software Engineering
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I worked with Xcode to debug one of their current iOS apps and help build a new one that will soon replace another.

How did you find your internship?
I attended an internship networking night at Greentown Labs (where they used to be based).

What do you enjoy most about your internship?
Working for a startup is great because everyone knows who you are and what you're working on. They appreciate the work you do a lot more than some big companies, and I never felt undervalued as an intern. In fact, I was continually reminded that I was part of the team.

What do you find challenging?
Learning the way a new company assesses quality and pushes code can take some getting used to. Also, Xcode is confusing at first.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask questions and work hardest on the projects you find the most interesting. There is a lot of work to do in startups and, for the most part, they love to see you do it and take your own direction.

About the Organization
CrowdComfort
Boston, MA

With CrowdComfort, building occupants use their smartphones to report site-specific building issues, keeping workplaces running smoothly and everyone safe, happy and productive.
Dana-Farber Cancer Institute (DFCI) | www.dana-farber.org

- Nathaniel Tran (Spanish and Women, Gender and Sexuality Studies, 2017)
- External Affairs Intern
- Part-time, 25 hours per week
- Paid

What do you do as an intern at this organization?
I assist the program manager in developing and improving community partner relations, specifically, improving intervention site performance via qualitative and quantitative data analysis. In addition, I translate documents and interpret for patients (65% office, 35% clinical work).

How did you find your internship?
I directly emailed the program coordinator.

What do you enjoy most about your internship?
I’m not being micromanaged and have the opportunity to grow in my responsibilities. My supervisors trust my judgement and quality of work enough to allow me to work independently.

What do you find challenging?
The corporate work environment feels sterile and isolated at times.

What advice would you offer to someone who wants to make the most of an internship like yours?
Reach out as soon as possible, and no later than January before the summer you would like to intern. Know about the organization you want to work for, not just that you want a job or internship, but how the relationship is mutually beneficial.

About the Organization
Dana-Farber Cancer Institute (DFCI)
Boston, MA

The mission of Dana-Farber Cancer Institute is to provide expert, compassionate care to children and adults with cancer while advancing the understanding, diagnosis, treatment, cure, and prevention of cancer and related diseases. As an affiliate of Harvard Medical School and a Comprehensive Cancer Center designated by the National Cancer Institute, the Institute also provides training for new generations of physicians and scientists, designs programs that promote public health particularly among high-risk and underserved populations, and disseminates innovative patient therapies and scientific discoveries to our target community across the United States and throughout the world.
Dassault Systems, SOLIDWORKS | www.3ds.com

- Ipek Emekli (Mechanical Engineering, Engineering Management, 2018)
- Technical Customer Support Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
My main job is to do beta testing for SOLIDWORKS 2017, reply to user bug reports and write bug-fix requests for the development team. However, I also translate and review SW online training modules, help organize events for our resellers, and take advanced SW training courses to get my certifications, which are very useful in the professional world.

How did you find your internship?
As I was switching into Mechanical Engineering from Biomedical Engineering, I was talking to upperclassmen about classes and internships. While I was doing this, I happened to meet Camille, a MechE one year above me, who told me about her amazing experiences at SOLIDWORKS and referred me to the recruiting managers.

What do you enjoy most about your internship?
Dassault Systems has a great company culture. I know it sounds cliché, but it is the friendliest and most welcoming company environment. They do a very good job of hiring both full-time employees and interns, so I work with an amazing team of interns and managers on my projects. Furthermore, as a very talkative person who loves to help others, talking to customers and helping them resolve their issues is a great task for me. Additionally, I love that my job (other than answering customer requests) is basically playing around on SOLIDWORKS as much as I can. Finally, the internship, even though it's technical in nature, comes with an "Intern Program" in which we can listen to guest speakers, take trainings on management, personality types, leadership and professional life.

What do you find challenging?
DS is a dynamic company. Everything is time-sensitive and you have to get things done very fast. Sometimes 5 different tasks come up in 10 minutes, and you go from being moderately busy to super busy. However, at the end of the day, it's a very rewarding experience, and you have great teammates and managers to support you, so these things don't feel overwhelming.

What advice would you offer to someone who wants to make the most of an internship like yours?
Talk to a lot of upperclassmen before you apply for internships. Yes, it sounds cliché, but you never know who that one guy you've never talked to in your advanced class knows. Apply as early as you can, and let your personality shine in the interviews. Make sure you actually like the company before deciding which offer to take (your dynamics with the people you interview with should give you some hints!). And when you get to the actual internship, ask a lot of questions. It doesn't mean that you're incompetent; it means you're interested in what you're doing and you're there to learn. Enjoy yourself!

About the Organization
Dassault Systems, SOLIDWORKS
Waltham, MA

Dassault Systèmes, the 3DEXPERIENCE Company, provides businesses and people with virtual universes to imagine sustainable innovations. Its 3DEXPERIENCE Platform leverages the Company’s world-leading 3D software applications to transform the way products are designed, produced, and supported, enabling businesses to craft delightful customer experiences.
What do you do as an intern at this organization?
The tasks vary from day to day. I proofread texts, conduct promotional interviews with authors, convert print books to eBook files, market our new titles to bookstores, update our blog and social media, design informational pamphlets, and write letters and book reviews. Sometimes I do more mundane tasks like mailing letters and catalogues and redirecting emails. But the beauty of a small office is that I'm never getting people coffee or anything, and I always feel that I'm making meaningful contributions.

How did you find your internship?
I found Godine through the fall 2014 edition of the TIP book and online searches for publishing internships in Boston.

What do you enjoy most about your internship?
Godine is a small, independent company, so I am able to sit in on production and editorial meetings, and I feel valued by the staff. Everyone in the office is willing to help, and they check in periodically to see if there's a particular aspect of the industry that I want to know more about. Also, I really like our books, so proofreading, writing reviews, and interviewing authors is fun and rewarding.

What do you find challenging?
Sometimes there's "free" time between projects where there isn't a specific task delegated to me, but I use that time to practice with some of the software the company uses or work on independent projects like sales research or making illustrations for blog content.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask a lot of questions and don't be afraid to self-direct. If someone who assigned you a project is busy with something else and can't clarify an instruction, you still want to be able to deliver something to them. You might get it wrong, but you might get it right. Familiarize yourself with as many aspects of the publishing process as possible (from the editorial stage to design, printing, proofs, and the final product) and get to know the different roles (sales, production, editorial, foreign rights, marketing, etc.) that people have in the industry. If there's a particular role that interests you, the person with that job is probably willing to work more closely with you and help you understand their day-to-day tasks.

About the Organization
David R. Godine, Publisher
Boston, MA

David R. Godine, Inc., is a small publishing house located in Boston, producing between twenty and thirty titles per year and maintaining an active reprint program. The company is independent (a rarity these days) and its list tends to reflect the individual tastes and interests of its president and founder, David Godine. The list is deliberately eclectic and features works that many other publishers can't or won't support, books that won't necessarily become bestsellers but that still deserve publication. In a world of spin-offs and commercial “product,” Godine's list stands apart by offering original fiction and non-fiction of the highest rank, rediscovered masterworks, translations of outstanding world literature, poetry, art, photography, and beautifully designed books for children.
Nazifa Sarawat (Environmental Engineering, Mathematics minor, 2017)
- GIS Intern
- Part-time, 25.5 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
For the first few weeks of my internship I conducted background research about New York City history, looking at the development of the current urban plan and the impact of solid waste management on city policies. After going through several resources, I began establishing the scope of my project, which focused on the southern Brooklyn shoreline. Then I created layers for my project and put them together in a presentation comparing the effects of time on the shoreline and identifying potential historical fill sites.

**How did you find your internship?**
I searched the New York State job portal to find positions related to environmental work.

**What do you enjoy most about your internship?**
I enjoy the field visits and getting to experience what it means to be an environmental engineer in a government setting. In addition, working on a project and creating a presentation allowed me to keep track of my goals for the internship and work towards something.

**What do you find challenging?**
The internship coincided with the month of Ramadan, which is a month of fasting and low amounts of sleep, and that made it difficult to be the best intern I could be. I had to work harder to stay focused and engage with others.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
The biggest piece of advice I would give is to get in touch and have conversations with as many people as possible. This includes coworkers, supervisors, and custodial staff. Making those personal connections goes a long way in 1) making you feel integrated into the office, and 2) opening up doors for you.

**About the Organization**
Department of Environmental Conservation
Long Island City, NY

New York State’s Department of Environmental Conservation (NYSDEC) is the regulatory agency for environmental issues in the State. Our mission is to conserve, improve and protect New York’s natural resources and environment and to prevent, abate and control water, land and air pollution, in order to enhance the health, safety and welfare of the people of the state and their overall economic and social well-being.
The Dimock Center | www.dimock.org

- Allison Kannam (Community Health, 2018)
- Patient Advocate
- Part-time, 15 hours per week
- Unpaid

What do you do as an intern at this organization?
As a patient advocate, I worked with clients to help them access resources in the community to address the social determinants of health. I contacted clients both on the phone and in person to refer them to resources for food, utilities, housing, commodities, and childcare.

How did you find your internship?
It was listed in the Community Health Department's newsletter, and I also heard about it through a professor.

What do you enjoy most about your internship?
I loved working one-on-one with clients, and seeing them successfully access a resource was rewarding. I also enjoyed getting a closer look at the resources in the Boston area, both governmental and non-profit, that address the social determinants of health.

What do you find challenging?
All client relationships are different, and I found it difficult to come to terms with the fact that you will not be able to help every single client you encounter. While some clients were very responsive, others were more difficult to reach.

What advice would you offer to someone who wants to make the most of an internship like yours?
My manager allowed us to choose our hours, so if possible, I would suggest working more than once a week to maintain continuity with clients. Additionally, we had many Spanish-speaking clients, so I would encourage Spanish-speakers to apply.

About the Organization
The Dimock Center
Roxbury, MA

Recognized nationally as a model for the delivery of comprehensive health and human services in an urban community, The Dimock Center provides the residents of Boston with convenient access to high quality, low cost health care and human services that might not otherwise be available to the communities we serve. In 2013, Dimock handled over 76,000 visits annually with 17,000 unique patients and clients representing a wide range of socioeconomic and ethnic backgrounds.
District of Columbia Arts Center | www.dcartcenter.org

- Anonymous (Studio Art, Art History, 2019)
- Gallery/Office Intern
- Part-time, 15 hours per week
- Unpaid

What do you do as an intern at this organization?
I was responsible for updating social media accounts, organizing and executing fundraisers and events to promote the gallery, and contacting local businesses and artists.

How did you find your internship?
Craigslist

What do you enjoy most about your internship?
I enjoyed the people, the gallery itself, the location, and the social media aspect.

What do you find challenging?
I was challenging to manage the nonprofit databases.

What advice would you offer to someone who wants to make the most of an internship like yours?
Just keep a positive attitude and use creative problem solving strategies.

About the Organization
District of Columbia Arts Center
Washington, DC

The District of Columbia Arts Center (DCAC) serves the Washington, DC area by presenting high-caliber, challenging works, encouraging professionalism among artists, and by providing a forum for education and cultural exchange. DCAC was founded in 1989 as an alternative arts center for local artists in response to eroding support for local artists. Since then, our 800 square foot gallery and 50 seat black box theater have been a hub of creativity in the visual and performing arts; receiving local, national, and international attention for it’s programming. Artists of all types, including poets, painters, actors, storytellers, sculptors, and performance artists, have been drawn to DCAC from as close as around the corner and as far as other continents.
Draper Lab | www.draper.com

- Daniel Rivers (Engineering Physics, 2017)
- Summer Student - Electro Optics and Instruments
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I was an engineer on the CLASP project, which focuses on miniaturizing atomic interferometry technology. I set up an optics bench with lasers and optical components, made SolidWorks parts and drawings, and designed fiber optic management systems.

How did you find your internship?
I attended a Society of Physics Grad school event and met my boss there, whom I contacted via email with my resume and transcript.

What do you enjoy most about your internship?
I love design work, especially making things. After a bit, the optics table setups felt like building Legos, which was really cool. The application of what I learned in my quantum mechanics class to designs and understanding the project was also cool.

What do you find challenging?
Understanding the physics was the most challenging aspect; I spent many hours studying grad-level quantum mechanics to understand what was going on with my optics setups (also the sheer complexity of this type of instrument!).

What advice would you offer to someone who wants to make the most of an internship like yours?
I would go to them early and express interest in applied physics, mechanical engineering, or electrical engineering. Although Draper does show up at career fairs, that wasn't how I got my internship. I'd be glad to make introductions.

About the Organization
Draper Lab
Cambridge, MA

As a not-for-profit research and development company, Draper focuses on the design, development and deployment of advanced technological solutions for the world’s most challenging and important problems.
Hoang Yen Le (Quantitative Economics, Japanese minor, 2017)
Quality and Product Development Intern at EF College Break
Full-time, 39.5 hours per week
Paid

What do you do as an intern at this organization?
I review daily evaluations of all the College Break tours and analyze areas of success and challenge that different teams, from Operations to Marketing, can focus on to raise the quality of the product. Data analysis and reporting are my main tasks, as well as collaborating with different departments on bigger, more high-level projects, such as examining the overall impact of different drivers on a tour’s success.

How did you find your internship?
Jumbo Jobs (On-campus recruiting and subsequently employee referral)

What do you enjoy most about your internship?
The people I get to meet come from all sorts of backgrounds, and I enjoy the ease of connecting with and learning about them simply over coffee or lunch.

What do you find challenging?
As an intern who is only there for a few months, you won't be given full access to all data platforms and software that the company is using. So sometimes it's challenging to perform data analyses without needing to talk to your manager every time you require something. Also, be prepared to do some daily repetitive tasks. They might be boring, but are very crucial for the company. Other than that, the more challenging the task is, the more fun it is!

What advice would you offer to someone who wants to make the most of an internship like yours?
Follow instructions carefully! Ask lots of questions during your internship, even if you feel like you're bothering people. They're there to help. Always stay detailed and concise. Have a balanced day at work by getting enough laughs and then going back to serious mode.

About the Organization
EF Education First
Cambridge, MA

EF provides life-changing education for global citizens. For over 50 years, our mission has been to give confidence and freedom to people of all ages, nationalities and backgrounds. We combine language training with cultural exchange, academic achievement and educational travel to deliver courses and programs that transform dreams into international opportunities.
EMC Corporation | www.emc.com

- Anonymous (Electrical Engineering, 2017)
- Engineering Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I build a variety of modules for automated testing of next-generation EMC products.

How did you find your internship?
Friend referral/online application

What do you enjoy most about your internship?
The opportunity to find my passion and meet really amazing people.

What do you find challenging?
Daily commute

What advice would you offer to someone who wants to make the most of an internship like yours?
Network as much as possible and attend intern events when you have a chance.

About the Organization
EMC Corporation
Hopkinton, MA

EMC is a global leader in enabling businesses and service providers to transform their operations and deliver information technology as a service (ITaaS). Fundamental to this transformation is cloud computing. Through innovative products and services, EMC accelerates the journey to cloud computing, helping IT departments to store, manage, protect and analyze their most valuable asset — information — in a more agile, trusted and cost-efficient way.
Environmental Partners Group | www.envpartners.com

- Hannah Conroy (Environmental Engineering, 2017)
- Environmental Engineering Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I assisted project engineers and project managers with AutoCAD drawings, site surveying, preparation of contract documents for water projects, calculations of sewer pipe flow, and permitting and preparing invoices for projects.

How did you find your internship?
Family friend referral

What do you enjoy most about your internship?
I was exposed to a wide variety of civil and environmental engineering projects at different stages in the engineering process.

What do you find challenging?
It was challenging to learn new skills, like AutoCAD, and pick up engineering terms used on a day to day basis.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be afraid to ask lots of questions to make the most of the experience.

About the Organization
Environmental Partners Group
Woburn, MA

Environmental Partners Group is an engineering firm that provides a broad range of civil, environmental, and transportation engineering and consulting services to municipal, commercial, industrial, and state clients.
Ernst and Young | www.ey.com

- Jiaxun Li (International Relations, 2019)
- Auditing Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I helped with paper work in the auditing office.

How did you find your internship?
Family referral

What do you enjoy most about your internship?
The company is very organized and gave me a taste of working in a bilingual environment and under big corporate rules.

What do you find challenging?
I had no prior knowledge of auditing or accounting. Also, there were only two interns including me and it's hard to mingle with the full-time colleagues.

What advice would you offer to someone who wants to make the most of an internship like yours?
Study some auditing and accounting to get familiar with the process. Actively seek out opportunities to work. In EY, summer is a slow season, so I would recommend interning in the winter (year-end).

About the Organization
Ernst and Young
Hangzhou, China

At EY, we are committed to building a better working world — with increased trust and confidence in business, sustainable growth, development of talent in all its forms, and greater collaboration.
Samuel Weiss (Computer Science, 2018)
Software Engineering Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I worked on developing infrastructure software and internal tools.

How did you find your internship?
I found my job through Facebook's posted positions online. I simply submitted my resume through their site.

What do you enjoy most about your internship?
I really enjoyed being able to work on very challenging and impactful projects. I felt like and worked like a full-time employee while I was there.

What do you find challenging?
There are so many internal tools at Facebook that it took me a long time to figure out exactly how to access the information I needed.

What advice would you offer to someone who wants to make the most of an internship like yours?
To my knowledge there aren't deadlines. I found that the application process was extremely hit or miss; I kind of got lucky hearing back.

About the Organization
Facebook
Menlo Park, CA

Facebook is a popular free social networking website that allows registered users to create profiles, upload photos and video, send messages and keep in touch with friends, family and colleagues. The site, which is available in 37 different languages, was founded in 2004 to give people the power to share and make the world more open and connected.
Justin Corben (International Relations, Economics, 2017)
- Financial Institution Supervision Summer Analyst
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
As a Summer Analyst in the Financial Institution Supervisory Group, I worked in the Strategy and Risk Governance Office. I helped improve the business processes of the Supervision Group, which included enhancing how bank examiners regulate financial institutions.

How did you find your internship?
I heard about this opportunity through a family friend, who encouraged me to seek opportunities at the Fed.

What do you enjoy most about your internship?
There were ample opportunities to learn more about the many functions of the Federal Reserve. I also appreciated how interns were respected and treated as equals; the work I did was challenging and meaningful.

What do you find challenging?
The Fed tackles big issues every day. If you're open minded and prepared to take on the work from day one, you will thrive.

What advice would you offer to someone who wants to make the most of an internship like yours?
Do not be afraid to reach out and introduce yourself to senior employees. I learned a lot through these meetings, and everyone I spoke with was genuinely interested in my career path and had great advice to offer. I would also suggest continually asking if your manager/team member(s) need help with their own work. I ended up being assigned the most interesting projects by asking if others needed assistance.

About the Organization
Federal Reserve Bank of New York
New York, NY

The Federal Reserve Bank of New York is one of 12 regional Reserve Banks which, together with the Board of Governors in Washington, D.C., make up the Federal Reserve System. The Fed, as the system is commonly called, is an independent governmental entity created by Congress in 1913 to serve as the central bank of the United States. It is responsible for formulating and executing monetary policy, supervising and regulating depository institutions, providing an elastic currency, assisting the federal government's financing operations, and serving as the banker for the U.S. government.
Fidelity | www.fidelity.com

- Ben Berey (Economics, Finance minor, 2017)
- Sector Specialist Associate Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I support research associates, analysts, and MBA analyst interns in researching and evaluating stocks. Specifically, I covered the consumer discretionary sector, restaurant industry and auto dealers industry.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
I enjoy working with the people around me.

What do you find challenging?
It’s challenging to adjust to the learning curve, as everyone around me has more experience and knowledge than I do. It can get frustrating when you’re asked to do something and you have no idea what they mean.

What advice would you offer to someone who wants to make the most of an internship like yours?
Take advantage of all the resources afforded to you. Make an effort to get to know who you’re working with and around. Don’t forget to ask "why" in addition to "how."

About the Organization
Fidelity
Boston, MA

At Fidelity, we've been providing access to insights, best practices and experience to help as many people as possible. Privately held, Fidelity has always taken a long-term view in providing the right investment management and administration solutions to a diverse set of customers. To do this well, we place a high degree of value in nurturing a work environment that attracts the best talent and reflects our commitment to being an employer of choice. This ensures that our loyalty is always to our customers and the high standards with which we serve them.
• Leann Beard (Child Development, Education, 2018)
• Program Intern
• Full-time, 35 hours per week
• Unpaid but receiving grant/financial assistance (Tisch Summer Scholars)

What do you do as an intern at this organization?
During my first month at Fiver, I created a career readiness curriculum for rising 11th graders to rising college freshmen. For the following six weeks, I implemented that curriculum with 15 students from our organization.

How did you find your internship?
I found it through hearing about Tisch Summer Scholars and looking into the internships they offered.

What do you enjoy most about your internship?
I loved Fiver's commitment to kids and the work they do to provide free, high-quality camps and programs. I also loved getting to meet kids of all ages in the program.

What do you find challenging?
High schoolers can be a challenging age group to work with, so it required a lot of flexibility and learning as I went along, adjusting my curriculum to better fit the actual students in front of me.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would encourage you to throw yourself into it, because when you work with people, the time you invest always has a return. Always. So form genuine connections with your coworkers as well as the students you work with!

About the Organization
Fiver Children’s Foundation
New York, NY

The Fiver Children's Foundation is a comprehensive youth development organization that makes a 10-year commitment to children from underserved communities throughout New York City and central New York. Through character-building summer and year-round out-of-school time programs, Fiver empowers children to make ethical and healthy decisions, to become engaged citizens, and to succeed in school, careers, and life.
Laure McIsaac (Mechanical Engineering, 2017)
Summer Intern in Product Development
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I worked in the Global Engine Engineering (GEE) division of Product Development at Ford, in a systems group for large diesel engines. I did a combination of engineering design and project management for the engines that go into the super duty pick-up trucks. My internship included many small projects contributing to prototyping engines for the 2020 engines. I also had many opportunities to visit labs, learn about different aspects of Ford, as well as test drive prototype vehicles, and take apart an engine.

How did you find your internship?
SWE (Society of Women Engineers) national conference.

What do you enjoy most about your internship?
My supervisor made sure I was learning throughout the summer. He would send me to different divisions of the company, take me along to meetings, or send me to coworkers whenever something interesting was happening.

What do you find challenging?
My group has to make sure that every single system, subsystem, and part of the engine work together. There's a lot going on, and making one change can have a huge effect.

What advice would you offer to someone who wants to make the most of an internship like yours?
It's important to ask questions and go out of your way to work with other people. Take every opportunity offered!

About the Organization
Ford Motor Company
Dearborn, MI

Ford Motor Company is a global automotive and mobility company based in Dearborn, Mich. With about 201,000 employees and 67 plants worldwide, the company’s core business includes designing, manufacturing, marketing, financing and servicing a full line of Ford cars, trucks, SUVs and electrified vehicles, as well as Lincoln luxury vehicles. At the same time, Ford is aggressively pursuing emerging opportunities through Ford Smart Mobility, the company’s plan to be a leader in connectivity, mobility, autonomous vehicles, the customer experience and data and analytics.

- Shaneece Lane (Clinical Psychology, Child Study and Human Development, 2017)
- Servant Leader Intern
- Full-time, 45 hours per week
- Paid

**What do you do as an intern at this organization?**
I empower children of color (K-8) in low-income neighborhoods to achieve their dreams, facilitate a social justice-centered literacy curriculum to a class of 10 students, and work alongside fellow SLIs to guide morning assemblies, field trips, and afternoon activities.

**How did you find your internship?**
Jumbo Jobs and Children’s Defense Fund website

**What do you enjoy most about your internship?**
I enjoy helping to inspire 50+ students to pursue higher education and/or career goals. I also enjoy singing, dancing, and calling out chants every day in a room with good vibes – it’s constant positivity!

**What do you find challenging?**
It’s difficult to manage challenging behaviors. In addition, the early mornings and at-home preparation can be challenging.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
You don’t need to pursue education, but you DO need a love of learning and investing in children. For reference, the application deadline is in mid-February.

**About the Organization**
Freedom School, Children’s Defense Fund
Nationwide

The Freedom Schools® program seeks to build strong, literate, and empowered children prepared to make a difference in themselves, their families, communities, nation and world today. By providing summer and after-school reading enrichment for children who might otherwise not have access to books, the CDF Freedom Schools program plays a much needed role in helping to curb summer learning loss and close achievement gaps — and is a key part of CDF’s work to ensure a level playing field for all children.
Jake McGrath (Economics, 2019)
Business Operations Intern
Part-time, 24 hours per week
Unpaid

What do you do as an intern at this organization?
I assist in a lot of the day-to-day operations of the company. I helped create and organize an online filing system for important corporate documents. I also spent a significant amount of time working on a project where I analyzed the most popular/unpopular times for customers to make appointments and presented my findings to the CEO.

How did you find your internship?
Indeed.com

What do you enjoy most about your internship?
Working for a start-up is an incredibly rewarding experience. Your work, no matter how small, makes a profound impact on the company. Glam&Go, in particular, is experiencing extremely rapid growth, and it is a lot of fun being a part of this expansion.

What do you find challenging?
Performing menial tasks.

What advice would you offer to someone who wants to make the most of an internship like yours?
Make sure you do your company research before you apply. If you are not genuinely interested in their mission, you will have a miserable time working for them.

About the Organization
Glam&Go
Manhattan, NY

Glam&Go’s mission is to make beauty convenient. Our express styling bars are located where women need them most – fitness centers, hotels, residential & corporate towers – making great hair days accessible, affordable, quick & easy. Choose between a 30-minute signature blow out, or pop in for a 15-minute express style for just the right amount of professional pampering to get you gorgeous and going. Our Glambassador Monthly Memberships offer unlimited services, access to all locations plus exclusive VIP events & gifts from our perks partners. Dubbed the “the best-kept secret in hair,” our team of experienced stylists are hand-picked & extensively trained through our proprietary ‘Academy of Glam.’ With 10 prime locations between New York & Miami, Glam&Go makes getting your hair professionally done not about an occasion or somewhere to go, but instead turns great hair days, and the confidence they come with, into a daily luxury with the elevated experience.
Goldman Sachs | www.goldmansachs.com

- Alyana Verjee (Economics, ELS, 2017)
- Investment Banking Summer Analyst
- Full-time, 75 hours per week
- Paid

What do you do as an intern at this organization?
My summer was specific to the Sponsor M&A Execution team where I was tasked with compiling presentation materials, analyzing research and financial statements, formatting and creating Excel charts and setting up client meetings.

How did you find your internship?
Tufts Career Fair and individual research.

What do you enjoy most about your internship?
I enjoyed continually working with a team and being exposed to the leadership from some of the most profitable and recognizable companies in America.

What do you find challenging?
It was challenging to sustain productivity during the long hours, in addition to having a very unpredictable work stream.

What advice would you offer to someone who wants to make the most of an internship like yours?
Prepping for the interview and knowing the different groups and divisions within GS is key. Continually network and build your knowledge of valuation methods.

About the Organization
Goldman Sachs
New York, NY

We provide a wide range of financial services to a substantial and diversified client base that includes corporations, financial institutions, governments and high-net-worth individuals.
Software Engineering Intern
Full-time, 40-50 hours per week
Paid

What do you do as an intern at this organization?
I build data analysis software for Google Fiber.

How did you find your internship?
Mostly through connections -- initially from organizing / participating in the Hackathon.

What do you enjoy most about your internship?
I enjoy the freedom and the company's vision.

What do you find challenging?
I'm challenged by time management and having the guts to ask people for coffee.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be afraid to explore! I check out different buildings and talk to different teams quite often.

About the Organization
Google
Mountain View, CA

Google Fiber is trying to realize Google's dream of giving high-speed, reliable, and affordable internet to everyone.
Grain Surfboards | www.grainsurfboards.com

- Jarad Asselin (Cognitive and Brain Sciences, 2017)
- Intern
- Part-time, 35 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
As an intern at Grain, I performed some boring tasks like filing Grain's invoice slips from the last five years. But mostly, the tasks were interesting and challenging. I helped Grain regionalize their mailing list. I also was involved in preparing for Grain's monthly board-building classes and helping ship materials to Grain's west coast board-building classes.

**How did you find your internship?**
I started surfing in York, Maine in the fall of 2015 and I saw Grain's company van set up for a board demo. I went home and checked them out online and realized how cool their company philosophy is. I emailed the owner (they had hired summer help before), and as long as I was okay with an unpaid position, I had the job.

**What do you enjoy most about your internship?**
I enjoy being able to make a real impact. Because the company is so small, an extra intern can really make the business run smoother. But getting to ride the demo boards is by far the biggest perk.

**What do you find challenging?**
Grain's focus on quality was the most challenging part of my internship. Even in trivial things like the fabric covering a board stand or the way the wax looks on a demo board, Grain employees demand a really high level of quality.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Ask a lot of questions. Offer to help beyond what is required. Learn to speak the language of your new co-workers.

**About the Organization**
Grain Surfboards
York, ME

In 2005, our passion for board sports merged with our understanding of the importance of quality, some woodworking chops, and a sincere commitment to sustainable practices. Grain was born, and soon after, a tidy shop on a farm in York, Maine became our home -- a place where we build surfboards one at a time and continue to share the experience with people from all over the world.
Bailey Wernrer (Biology, Environmental Studies, 2017)  
- Green Team/South Street Farm Site Leader  
- Full-time, ~35 hours per week  
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
Green Team interns work with a group of youth (ages 14-20) in maintaining an urban farm, from which we harvest produce to sell at a mobile farmer's market. Green Team interns also lead sustainability, equity, and environmental justice-themed workshops and support the youth in participating in other experiential and educational projects and excursions.

How did you find your internship?
One of my friends worked for Groundwork Somerville in the past. I applied for the Tisch Summer Fellows position as a Green Team intern and didn't get it, but then applied directly to the organization.

What do you enjoy most about your internship?
I loved working at Groundwork this summer. It was great to spend most of my days outside on the farm, and I feel like I really got to know the city of Somerville well, not just by biking to work and the farm every day, but also by talking to the youth, most of whom grew up and live in the city. I would have to say, however, that my favorite part of this summer was working with the members of the Green Team. I had a lot of fun working with and learning from them on the farm and during our workshops and conversations.

What do you find challenging?
The most challenging part of the internship was finding a balance between work and fun. Because the Green Team is getting paid for the work they're doing, and because one of the Team goals is to prepare the youth to be responsible employees at future jobs, it was important to hold them to high standards. This meant we had to address any behavioral issues, even when it was tempting to let things slide and let them do what they wanted (especially since many were not much younger than myself). The internship also starts pretty early (7:30 am Tues.-Fri.), so it can be physically tiring at times, especially during the hotter weeks of the summer.

What advice would you offer to someone who wants to make the most of an internship like yours?
Talk to the people you work with! Most of what I've learned this summer has resulted from talking with the members of the Green Team. Also, make sure you get a good night's rest. A job like this requires a lot of energy, and it's really hard to keep everyone motivated and complete all the day's tasks if you're exhausted. It seems obvious, but it was definitely something I had to learn in the beginning.

About the Organization
Groundwork Somerville
Somerville, MA

Groundwork Somerville strives to bring about the sustained regeneration, improvement and management of the physical environment through the development of community-based partnerships that empower people, businesses and organizations to promote environmental, economic and social well-being.
Harvard Medical School, Church Lab | http://arep.med.harvard.edu

- Lucas Brown (Biochemistry, Biotechnology, 2018)
- Research Assistant
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I work at my grad student’s bench, helping him with experiments and carrying them out when he isn’t here. I also take care of the mundane chores in the lab, such as changing the trash and sterilizing the work bench.

How did you find your internship?
I went on a tour of the Church Lab after I heard a talk given by one of its post-docs. After the tour, I looked into working there over the summer and applied to their internship program.

What do you enjoy most about your internship?
I enjoy independently working on projects and being able to function effectively in an actual lab setting. It’s taught me a lot about my chosen field of study.

What do you find challenging?
Sometimes I make mistakes. A lot of the time, actually. Sometimes results make no sense whatsoever, and you have no idea what you could have possibly done wrong. You just have to persevere and keep trying things until they work.

What advice would you offer to someone who wants to make the most of an internship like yours?
Lab internships aren’t the hardest to get, but you need to apply well ahead of time to beat the crowd. I found that applying in January for a summer position put me first in line in a lot of cases.

About the Organization
Harvard Medical School, Church Lab
Boston, MA

The Church Lab focuses on the field of synthetic biology and its many applications in the world of medicine and industry. Having made many of the most prominent discoveries in the field, the Church Lab continues to innovate and work everyday towards a brighter future.
Harvard Medical School | http://cellbio.med.harvard.edu

- Albert Park (Biology, 2017)
- Undergraduate Research Fellow
- Full-time, 50 hours per week
- Paid; American Cancer Society Fellowship

What do you do as an intern at this organization?
As an ACS undergraduate research fellow, I am pursuing projects in metabolism and protein characterization. Daily tasks entail planning and carrying out experiments with the aim of elucidating the roles of sirtuins in colorectal cancer.

How did you find your internship?
I directly contacted the professor, while the ACS fellowship I applied for separately.

What do you enjoy most about your internship?
The position presents an opportunity to pursue projects with a certain degree of independence that I would expect to experience in a graduate setting.

What do you find challenging?
Experiments often fall through or require strenuous trouble-shooting. Guidance is therefore regularly needed; that being said, such challenges have served as great learning opportunities and there are abundant sources for help if one asks for it.

What advice would you offer to someone who wants to make the most of an internship like yours?
I feel that a summer dedicated to research can be as immersive and meaningful as you want it to be. Communicate clearly, learn from the people around you, and keep an open, reflective mind. I would recommend probing summer research positions in the fall and planning application logistics before winter recess.

About the Organization
Harvard Medical School
Boston, MA

Harvard Medical School has been synonymous with excellence in education, research, and clinical care for generations. Our mission, to alleviate human suffering caused by disease, extends to all members of society and all corners of the globe. Since the School was established in 1782, faculty members have improved human health by innovating in their roles as scholars, physicians, and mentors. They have piloted educational models, developed new curricula to address emerging needs in health care, and produced thousands of leaders and compassionate caregivers who are shaping the fields of science and medicine throughout the world with their expertise and passion.
Heartland Alliance-Refugee Health Programs | www.heartlandalliance.org

- Marian Woznica (International Relations, History, 2017)
- Program Intern
- Full-time, 37 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My daily tasks include going on home visits with the health promoters and nutritionist, helping them with projects around the neighborhood and assisting the director with office activities. I conducted a summer-long evaluation of one of its programs, which involved interviewing staff from different agencies. Intern duties have flexibility depending on what the program needs.

How did you find your internship?
My mom used to work for Heartland Alliance, so I found out about it through her.

What do you enjoy most about your internship?
I like that I have a lot of independence in completing my projects. I'm getting a lot of first-hand experience and have interacted with many refugees. I have set up workshops and created presentations for refugees and their service providers designed to change the way they think about health. I have learned so much about Chicago's resettlement situation in just three months here. I also has the opportunity to create my first website.

What do you find challenging?
I have battled with compassion fatigue and working with organizations that are underfunded and overworked. Many times there are projects I want to do or situations I see as being easily fixed, but lack of funding has made these things difficult to resolve. Doing human rights work also makes me feel like I am contributing positively to society, but it has forced me to find solace in self-care. I've tried to avoid compassion fatigue, but it can be difficult.

What advice would you offer to someone who wants to make the most of an internship like yours?
If you are interested in International Relations and Community Health and want a lot of hands on experience, you should pursue this internship. If you want to make the most of it, you should go to as many home visits as you can, meet as many service providers as you can, and be proactive -- rather than reactive -- about starting projects. Normally, they take grad school interns, but if you express a specific interest, they could take undergrads. The application deadline is around March/April.

About the Organization
Heartland Alliance-Refugee Health Programs
Chicago, IL

The Heartland Health Outreach Refugee Health Programs (RHP) team of Refugee Health Promoters and Refugee Dietician provide culturally and linguistically appropriate outreach, interpretation, health education, health promotion and nutrition services to the Chicago refugee populations. The program also coordinates the Refugee Health Task Force, a coalition of refugee resettlement agencies, health centers, and other community-based refugee service agencies to provide multilingual health education resources.
Chris Kearns-McCoy (International Relations, 2018)
Resettlement Intern
Full-time, 37 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
HIAS/RSC Austria works to resettle Iranian religious minorities to the United States. Because of the sensitive nature of the work, I cannot describe my duties in detail. Generally, though, my duties involved processing application paperwork and preparing materials for other parts of the process.

How did you find your internship?
I found my internship on a website called idealist.org with the help of a Tufts Career Center advisor.

What do you enjoy most about your internship?
I greatly enjoyed the moments in which I got to see the meaning my work had in real people’s lives. The moments of interacting directly with refugees and seeing how much their resettlement to the United States mattered to them made every bit of paperwork feel eminently worthwhile.

What do you find challenging?
One of the most challenging things about my internship was maintaining an essential level of attention to detail. I performed some tasks hundreds of times, but each time it was vital to pay complete attention given the consequences of a mistake.

What advice would you offer to someone who wants to make the most of an internship like yours?
In an internship such as this one, it is very important to actively seek out new skills and learning opportunities. In my experience, person happily taught me when I asked to learn and made certain I completely understood the tasks, but it was incumbent on me to take the initiative.

About the Organization
HIAS/RSC Austria
Vienna, Austria

Impassioned by our mission, we bring the lessons of HIAS’ history and Jewish ethics and experience to our commitment to serve refugees and other displaced persons of concern around the world through the following values: Welcoming, Dignity and Respect, Empowerment, Excellence and Innovation, Collaboration and Teamwork, and Accountability.
**Hooker Research Group -- Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School | [http://hookerlab.martinos.org](http://hookerlab.martinos.org)**

- Thomas Morin (Cognitive and Brain Sciences, Computer Science, 2017)
- Pre-graduate Research Intern
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**

Our lab works to develop new brain-imaging techniques and conducts studies of many brain diseases including Alzheimer's Disease, Schizophrenia, Autism, and Addiction. As an intern, I have worked mostly with image-analysis technologies. Most of my time is spent reading relevant literature or writing/testing code in Matlab, C++, or Python. Specifically, my project this summer examined how prescription drugs might elicit changes in brain functional connectivity.

**How did you find your internship?**

I found the Hooker Research Group during a Google search for "Neuroimaging Labs in Boston." I contacted them through the form on their website, inquiring about any summer internship opportunities. After two Skype interviews and a lot of paperwork, I was ready to start.

**What do you enjoy most about your internship?**

The best part of this internship is that the lab members allow you to play a significant role working on real research projects. The code I have written will be used by many future researchers and has helped to make impactful contributions to science. Additionally, working at the Martinos Center for Biomedical Imaging has provided me with great opportunities to network and prepare for Graduate School.

**What do you find challenging?**

At the beginning, the most challenging part was acclimating to spending eight hours/day, five days/week at a computer writing code. As the summer progressed, I took on additional responsibilities and was not just coding everyday, but then it became difficult to find enough time in the day to write code.

**What advice would you offer to someone who wants to make the most of an internship like yours?**

Undergrads typically start to solicit the lab about possible summer opportunities in January/February. Be sure to get in contact early because they can only take on a few interns each summer. Additionally, the lab cannot provide funding for undergrads, so be sure to apply for the Career Center's Summer Internship Grant. While I worked on projects that were computer-science-heavy, the lab is a radio-chemistry lab first, so most other interns will work on chemistry projects. The type of project you'll work on depends on your interests and finding a good match with a lab member who could use some help from an undergrad.

**About the Organization**

Hooker Research Group -- Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School; Charlestown, MA

Our mission is to accelerate the study of the living, human brain and nervous system through development and application of molecular imaging agents by fostering a positive, cross-disciplinary training environment; applying chemical, biochemical, and imaging techniques; synergizing efforts with world-class researchers in academia and industry; and creating impact through publication, licensing intellectual property, and outreach.
George Roumeliotis (International Relations, Economics, 2017)
Summer Analyst
Full-time, 60 hours per week
Paid

What do you do as an intern at this organization?
I work on pricing of various financial products, preparation of presentations, maintenance of trading records, and research/analysis of fixed income investment opportunities in Latin America.

How did you find your internship?
I applied through the company website and also had a friend refer my resume.

What do you enjoy most about your internship?
The most enjoyable part of my internship was the challenge to think critically and quickly, coupled with the satisfaction of doing real work and adding tangible value.

What do you find challenging?
The most challenging part of the internship was learning the various systems and processes of the trading desk on my own.

What advice would you offer to someone who wants to make the most of an internship like yours?
Apply early, show an interest in international finance, and have a positive attitude.

About the Organization
HSBC Global Markets
New York, NY

Founded in 1865 to finance trade between Asia and the West, today HSBC is one of the world’s largest banking and financial services organizations serving around 46 million customers. Our aim is to be acknowledged as the world’s leading and most respected international bank.
Hub Strategy and Communication | http://hubsanfrancisco.com

- Dexter Eichhorst (Cognitive and Brain Sciences, 2018)
- Research Assistant
- Full-time, 45 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I research new business, work on extraneous projects, and create work extolling the benefits of Hub’s branding strategy and general marketing style.

How did you find your internship?
Family referral

What do you enjoy most about your internship?
I enjoy experiencing the reality of working a full-time job and evaluating my career inclinations accordingly.

What do you find challenging?
It is difficult to stay challenged, engaged, and happy in the "real world" environment.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be self-driven, contact important people often and don't be offended if they don’t respond. Know what you want to get out of it.

About the Organization
Hub Strategy and Communication
San Francisco, CA

Hub Strategy & Communication is a fully integrated advertising, strategy, design, and production company located in the San Francisco area’s Presidio District. Hub is made up of sixteen members and works with local businesses and organizations to create an identity for clients through various forms of media. Hub has worked through television, web, print, radio and other mediums for clients like the Oakland Athletics, San Francisco 49ers, Microsoft, Google, LinkedIn, Nike and others.
Human Connections | http://humanconnections.org

- Jack Lajoie (International Relations, 2017)
- Marketing and Growth Intern
- Full-time, 40 hours per week
- Unpaid

**What do you do as an intern at this organization?**

Human Connections is a vibrant and dynamic organization run by some of the most amazing people you will ever meet. Interns are split into groups and work on specific projects managed closely by a staff member. Projects vary from year to year, but they publish a description along with the program advertisement on their website so you'll know what the projects are beforehand. Generally, though, it will involve four days a week devoted to team projects (marketing, management, education, etc.) and one day dedicated to a community consulting project. Work is highly self-directed and leaves lots of room for creativity and personal growth.

**How did you find your internship?**

I came across their website via the Tisch Scholars mailing list, and when I saw the name I remembered that one of my friends had interned there the past summer, so I looked into it and found a gem!

**What do you enjoy most about your internship?**

The part that I most enjoyed was the opportunity to be fully immersed in the community that I was working in. Economic development initiatives and other community-based growth plans often lack intimate knowledge of the communities they seek to serve, which can negate their efforts in the end. At Human Connections, all the entrepreneurs we were working with seemed to be personal friends of the directors. HC has really put in the time required to get to know and understand the people they help, and it's amazing to be a part of a great community relationship like this. Also, at HC you are seen as a whole person, not just a worker. Personal growth is just as important as our work there.

**What do you find challenging?**

The most challenging part for me was maintaining a 9-5 schedule for the first time in my life. It's particularly tough when you look out the window of the office and see a beautiful Mexican beach along the Banderas Bay only 2 blocks away.

**What advice would you offer to someone who wants to make the most of an internship like yours?**

Apply early and make sure you get university funding! It's an international internship, so most of the deadlines for grants are a little earlier, usually mid-March. Also, make sure to choose the home-stay option if you want to practice Spanish and have an authentic Mexican experience. Ask if Jorge is available and tell him I said hi!

**About the Organization**

Human Connections; Bucerías, Nayarit, Mexico

Human Connections is a 501(c)(3) non-profit organization founded on the notion that seeing the world from diverse perspectives inspires vision, innovation, and action towards lasting social change. Our work starts with our clients — low-income artisans, tradespeople, and business owners in Latin America. We then invite travelers and students to visit and interact with our clients through day tours, Global Engagement Trips, and internships. These unique experiences facilitate a mutually beneficial exchange of knowledge, perspectives, and resources. We then channel the profits from our programs directly into English and business classes for our clients and their communities. While our model is multifaceted, our goal is simple: to foster connections that have a positive and lasting impact on all people involved.
Caroline Nowak (Economics, Computer Science, 2018)  
Watson Solutions Business Strategy  
Full-time, 40 hours per week  
Paid

**What do you do as an intern at this organization?**
I managed a cross-disciplinary team of eight local and remote interns to define a business case for Watson technologies in financial risk management. In addition, I analyzed market opportunity in the Energy and Utilities sector for big data analytics and developed use cases through user interviews and design thinking methodology.

**How did you find your internship?**
Family referral

**What do you enjoy most about your internship?**
Every day I was challenged to work hard, think differently, and dream big. I also enjoyed the fact that I got to work with inspiring and talented people.

**What do you find challenging?**
Taking initiative was challenging. Initially, I did not want to get in the way of full-time employees by asking questions, but I realized that doing just that was integral to my success. So I started asking a lot of questions and taking initiative with my own ideas.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
I applied in the late spring. There isn't a deadline for the same internship right now because it is too early for applicants. The interview questions required knowing the company and position well. My advice is to spend a good amount of time researching before going into interviews.

**About the Organization**
IBM Watson  
Austin, TX

IBM is a global technology and innovation company headquartered in Armonk, NY. It is the largest technology and consulting employer in the world, with more than 375,000 employees serving clients in 170 countries. IBM offers a wide range of technology and consulting services; a broad portfolio of middleware for collaboration, predictive analytics, software development and systems management; and the world's most advanced servers and supercomputers. Utilizing its business consulting, technology and R&D expertise, IBM helps clients become "smarter" as the planet becomes more digitally interconnected.
Tufts Internship Profiles 2016

iD Tech Camps | www.idtech.com

- Olivia MacDougal (Computer Science, 2018)
- Instructor
- Full-time, 50-60 hours per week
- Paid

What do you do as an intern at this organization?
I teach kids (ages 7-17) to program, lead activities (gaming tournaments, outdoor sports, etc.).

How did you find your internship?
Friend referral

What do you enjoy most about your internship?
It was really rewarding when the kids presented their final projects to their parents every Friday because the parents were always very impressed, and both the kids and I felt really proud of their accomplishments.

What do you find challenging?
The time commitment was a lot; even after going home, there was more to do in the way of prep work, writing diplomas, etc.

What advice would you offer to someone who wants to make the most of an internship like yours?
Unless you really love middle schoolers, try to sign up to teach only Group 3 courses (teens!). They are less exhausting, take less prep work, and are just generally easier to deal with.

About the Organization
iD Tech Camps
St. Louis, MO

We’re deeply passionate about empowering the next generation of coders, app developers, game designers, engineers, and innovators. For the last 17 years, our family-operated, employee-owned company has been enriching the lives of students. Our core values guide us: safety, cutting-edge curriculum, personalized instruction, "Positively Outrageous Service," and a deep belief in philanthropy. Explore a prestigious college campus with us. We’ll see you this summer!
Infrasense | http://www.infrasense.com

- Steven Woodruff (Civil Engineering, 2017)
- Junior Staff Engineer
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I am part of a team that analyses the condition of bridge decks and pavement using non-destructive testing (NDT) analysis. I work in the field collecting radar and infrared data and analyze it in an office to create a report to send to clients.

**How did you find your internship?**
I found this internship through a referral by a professor in the CEE department.

**What do you enjoy most about your internship?**
The mixture of fieldwork and analysis gives me a lot of experience and has let me decide which field I'd like to pursue. My schedule is also very flexible, which is convenient.

**What do you find challenging?**
The most challenging part of my job is managing the subjective nature of some of the data coming in and making decisions on how to properly analyze and report the results. Problem-solving skills are important.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
If you want to succeed at this internship, I'd suggest you learn how to manage your time with projects and show an interest in learning about the technology the company uses (e.g., GPR, TWD, & IR).

**About the Organization**
Infrasense
Woburn, MA

Infrasense is an engineering firm that specializes in the non-destructive evaluation (NDE) of bridge decks, highway and airfield pavements, tunnels, parking structures, and other transportation facilities. Our capabilities are supported by research, refined through years of practical experience, and validated with extensive ground truth confirmation.
Institut Pasteur | www.pasteur.fr

- Brian Bertini (Chemical Engineering, French, 2017)
- Research Intern
- Full-time, 50 hours per week
- Paid

What do you do as an intern at this organization?
I work within the microbiology department at Institut Pasteur, specifically as part of Biology and Genetics of the Bacterial Cell Wall unit. The goal of my project is to determine the cellular localization of the proteins that are essential for peptidoglycan biosynthesis in Helicobacter pylori by using fluorescent fusion proteins and peptidoglycan enzymes. Some lab techniques used include bacterial cell culture, PCR, Western Blotting, fluorescence microscopy, gene cloning and plasmid construction via Gibson assembly.

How did you find your internship?
I found this internship from a google search for chemistry and biology research internships in France. This internship was offered through the Pasteur Foundation through the following link: http://www.pasteurfoundation.org/scientific-careers/summer-intern

What do you enjoy most about your internship?
I enjoy working at a global institution alongside scientists and other interns from around the world. The research is not only fascinating but intellectually stimulating and challenging. Additionally, the opportunity to work and live in Paris for the summer is incredible.

What do you find challenging?
There is a greater degree of independence in my daily workload, which is quite different than my experience working in a Tufts research lab. It is up to me to design my own experiments and to troubleshoot when experiments do not work correctly. However, I enjoy this independence and the scientists I work alongside always offer me advice.

What advice would you offer to someone who wants to make the most of an internship like yours?
A knowledge of the French language is not required, but it has been extremely helpful for me to have the capacity to speak French with other researchers to better integrate myself within the lab. The application deadline is at the end of January, and application components include a few essays/short answers, two letters of recommendation, and a description of past research lab experience.

About the Organization
Institut Pasteur
Paris, France

The Institut Pasteur was opened on November 14, 1888 thanks to Louis Pasteur’s international appeal for funds. He now had the facilities to extend vaccination against rabies, continue research on infectious diseases and share the resulting knowledge. The Institut Pasteur is a private, non-profit foundation. Its mission is to help prevent and treat diseases, mainly those of infectious origin, through research, teaching, and public health initiatives.
Marianna Marques (Community Health, 2017)
Latin America Team Intern
Full-time, 40 hours per week
Unpaid but receiving grant/financial assistance (Health Career Connection Program)

What do you do as an intern at this organization?
I worked full-time on the Latin America team through the Health Career Connection internship program and supported projects in Latin America to reduce the C-section rate in Brazil. In addition, I performed and presented grant research and assisted in Portuguese translations and communications.

How did you find your internship?
Health Career Connection Program

What do you enjoy most about your internship?
I enjoyed the friendly work environment. The people were warm and welcoming.

What do you find challenging?
The most challenging part of my internship was coming in without prior business experience.

What advice would you offer to someone who wants to make the most of an internship like yours?
Take initiative. Don't wait for people to tell you what to do. Ask if you can help other departments that you are interested in. Conduct informational interviews and expand your network.

About the Organization
Institute for Healthcare Improvement
Cambridge, MA

The Institute for Healthcare Improvement (IHI), an independent not-for-profit organization based in Cambridge, Massachusetts, is a leading innovator, convener, partner, and driver of results in health and health care improvement worldwide. At our core, we believe everyone should get the best care and health possible. This passionate belief fuels our mission to improve health and health care.
Nishadh Sutaria (Biochemistry, 2017)
R&D Critical Care Analytical Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I assisted in testing developmental blood-gas analyzers by preparing and running whole blood and serum samples. I also performed some data analysis with Excel and Minitab.

How did you find your internship?
Indeed.com

What do you enjoy most about your internship?
I enjoyed being able to help develop new technology that can measure certain analytes with a direct link to patient well-being. Everyone is also very friendly here.

What do you find challenging?
It was challenging to absorb and understand the vast amount of information needed to contribute, as well as decipher raw data and turn it into something meaningful.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask questions, be eager to learn, and work hard. Understand how you’re contributing to the project as a whole, beyond the scope of your work. Make connections and talk to people outside of your project as well. If you’re a lab intern, brush up on your electrochemistry.

About the Organization
Instrumentation Laboratory
Bedford, MA

At Instrumentation Laboratory, we’re passionate about bringing medical professionals the most valuable and complete solutions for their testing needs. As market leader in diagnostic instruments for critical care and hemostasis, our success comes from a specific focus on these rapidly evolving technologies, commitment to and understanding of our customers and dedication to innovation and quality. Our solutions build on decades of landmark discoveries that benefit patients and caregivers, including the centrifugal analyzer, enhanced solid state fluidics, CO-Oximetry and many more. Instrumentation Laboratory holds more than one hundred patents vital to the advance of medicine — and with our vigorous R&D program, new breakthroughs are on the way.
International Council on Clean Transportation | www.theicct.org

- Mariah Harvey-Brown (Economics, Environmental Studies, 2018)
- Research Assistant
- Full-time, 45 hours per week
- Paid

What do you do as an intern at this organization?
I am putting together a baseline of the vehicle fleet in South Africa to serve as a framework for fuel efficiency standards and cleaner technologies.

How did you find your internship?
I heard about the organization through family friends and then applied via their website/standard application.

What do you enjoy most about your internship?
I love that I’m doing original research that can actually have real-world impacts. The ICCT has already done similar projects in Brazil, India, Europe and the U.S., so this helps them expand their mission to a new location, and hopefully will have a trickle-down effect to neighboring countries.

What do you find challenging?
My boss is located in DC, so we can only communicate via Skype and email. If I have a question and can’t reach him, I have to be resourceful enough to figure it out on my own. Or if I encounter some sort of block in my research, it’s my job to find another way to use my time productively.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask questions!! Talk to the people in your office and ask them what they’re working on. In my experience, people love to talk about themselves and share what they’re doing, and you can learn a lot just by listening.

About the Organization
International Council on Clean Transportation
San Francisco, CA

The International Council on Clean Transportation is an independent nonprofit organization founded to provide first-rate, unbiased research and technical and scientific analysis to environmental regulators. Our mission is to improve the environmental performance and energy efficiency of road, marine, and air transportation, with the goal of benefitting public health and mitigating climate change.
J. Walter Thompson | www.jwt.com

- Nayantara Dutta (Psychology, Music and Mass Communications and Media Studies, 2017)
- Innovations Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I perform SEO and e-list organization tasks, draft emails to clients, read industry news for use in trend forecasting, and conduct preliminary research for blog posts and trend reports.

How did you find your internship?
Referral from a previous employer

What do you enjoy most about your internship?
The work that we do is incredible and so interesting. We predict trends before their onset through researching cultural shifts and identifying early signs of activity that will grow in momentum. Everyone at the company is extremely kind, funny, and welcoming.

What do you find challenging?
I am the first intern the department has ever had, so my days are mostly self-directed, and I often go through slow periods where there's nothing to do. Since the work is so niche and my colleagues are so experienced, I'm not able to contribute as much to their projects as I would like and often feel on the fringe of the exciting things that are happening.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be proactive, confident, creative, and persistent. Network like crazy, and make sure your professional online presence and portfolio are exceptional. The application is only the first step of the process -- submit it as early as possible, find a way to get an interview with HR, and make sure that you go above and beyond in following up and proving your interest (e.g., make a sample blog post of what your work for them would look like).

About the Organization
J. Walter Thompson
New York, NY

The Innovation Group is J. Walter Thompson’s in-house creative think tank for the future. The practice produces groundbreaking thought leadership, consumer insight, and sector innovation content.
J.P. Morgan Private Bank | www.jpmorgan.com

- Gauri Seth (Economics, Political Science, Finance Minor, 2017)
- Banking Analyst
- Full-time, 75-80 hours per week
- Paid

**What do you do as an intern at this organization?**
I supported bankers and investors by creating consolidated asset reports, asset allocation summaries, and all other relevant materials for client meetings. I also had to prepare a client pitches on J.P. Morgan Private Bank and on an investment solution.

**How did you find your internship?**
J.P. Morgan's on-campus recruitment event

**What do you enjoy most about your internship?**
It's very fast paced. A lot is expected from you very quickly, so it really gives you the opportunity to prove yourself.

**What do you find challenging?**
There was definitely a very steep learning curve, even just in terms of knowing the specific acronyms and vocabulary used.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
You definitely have to have a knowledge of and interest in what's going on in the markets to succeed in this role. Make sure you're following what's going on, even before you start, and brush up on your Excel shortcuts.

**About the Organization**
J.P. Morgan Private Bank
New York, NY

J.P. Morgan is a global leader in financial services, offering solutions to the world's most important corporations, governments and institutions in more than 100 countries. The Firm and its Foundation give approximately US$200 million annually to nonprofit organizations around the world. We also lead volunteer service activities for employees in local communities by utilizing our many resources, including those that stem from access to capital, economies of scale, global reach and expertise.
Jane Acker (Quantitative Economics, Dance, 2017)
- Market Research Intern
- Full-time, 40-50 hours per week
- Paid

What do you do as an intern at this organization?
I conduct data analysis of global, national, and local markets for office, industrial and retail sectors. I am assigned special projects in multifamily and medical offices and use statistical software, excel, and data visualization tools to compile and present information for reports.

How did you find your internship?
Family friend referral

What do you enjoy most about your internship?
Complete freedom to develop research (and transparency) in a field that has largely neglected such and to present it in a unique way. Great team, and open environment where new ideas are encouraged.

What do you find challenging?
At the headquarters, getting tuned into the organization’s structure, goals and network of departments was often challenging. Lots of resources means lots of bureaucracy. You must work hard to stand out.

What advice would you offer to someone who wants to make the most of an internship like yours?
You should have strong analytical skills and a passion to learn about real estate - it doesn’t hurt if you already know the real estate landscape of the market you will work in. If you also have a manager you want to work under, it will make a difference. If you have a specific contact in the specialty you’re targeting (Project Management, Capital Markets, Research, Marketing, HR, Tenant Rep, Agency...) at JLL, you will have an easier time securing an internship.

About the Organization
JLL
Chicago, IL

JLL is a financial and professional services firm that specializes in commercial real estate services and investment management. We’re in business to create and deliver real value through commercial real estate for clients, shareholders and our own people. In a complex world that is constantly changing, JLL is committed to helping you understand and navigate the intricacies of commercial real estate—whether you’re an investor or occupier of space.
Lisa Meehan (International Relations, Community Health, Spanish, 2017)
International Division Intern
Full-time, 45 hours per week
Paid

What do you do as an intern at this organization?
My work at JSI was multifaceted; it was a combination of new business development, backstopping (supporting existing international projects), and helping out with administrative tasks. My tasks ranged from helping to write a white paper and proposal for a CDC ZIKA virus funding opportunity, to quality checking, printing and mailing a 700-page proposal to Nigeria, to booking hotels and catering orders and scheduling meetings for visiting staff members from other countries, to math-checking budgets, to filing and organizing vouchers for audits. I learned about all aspects of the organization because I was involved in so much.

How did you find your internship?
A previous employer mentioned the company to me, and I looked it up and applied online. I didn't have any personal connections with the company.

What do you enjoy most about your internship?
I loved the size of the company (big -- so there were lots of people to meet and learn from) and that I didn't just work with one supervisor; anyone from the international health division could give me assignments, so I worked with everyone on pretty much everything. I was hardly ever bored. It was also cool because there were projects in many different geographical regions and areas of health to learn about and get involved in.

What do you find challenging?
It was geographically pretty far from Tufts (over an hour commute each way because I lived uphill), and a lot of hours in an office, the combination of which could be pretty exhausting. It was also sometimes hard to see the connection between the work I was doing (which was sometimes pretty administrative, like copy editing or audit preparation) and the health outcomes it would lead to. But not all the work was purely administrative, and overall it was great!

What advice would you offer to someone who wants to make the most of an internship like yours?
I'd recommend taking advantage of all the connections you'll make there and not being afraid to explore and try to get information on projects that interest you. The application deadline for the summer is usually mid-February to early March. You can find all their listings on the website.

About the Organization
John Snow, Inc.
Boston, MA

JSI exists to improve the health and well-being of underserved and vulnerable people and communities throughout the world, and to provide an environment where people of passion and commitment can pursue this cause.
Kamala Harris for U.S. Senate | www.kamalaharris.org

- Eric Brook (Philosophy, 2019)
- Finance and Policy Intern
- Part-time, 20 hours per week
- Unpaid

What do you do as an intern at this organization?
I worked to assist the policy and research departments by producing political memos and briefs for the Attorney General herself, managing donor datasets, tracking policy and polls throughout California’s 58 counties and aiding in the vetting and endorsement process of elected officials.

How did you find your internship?
My cousin forwarded my resume to one of the campaign directors, who then reached out to me.

What do you enjoy most about your internship?
I most enjoyed the interaction I had with campaign leadership and Kamala Harris herself.

What do you find challenging?
Many interns were cutthroat and pre-professional, and navigating around them proved to be challenging and stressful.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be proactive about doing research early on and be ready with a resume and cover letter by March.

About the Organization
Kamala Harris for U.S. Senate
Los Angeles, CA

This campaign is about uniting Californians to fight for the ideals of our state and our country. We’re all in this together. “I will be a fighter for middle class families who are feeling the pinch of stagnant wages and diminishing opportunity. I will be a fighter for our children who deserve a world-class education, and for students burdened by predatory lenders and skyrocketing tuition. And I will fight relentlessly to protect our coast, our immigrant communities, and our seniors.” ~ Kamala Harris
Kristin Tomecek (English, Music; Film, 2018)
Production Intern
Full-time, 40 hours per week
Unpaid but receiving career credit

What do you do as an intern at this organization?
As a production intern, I primarily worked on script coverage -- an industry term for reading scripts, pilots, books, plays etc. -- and writing summaries and critiques for the executives to read. Other tasks included answering phones, filing, reading competitive material, running errands and compiling writer/director/actor lists for company executives.

How did you find your internship?
The opportunity presented itself to a peer at Tufts University Television through familial connections. He had already accepted another internship and was unable to accept. He then connected me with the exec at Langley Park, I had a phone interview and sent a sample of a film critique, and then the job was mine!

What do you enjoy most about your internship?
I loved being a part of the film world. You never knew who might pop up on the lot or in the studio – James Jagger, Jim Parsons, Peter Jackson. It was exciting to be in a happening area full of all things film, from movie premieres to props and costume archives. I also learned so much about how I read and analyze stories. It felt great to be able to offer value with my English major, having developed skills about evaluating writing that were extremely helpful.

What do you find challenging?
The unwritten office rules and unspoken industry hierarchy can be laborious at times. Treading the fine line of being a hard worker and attentive to your superiors while not being overly ambitious is hard when you are eager to learn as much as you can.

What advice would you offer to someone who wants to make the most of an internship like yours?
Say yes! No money? No place to stay? No connections? Who cares! Just say yes. I had none of the aforementioned necessities when I accepted this job and I’m happy that I did.

About the Organization
Langley Park Pictures - Warner Bros Studios
Burbank, CA

Langley Park Pictures, a studio-based production company on the Warner Bros lot, most recently produced the romantic drama The Lucky One starring Zac Efron, the 2011 comedy Arthur starring Russell Brand and Helen Mirren, and Gangster Squad starring Sean Penn, Josh Brolin, Ryan Gosling and Emma Stone. We are seeking interns who are motivated, organized and easy going students interested in learning about film development and production for school credit in a collegial office environment.
The Legal Aid Society of Rochester, Immigration Department | www.lasroc.org

- Olivia Dehm (Peace and Justice Studies, Psychology, 2017)
- Immigration Intern
- Full-time, 40-45 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I do all intake interviews with clients, manage communication between our office and clients, help prepare immigration applications, assist with asylum case research and shadow attorneys in court.

How did you find your internship?
A friend from my hometown who had volunteered at Legal Aid recommended I check it out. It was the most serendipitous of recommendations, and it led to a life-altering experience with Legal Aid that has set me on the path toward law school.

What do you enjoy most about your internship?
What I love most is that I have a high amount of responsibility and what I do feels meaningful and worthwhile. The Legal Aid Society is a pro bono law agency, and everyone who works there truly cares about expanding access to justice and helping underserved communities. Additionally, I enjoy having a huge amount of client interaction, and I learn so much from every individual case.

What do you find challenging?
Communicating with clients in Spanish can be challenging at times, particularly over the phone. But this challenge has inspired me to continue working hard to fine-tune my language ability. Also, immigration law can be extremely frustrating, and it is emotionally taxing when you know there is no legal route available to help a client.

What advice would you offer to someone who wants to make the most of an internship like yours?
Communicate often with your supervisors; be proactive, ask questions and seek feedback. Understand that everyone has to do grunt work sometimes, but take it upon yourself to make the most of the internship. Be valuable to the organization while also making it a valuable time for you.

About the Organization
The Legal Aid Society of Rochester, Immigration Department
Rochester, NY

The Legal Aid Society of Rochester is a not-for-profit organization that provides direct civil legal services, including lay advocacy and related human services, to adults and children. We ensure that those who seek justice have an opportunity to receive a fair and full hearing. We obtain legal solutions that have a beneficial impact on our clients and the community.
Los Angeles Contemporary Exhibitions | http://welcometolace.org

- Elizabeth Brooke (Film and Media Studies, Spanish, 2018)
- Production Intern
- Part-time, 16 hours per week
- Unpaid

**What do you do as an intern at this organization?**
I performed archiving and inventory work; handled artwork prep, handling, and packing; helped with installation and de-installation of exhibits; served as a gallery guide for visitors; and communicated with artists to help guide the production team in installation.

**How did you find your internship?**
An internship listing site

**What do you enjoy most about your internship?**
I enjoyed the opportunity to interact with great contemporary artists, gaining an understanding of what it takes to run a non-profit art space. I also appreciated having a new perspective of the past 50 years of contemporary art through archiving old publications and artworks, and finally, I learned new practical skills pertaining to installing/handling/shipping artwork.

**What do you find challenging?**
During the cycles when we were in production (i.e., actively installing or de-installing a show), there was so much work to do that I never sat down. However, during the weeks when the show was up, there wasn't enough for me to do and I grew tired of asking higher-ups for tasks.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Attend events outside of your shifts (the shows and performances are really great, and you'll bond with your bosses and other interns). Learn to create tasks for yourself when there isn't enough work, and learn to take 15 minutes for yourself when there's a mountain of work.

**About the Organization**
Los Angeles Contemporary Exhibitions
Hollywood, CA

LACE both champions and challenges the art of our time by fostering artists who innovate, explore, and risk. We move within and beyond our four walls to provide opportunities for diverse publics to engage deeply with contemporary art. In doing so, we further dialogue and participation between and among artists and those audiences.

- Avery Spratt (Engineering Psychology, Computer Science/Studio Art, 2018)
- Human Centered Research Assistant
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
My main internship project was the creation of The Campus Cactus. From developing a business plan to designing a website, I learned the ins and outs of starting a business! My work can be found at www.campuscactus.com and will make its debut at Tufts this fall.

How did you find your internship?
One day I stopped into a local Somerville shop to poke around. The owner, Ryan, and I started talking about what I was studying in school, and we discovered a lot of overlap between what Ryan does and what I’m interested in. The rest is history.

What do you enjoy most about your internship?
It made me realize that the thing I’ve been struggling to put into words when people ask “What do you want to do?” actually exists. Each task had meaning, both in educating and inspiring me, as well as contributing to the success of the team.

What do you find challenging?
I was never assigned a list of tasks by my boss. What I accomplished was driven by what I was inspired to do, and while the freedom pushed me to create work I am proud of, getting started without a clear task was sometimes difficult.

What advice would you offer to someone who wants to make the most of an internship like yours?
Let your passions guide you. Find an internship that excites you. Use your interests to drive and inspire your work, and you will end up gaining experience and being proud of what you accomplished by the internship’s conclusion.

About the Organization
Loyal Supply Co.
Somerville, MA

Campus Cactus was created by design firm/retailer Loyal Supply Co. and Tufts University students during a summer internship program. The goal of the program was to create a platform for experimentation and collaboration between students, universities, and local business. Over the course of two months the team worked through the details and execution of what is now Campus Cactus -- an event company focused on enhancing quality of life and bringing benefits of plant ownership to campuses across the country.
Lily Maass (Child Development, 2018)
Intern; Part-time, 18-35 hours per week; Unpaid

What do you do as an intern at this organization?
I have been involved in almost all aspects of the day-to-day programming of the organization. I began the summer by helping to revitalize the training manual for Maine Youth Court volunteer trainings, which are at the crux of the restorative justice model. I worked extensively on two grant applications, drafting budget reports and highlighting specific aspects of the Maine Youth Court relevant to different applications. I was heavily involved in the youth-led restorative justice hearings, in which a youth respondent (offender), victim(s), and community member(s) come together to share their unique perspectives about what happened when a crime or school disciplinary infraction occurred, what must be done to repair the harm, and how to move towards a more restorative state. I took part in the deliberation process, where three youth judges consider what has been shared and agree upon a restorative agreement, and I assisted in coordinating all members of the youth court hearing.

How did you find your internship?
I was referred by a family friend who knew of my interest in Child Development and the juvenile justice system. Through the referral I scheduled a meeting with the Program Manager, who sat down with me to discuss the organization, my skills, and the best way I might be able to assist for the summer.

What do you enjoy most about your internship?
I have greatly enjoyed every minute spent interning with the Court. Working within a small, extremely collaborative non-profit organization has taught me so much about communication in a professional environment, learning how to divide the workload to highlight individual strengths, and being a part of meaningful change in the juvenile justice system. Ultimately, the aspect of my internship that I most enjoyed was the relationship-building that occurred between myself and the other intern and myself and my two bosses, as well as becoming a part of the restorative justice movement in Maine.

What do you find challenging?
One of the main challenges I faced was honing my technical writing skills while employing passionate language in grant applications. This was something I had little experience in, but through many rounds of editing and revision, I believe my writing skills have greatly improved. It was also sometimes a challenge to navigate daily planning and determine the best use of time on a given day where five tasks needed completion. The support of both bosses was crucial in time management and task completion.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be fearless when reaching out to people and organizations whom you hope to intern with. If I had not taken the initiative to call/text/email Maine Youth Court staff, I wouldn't have been able to come in and witness a hearing and share with them the kind of student and worker I am. Putting yourself out there, even when it requires searching for a personal email or showing up to a meeting that makes you nervous, is ultimately the best way to show your commitment to the organization. I also recommend starting the process early and being as specific with your intended hours/work dates as possible. This can help the organization determine the feasibility of the internship.

About the Organization
Maine Youth Court; Portland, ME
The Maine Youth Court is a system that allows young people who have violated the law or school rules to be held accountable by their peers. In Youth Court, student volunteers are highly trained and supported to act as advocates and judges.
Massachusetts Commission on the Status of Women | www.mass.gov/women

- Julia Constantelos (Political Science, History minor, 2017)
- Public Policy/Advocacy Intern
- Part-time, 16 hours hours per week
- Unpaid

What do you do as an intern at this organization?
Because I was the Public Policy/Advocacy Intern, I spent most of my time communicating with the State House. My main project was working on communications related to the Equal Pay bill that was passed this summer. I drafted action alerts and letters to other organizations, Senators, and Representatives, conducted research, and attended meetings. Other side projects included creating surveys, editing the website, updating the budget, creating community contact lists, tracking legislation, and more.

How did you find your internship?
I found this position by researching women's organizations in the Boston area. I knew I wanted to be at Tufts for the summer and wanted to work in women's advocacy or policy-making.

What do you enjoy most about your internship?
This internship was hands-on. I took responsibility for working independently to accomplish appropriately challenging tasks. The staff is interested in contributing to the legislative process and learning from it, so we were able to do things like watch the Equal Pay bill discussion on the House floor and see the bill signed into law.

What do you find challenging?
Figuring out how to best fit myself into an existing legislative process was challenging and rewarding. I wasn't always certain which tactics from the past should be recycled and where my own creativity should factor in to change the process.

What advice would you offer to someone who wants to make the most of an internship like yours?
First, be active in asking for responsibility and second, have faith that you can tackle the tasks you're assigned. But there's also no shame in asking for guidance where you need it!

About the Organization
Massachusetts Commission on the Status of Women
Boston, MA

The Massachusetts Commission on the Status of Women is a state-established body charged with reviewing the status of women in Massachusetts and offering recommendations regarding policy that would improve access to opportunities and equality. The Commission is composed of 19 volunteer commissioners who dedicate their time to assessing the status of women in the Commonwealth and pushing for beneficial legislative changes. The commissioners are appointed by one of four appointing authorities: the Governor, the Senate President, the Speaker of the House, and the Caucus of Women Legislators.
Cody Eaton (International Relations, 2019)
Intern to the Director of Policy
Full-time, 35 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I gathered background information for the Director's current projects, conducted research on long-term projects, and organized Excel data. I frequently sat in on office meetings, watched as our bills were discussed in the State House, and occasionally attended significant groundbreaking events.

How did you find your internship?
I knew that the previous mayor of my town had gone into state government and found out that her position in the EOHED was relevant to my interest in international economic development. I was friendly with her through attending school committee meetings, so I emailed her and set up an interview.

What do you enjoy most about your internship?
The ability to see state policy implemented from the top down was extremely interesting, and it made the internship rewarding because the work I completed contributed to the well-being of millions of people in the state of Massachusetts. Being in the executive office allowed me to influence much broader policies than if I had interned with a local entity.

What do you find challenging?
At times the work would dry up, leaving me feeling rather useless in the office. While I wanted to help more significantly, the office staff were often too engrossed with their own high priority projects, which they could not assign to interns. Patience is a must, but persistently offering to help was just as important.

What advice would you offer to someone who wants to make the most of an internship like yours?
The best way to apply is through the MA Governor's Office Internship Program; the application period is open January 1 to February 28. If accepted, be prepared to tell a supervisor which office responsibilities most interest you. Areas within the office include policy, communications, legislation, legal, innovation, business development, and community development.

About the Organization
Massachusetts Executive Office of Housing and Economic Development
Boston, MA

The Executive Office of Housing and Economic Development (EOHED) oversees all of the agencies of the Commonwealth charged with policy and program responsibility for housing and economic development across the state. These agencies include the Department of Housing and Community Development, the Massachusetts Office of Business Development, the Office of Consumer Affairs and Business Regulation, the Massachusetts Office of International Trade and Investment, and the Massachusetts Office of Travel and Tourism. About 850 employees work within the EOHED and its agencies, and the operating budget is approximately $500 million annually. In addition, the Office and its agencies are responsible for administering almost $500 million in grant programs per year.
Massachusetts General Hospital, Cancer Outcomes Research Program (CORe) | www.massgeneral.org/cancer/outcomes-research/default.aspx

- Eleanor Agosta (Biology, Dance minor, 2017)
- Cancer Center Research Admin
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I work on a variety of outcomes-oriented studies by using the electronic medical record system to screen for eligible patients, assembling and delivering consent forms and surveys to patients, interacting with patients on a day to day basis, collecting and entering patient data, and working on various data entry projects.

How did you find your internship?
I found this internship through a friend of my parents who works at MGH. I met Dr. Temel, one of the principal investigators at CORe, through the family friend and she brought me on for the summer.

What do you enjoy most about your internship?
I really like having important tasks that are integral to the projects I work on. I am not getting coffee for people; I am doing tasks that matter to the studies. I also really enjoy the people in CORe, and I have received great instruction and guidance as a pre-med student.

What do you find challenging?
I found it difficult to sit in front of a desk for 8 hours every day. I had some breaks where I would go deliver things or interact with patients, but most of the work is in front of a computer.

What advice would you offer to someone who wants to make the most of an internship like yours?
The work is very detail-oriented and requires a lot of focus for long stretches of time. Little mistakes matter and can have real consequences for the studies, so I would make sure you are ready to be meticulous and work hard. There was no application when I started here, just an email exchange in the spring.

About the Organization
Massachusetts General Hospital, Cancer Outcomes Research Program (CORe)
Boston, MA

The Cancer Outcomes Research Program (CORe) is a unique, collaborative research team with members from oncology, nursing, palliative care, psychiatry, and psychology. CORe's breadth of experience as investigators and clinicians enables the team to integrate multiple perspectives into a transdisciplinary research platform. We conduct innovative research and educational programs to improve the experience and outcomes of patients and caregivers across the continuum of cancer care. Our objectives are to increase health behaviors that reduce cancer risk and incidence; improve care delivery, symptoms, and quality of life for patients and caregivers throughout their illness; and enhance the physical and psychosocial experience of cancer survivors.
What do you do as an intern at this organization?
Daily tasks vary depending on the stage and type of grant you participate in, so I was largely involved in the project "Implementing Evidence-Based Life Skills Programming for Reducing Recidivism among High-Risk Youth". I assisted in transcribing focus groups, coming up with action points, and making alterations to our tailored therapy manual. Additionally, I helped create visuals, presentations, an interim report, and aside from this project, I aided in research, literature reviews, poster presentations at MGH, and presenting the latest research within the field of Implementation and Dissemination at our lab meetings.

How did you find your internship?
I saw a posting on the Facebook page of the Tufts Psychology Department and then sent an email application with my resume.

What do you enjoy most about your internship?
I enjoyed the people I was working with the most. I found my supervisors to be really inspiring individuals who were genuinely invested in making a tangible difference in the community and also in helping me move forward and truly learn.

What do you find challenging?
This was my first 9-5 job, so I did find it difficult to spend some days sitting in the office for so long, on top of a commute which could take up to 2 hours in each direction. For someone not used to this type of work, it takes some getting used to, but I found the work well worth it!

What advice would you offer to someone who wants to make the most of an internship like yours?
I highly recommend research assistants make their first impression as mature and formal as possible. It is key that students show enthusiasm, confidence and interest, arrive on time, and meet the fellow staff. They are incredible people who are eager to offer guidance. Spending lunch breaks with colleagues when possible is a great opportunity for learning more. I also recommend students to focus to the best of their abilities, take breaks when needed, seek help from other students, and ask many questions. Collaboration is critical to success in this field.

About the Organization
Community Psychiatry Program for Research, Implementation and Dissemination of Evidence-Based Practices (PRIDE)
Chelsea, MA

Community Psychiatry PRIDE is an implementation and dissemination clinical research center housed in the Department of Psychiatry at MGH/Harvard Medical School. Our central focus is implementing evidence-based practices in resource-constricted settings and improving mental health care for our most vulnerable patients. The overarching mission of all of our work is to ultimately bridge the gap between science and practice by bringing evidence-based treatments (EBTs) to community settings, which, in turn, leads to increased access and quality of care across a wide range of psychiatric disorders.
Massachusetts General Hospital, Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments (PRIDE) | www.luanamarquesphd.com/research/pride

- Allyson Blackburn (Clinical Psychology, Studio Art/Art History, 2017)
- Volunteer Research Assistant
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
I assisted in several research projects in the lab. PRIDE's mission is to bridge the science and practice gap for resource-restricted communities. I performed qualitative data analysis, data coding, and literature searches for an implementation of Cognitive Processing Therapy (a treatment for PTSD). I was involved in the process of designing a new treatment protocol and implementing that manual for a community partnership to teach Cognitive Behavioral Therapy to recently incarcerated young men. I also had the opportunity to observe the CBT classes with the men and evaluate provider adherence and efficacy. I was able to assist in writing grants and perform exploratory literature searches.

**How did you find your internship?**
I found my internship through Jumbo Jobs.

**What do you enjoy most about your internship?**
The research is really interesting, and it feels very rewarding to be part of the work that happens there. Dr. Marques is very influential in the field and really challenges her volunteer research assistants. Through my time at PRIDE, I’ve learned about many different aspects of research, and I was never given truly menial tasks to complete.

**What do you find challenging?**
Dr. Marques has very high expectations of her interns, and she likes to delegate. While she has never asked any of her interns to do something unreasonable, she does assign tasks that require putting in extra work and being fairly self-sufficient. This lab is a good fit for someone who excels at taking initiative and solving problems in the moment.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Working in labs with influential scientists can be very intimidating, and it can be easy to feel as though you should not be there. Remember that you were hired for a reason, whatever it may have been. People will notice when you are working really hard and doing the best work possible, but don’t wait for others’ approval. Make sure you are challenging yourself to be diligent (which is difficult when coding endlessly). Approach your co-workers with an open mind and act professionally: keeping your phone out of sight and being focused will make you look more competent (and make you more competent!).

**About the Organization**
Massachusetts General Hospital Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments (PRIDE); Chelsea, MA

Our central focus is implementing evidence-based practices in resource-constricted settings and improving mental health care of our most vulnerable patients. The overarching mission of all of our work is to ultimately bridge the gap between science and practice by bringing evidence-based treatments (EBTs) to community settings, which, in turn, leads to increased access and quality of care across a wide range of psychiatric disorders.
Massachusetts General Hospital, Disparities Research Unit | www.massgeneral.org/DisparitiesResearch

- Shane Visram (Community Health, 2018)
- Researcher
- Part-time, 10 hours per week
- Unpaid

What do you do as an intern at this organization?
As an undergraduate researcher, I conducted research for several projects seeking to eliminate mental health disparities in the United States, including a project investigating the correlation between depression and minority status. I conducted several literature reviews and think tank sessions along with my fellow undergraduate researchers.

How did you find your internship?
My wonderful advisor, Dr. Shalini Tendulkar, connected me with this internship.

What do you enjoy most about your internship?
I most enjoyed working with several other highly motivated undergraduate students on finding real solutions to eliminate the health care inequities we see among different racial/ethnic groups.

What do you find challenging?
Often times in research, you find yourself sifting through over a hundred articles for a single paragraph of information, but that one paragraph can lead to an entirely new idea worth studying.

What advice would you offer to someone who wants to make the most of an internship like yours?
Try to look for internships that address things you are willing to stay up all night working on, because a lot of times that's what is required. Race and health are two things I am extremely passionate about, and I was lucky enough to find an internship that combines both.

About the Organization
Massachusetts General Hospital Disparities Research Unit
Boston, MA

The mission of the Disparities Research Unit at Massachusetts General Hospital is to generate innovative health and health services research that helps shape policy, practice, and service delivery to reduce disparities and improve the well-being of diverse populations. Utilizing collaborative approaches with researchers, clinicians and community agencies, the unit supports an array of research activities as well as nurtures a core of junior researchers. The Disparities Research Unit brings a strong focus on community-based and applied interventions to improve service delivery for diverse populations.
Christin Mujica (Clinical Psychology, Community Health, 2017)
Research Assistant
Full-time, 40 hours per week
Unpaid but receiving grant/financial assistance (Tisch Summer Fellows)

What do you do as an intern at this organization?
I conduct literature reviews, work on data entry and cleaning, participate in qualitative data coding, sit in on weekly meetings, help prepare manuscripts for publishing, and work on preparing for international review board (IRB) approval.

How did you find your internship?
I found this internship with the help of Hermanas from my sorority. The chapter founder is my supervisor at the Disparities Research Unit.

What do you enjoy most about your internship?
What I most enjoy is the flexibility to contribute to various projects that are ongoing at the Disparities Research Unit. While I'm assigned to work primarily on one project, I am still able to explore different projects and tasks that are ongoing.

What do you find challenging?
What I find challenging is the amount of time spent at my desk. On days with few to no meetings, I spend 7-8 hours staring at a computer. It's hard, but you just have to find interesting tasks to do and make sure to get up every once in a while to stretch.

What advice would you offer to someone who wants to make the most of an internship like yours?
Research-based internships can become tedious and lots of work. The best advice I can give is to speak with your supervisor about how you can make the internship mutually beneficial. If you know you are interested in doing something in particular, ask how you can work that into your assigned tasks/projects. Doing this is the only way you will get the most out of the internship and the best way to stay entertained/busy for 8 hours every day.

About the Organization
Massachusetts General Hospital, Disparities Research Unit
Boston, MA

The Disparities Research Unit (DRU), led by Margarita Alegría, PhD, is based in the Department of Medicine’s Mongan Institute at Massachusetts General Hospital and collaborates with outside institutions both domestically and internationally. Our mission is to generate innovative mental health services research that impacts policy, practice, and service delivery for multicultural populations. We are comprised of an interdisciplinary group of psychologists, social policy analysts, health economists, psychiatrists, data analysts, sociologists, and other professionals that assist in the research and analysis of DRU projects.
Anna Ruiz (International Relations, Environmental Studies, 2018)
Research Assistant
Full-time, 40 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I work specifically with one study in the unit. I organize participant binders, prep for study visits, update documents required for the IRB (Institutional Review Board), manage the recruitment process for the study, and help at actual study visits. I also do data input after every study visit and make sure all data is up to date. Finally, I attend weekly study visits and work with all the Principal Investigators and study staff to continue to improve the study.

How did you find your internship?
Tufts JobX -- I saw an ad for the study and looked it up. I was very interested in the work they were doing, so I emailed them asking if they needed an intern. I eventually interviewed and got the spot.

What do you enjoy most about your internship?
I have really enjoyed learning about all the aspects of how clinical research works. There is so much that goes into creating a study, submitting it, applying for a grant, and then actually executing it and continually bettering it. It has been a valuable experience to be right in the middle of that process. Not only do I actually work with the study, inputting data and interacting with participants, but I also work with the study staff and see the background work of data analysis, recruitment, IRB modifications, amendments to the study protocol, and new studies that break off from this study.

What do you find challenging?
One challenging part of this internship has been being exposed to what a non-interventional research study means in terms of interaction with a participant. We work with highly sensitive topics such as mental health and eating disorders. Therefore, it has been a challenge to remain impartial when there is a participant who is really struggling and we as researchers are not allowed to intervene.

What advice would you offer to someone who wants to make the most of an internship like yours?
Look up all the studies at MGH and email those that interest you. After you land a position, you will be exposed to many professionals, and reaching out to them and making connections with as many people as possible is the best advice I can give. When working with something at this level, you can easily take for granted that you have direct access to a variety of professionals who you can learn so much from or establish contact with for the future.

About the Organization
Massachusetts General Hospital Neuroendocrine Unit
Boston, MA

Our clinical mission is to advance the diagnosis and treatment of patients with pituitary and neuroendocrine disorders. The Neuroendocrine Unit is an internationally recognized research center in neuroendocrinology, body composition, and pituitary disease. Investigators in the Center have been awarded 14 NIH and federal research grants. In addition, funding from industry and private foundation support for investigator initiated research.
Massachusetts General Hospital, OCD & Related Disorders Program | https://mghocd.org

- Claudia Robles-Gil (Psychology, Studio Art, Child Development, 2018)
- Clinical Research Assistant
- Part-time, 14 hours per week
- Unpaid

What do you do as an intern at this organization?
I was involved in recruitment efforts, including managing online advertisements and meeting with potential subjects at the Tourette Syndrome Clinic. I carried out eligibility phone screens and scheduled visits with patients and clinic staff, collecting drug and urine samples from patients and facilitating patient visits. I also performed administrative tasks such as data checks and data entry, communication with sponsors and centrifugation of blood samples. Finally, I conducted literature reviews and received exposure to and participated in discussions of experimental and statistical analyses.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
I enjoyed learning through hands-on clinical research experience, such as the clinical trial on Tourette's Syndrome. I also appreciated similar learning through day-to-day tasks such as phone screens, adverse event reporting, and completing IRB forms. I learned much more about mental disorders and their treatments. Furthermore, we occasionally have lecture-style presentations on interesting psychology topics such as OCD, BDD, neuroscience, etc.

What do you find challenging?
Administrative tasks that are technology-oriented such as Excel datasets and de-coding, etc. can be a bit confusing and long.

What advice would you offer to someone who wants to make the most of an internship like yours?
Begin the application process very early; I started filling out my application in January during winter break, was invited to multiple interviews around April, but only began the internship in June. Definitely plan ahead! Also, do more than the bare minimum while at work. Take advantage of the opportunity to learn about aspects of clinical psychology research such as IRB approval, datasets, recruitment, patient visits, etc. instead of just seeing them as tedious tasks.

About the Organization
Massachusetts General Hospital, OCD & Related Disorders Program
Boston, MA

The Obsessive Compulsive Disorder (OCD) and Related Disorders Program at the Massachusetts General Hospital/Harvard Medical School is located in Boston, Massachusetts. Founded by Michael Jenike, M.D., and now under the leadership of Sabine Wilhelm, Ph.D., our program strives to deliver evidence-based treatment to patients in need while simultaneously conducting research to advance our knowledge of the causes, consequences, and treatments of OCD, BDD, Tics, Hoarding, Hair Pulling and Skin Picking, and ORS.
Massachusetts General Hospital, OCD and Related Disorders Program | https://mghocd.org

- Aishvarya Arora (Clinical Psychology, English, 2017)
- Research Intern
- Full-time, 35-40 hours per week during the summer; 12-16 hours per week during the school year
- Unpaid but receiving Career Center Internship Grant during the summer; unpaid with course credit during the school year

**What do you do as an intern at this organization?**
As an intern my role has changed a ton in the year and a half that I have worked here. Initially, I helped with general recruitment for studies: completing phone screens, helping prep for visits, and entering data. Now I am the primary coordinator for two studies and deal with every part of the process: recruitment, screening, visit prep, and running visits. I am also working on a senior honors thesis using data from the program.

**How did you find your internship?**
My adviser in the clinical psych major, Lisa Shin, told me about the opening.

**What do you enjoy most about your internship?**
I have most enjoyed the opportunity for growth and the mentorship. As my abilities increased and my supervisors saw that I wanted to be challenged more, they increased my responsibilities. They are also keeping my career plans in mind and helping me toward those goals by sharing advice, future job openings, and how to get published.

**What do you find challenging?**
I find it hard to balance the time between all the different tasks I have! There is so much opportunity to learn many different kinds of skills, and it’s really up to you to use your time carefully to make sure you get the most from it.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
There are no clear application deadlines; they look for interns at different times during the year depending on the need. If you are interested in applying, it helps to have related experience, or to frame how your experience makes you well-suited for the specific aims and research at this clinic. Read up on the studies on their site, and make sure you’re very prepared if you get an interview. Once hired, I would always express interest in advancement and show that you are capable of taking on more responsibility, because they will give it to you.

**About the Organization**
Massachusetts General Hospital, OCD and Related Disorders Program; Boston, MA

The Obsessive Compulsive Disorder (OCD) and Related Disorders Program at the Massachusetts General Hospital/Harvard Medical School is located in Boston, Massachusetts. We specialize in the treatment and research of: Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD), Body Dysmorphic Disorder by Proxy (BDD by Proxy), Tourette Syndrome (TS) and Chronic Tic Disorder (CTD), Hoarding, Hair Pulling and Skin Picking, and Olfactory Reference Syndrome (ORS). Founded by Michael Jenike, M.D., and now under the leadership of Sabine Wilhelm, Ph.D., our program strives to deliver evidence-based treatment to patients in need while simultaneously conducting research to advance our knowledge of the causes, consequences, and treatments of OCD, BDD, Tics, Hoarding, Hair Pulling and Skin Picking, and ORS. Our team includes psychiatrists, psychologists, and clinical research associates who are among the field’s most experienced and renowned clinicians and researchers.
Haley Short (Political Science, American Studies, 2018)
- Intern to State Representative Paul Mark
- Part-time, 10 hours per week
- Unpaid

What do you do as an intern at this organization?
I read and enter constituent data, sort and file mail, attend events, gather information and compose emails, and sort and print documents.

How did you find your internship?
My boss from last summer, who is a family friend, recommended me for this job and I interviewed.

What do you enjoy most about your internship?
I really enjoy being in the State House because it is such a dynamic and interesting environment. Though it is generally less busy in the summer than during the academic year, there is a lot of really cool stuff happening there!

What do you find challenging?
I have a hard time doing jobs that are not especially intellectually engaging, such as entering data. This particular job requires a great deal of that.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would suggest making the best use of your time in an environment like the State House by attending events and being open to hearing the positions of many different people. Openness to new experience is a big help in any new job!

About the Organization
Massachusetts State House
Boston, MA

The Massachusetts State House is the home of the 189th General Court of Massachusetts. An intern has the opportunity to attend events, work closely with legislators, and partake in historic proceedings.
What do you do as an intern at this organization?
I conducted court observations, assessed practices of the Language Access Plans of Massachusetts and other states, helped with the Office of Court Interpreter Services (OCIS), assessed the needs of the OCIS for improved interpreter services in court, liaised with interpreter-scheduling software vendors, wrote reports, created informational materials for judges, court staff, and Limited English Proficient (LEP) individuals, generated data analysis on the OCIS daily activity logs, researched legal matters, and helped with the new initiative (which is still on trial) of developing online self-help interviews that allow the public to fill out certain court forms on their own.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
The research fellowship was a steep learning curve for me. I gained in-depth knowledge and new skills in a short period of time and applied these new learning points to perform many different tasks. I am glad that my supervisors and colleagues were always willing to provide me with ample help and guidance. They were patient, kind, humble and very supportive. Among many lessons I learned throughout my fellowship, the most important was how to work with people and build connections with them.

What do you find challenging?
The working environment was fast-paced. Furthermore, even though I received some guidance, most of my tasks and research projects were conducted independently. I had some flexibility, but I also spent a lot of time figuring things out on my own.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be proactive; adopt an I-can-do-it attitude; be open-minded; be willing to accept your ignorance and ask for help.

About the Organization
Massachusetts Trial Court
Boston, MA

The Massachusetts Judicial Branch is committed to ensuring equal access to the court system for all members of the public, including self-represented litigants, those of limited or no English proficiency, and individuals with mental or physical disabilities. Towards that end, in June, 2009 the Chief Justices of the Supreme Judicial Court and the Trial Court established the Access to Justice Initiative.
Isabella Kahhale (Cognitive & Brain Sciences, English minor, Ethics, Law & Society certificate, 2017)
Research Assistant
Full-time, 40 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
At McLean Hospital, I am working on a study assessing women with chronic childhood trauma exposure. My main responsibilities include conducting clinical interviews, analyzing self-reported data on dissociative experiences, recording physiological reactions to fear conditioning tasks, and observing evoked-startle responses. Along with other staff members, I administer tests to participants while they undergo MRI and fMRI procedures. I assist in neuroimaging data collection and am learning how to process and analyze the output data. The lab is also working on a meta-analysis literature review, so during spare time I conduct literature searches and upload relevant data to our database.

How did you find your internship?
I was connected to the lab supervisor through my academic advisor at Tufts.

What do you enjoy most about your internship?
I love the one-on-one interaction I get with patients and am always fascinated by their stories. It is a privilege to be able to hear patients discuss their traumatic backgrounds. It is undoubtedly difficult for them to relive their experiences, but it also indicates that they are on the road to recovery when they are able to share such horrific elements of the past.

What do you find challenging?
A majority of my daily tasks do not involve patient interaction, and as that is the part I most enjoy, the data analysis and literature reviews can feel a bit mundane. When I do get to experience personal interactions, however, it serves as a reminder that even the less exciting tasks serve a greater purpose.

What advice would you offer to someone who wants to make the most of an internship like yours?
I went abroad during the spring semester of my junior year, so I wanted to secure an internship before I left the country to avoid Skype interviews, time zone conflicts, and for the peace of mind. I began my internship search in November and had signed on with McLean by January.

About the Organization
McLean Hospital
Belmont, MA

At McLean Hospital, our staff, faculty, volunteers, and supporters are dedicated to improving the lives of individuals and families affected by mental illness. Founded in 1811, McLean is a leader in psychiatric care, research, and education and is the largest psychiatric teaching hospital of Harvard Medical School.
Kayla Williamson (Psychology, Sociology minor, 2018)
Research Department Intern
Full-time, 40 hours per week
Unpaid

What do you do as an intern at this organization?
I help create PowerPoints and informative Excel sheets called Dashboards that report the results of psychological assessments (the HSA and the Common Instrument). I also perform data entry, data processing, different tasks on Survey Monkey, research, and help out with any tasks that my supervisors need me to do.

How did you find your internship?
I don't quite remember, but I think I found it on an internship search site or Jumbo Jobs.

What do you enjoy most about your internship?
I love my coworkers -- they're super nice to me and the other interns and always make me laugh. I also enjoy the work I'm doing because I can see the bigger picture and how even menial tasks can connect all the way to helping someone.

What do you find challenging?
The 9-5 workday is the most challenging part of the internship; it's not like college, where you can take a break from studying whenever you like. You have to sit at a computer for 8 hours with few breaks, and it can be very exhausting.

What advice would you offer to someone who wants to make the most of an internship like yours?
For psychology internships, don't start looking until January or later. Be honest on your resume, and be confident in your interviews. Really show them your passion for the subject, because nobody goes into psych for the money. When you get the job, stay focused. Make friends with your coworkers and find your rhythm.

About the Organization
McLean Hospital, The PEAR Institute
Belmont, MA

The PEAR Institute's mission is to create and foster school and afterschool settings in which all young people can be successful. Dedicated to "the whole child; the whole day; the whole year," PEAR continuously integrates research, theory, and practice for lasting connections between youth development, school reform, and mental health.
MDI Biological Laboratory | https://mdibl.org

- Judy Yau (Chemistry, 2019)
- Student Researcher
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I studied the effects of chronic cortisol exposure on the innate immune response of larval Danio rerio. I spent 10 weeks at the MDI Biological Laboratory to conduct research.

How did you find your internship?
Word of mouth

What do you enjoy most about your internship?
I enjoyed being able to do research in the beautiful setting of Acadia National Park.

What do you find challenging?
The most challenging thing about my internship was how time-sensitive my research was.

What advice would you offer to someone who wants to make the most of an internship like yours?
My advice would be to ask questions. Don't be afraid to ask for help because that is what your colleagues are there for. For reference, the application deadline is in March.

About the Organization
MDI Biological Laboratory
Bar Harbor, ME

The MDI Biological Laboratory is a rapidly growing, independent, nonprofit biomedical research institution. Its mission is to improve human health and well-being through basic research, education, and development ventures that transform discoveries into cures.
MedImmune | www.medimmune.com

- Melissa Adler (Chemical Engineering, Biotechnology, 2018)
- Manufacturing Sciences and Technology Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I have my own project, which is running gas chromatography/mass spectrometry testing on plastic storage bags containing various solvents at exaggerated conditions to see if any compounds from the plastic leach into the drug product. I was also trained on a few other instruments in the lab between sample time points. It was a fairly self-driven project, and while it involved a mentor, I mostly had a lot of independence.

How did you find your internship?
I had heard about the company from a neighbor and looked on their website.

What do you enjoy most about your internship?
I love working in the lab. There are just so many amazing instruments, and it's interesting to actually know how they work and what they're used for. Also, the people who work there are really friendly.

What do you find challenging?
Time management and figuring out which tests to run and when is challenging.

What advice would you offer to someone who wants to make the most of an internship like yours?
Talk to the other people about what they do and their past experiences, and talk to people in other departments. It gives you a holistic view of what the company does so you can see if other areas might interest you more.

About the Organization
MedImmune
Gaithersburg, Maryland (Research and Development) and Frederick, Maryland (Manufacturing)

MedImmune is a subsidiary of AstraZeneca that does research and development as well as manufacturing of biologics (monoclonal antibodies) used in Oncology; Respiratory, Inflammation and Autoimmune; and Cardiovascular and Metabolic Disease applications.
Emma Coltoff (Mechanical Engineering, 2017)
Human Factors/Clinical Engineering Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
Much of my work is confidential, but I work on human factors tasks such as developing and running usability studies, as well as data analysis and comparisons of our project to ergonomics standards.

How did you find your internship?
Professor Dan Hannon posted my boss's name and email on the board in ENP 61 at the end of spring semester 2015. I saved the contact and acted on it in November and got the job!

What do you enjoy most about your internship?
This type of position is exactly what I have been working towards since I was 14. I can't reveal specifics, but the project I am working on has been a huge interest of mine for years. Thus, everything I do on a daily basis, from data analysis tasks to administrative meetings, is exciting to me. Additionally, my coworkers and bosses are wonderful, bright and friendly people. The environment I work in is incredibly positive.

What do you find challenging?
Firstly, working full days of 8+ hours requires a lot of focus and energy! I've needed to learn to take breaks and vary my tasks so I can stay focused for a whole day. I've also found it challenging, occasionally, to ask questions when I am confused. I don't want to come off as stupid, but I'm learning that I'm always better off when I do ask.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask questions. Countless questions. Big questions, little questions, complex questions, "silly" questions. Ask about how your company works, ask about the background of your coworkers/bosses, ask why choices were made previously in the process (if you're in R&D like me), ask if there are different ways to do things. Often, these questions end up benefitting your entire team because they bring up new concerns or ideas to investigate.

About the Organization
Medtronic
Boston, MA

Medtronic is working with new partners, in new ways to improve global healthcare. With the integration of Covidien as our Minimally Invasive Therapies Group, we can address the healthcare needs of more people around the world than ever.
Merrimack Pharmaceuticals | www.merrimack.com

- Jacob Isaacson (Chemical Engineering, , 2017)
- Drug Discovery Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
As a discovery intern, I'm in a team of scientists generating data on one drug that will be presented to the discovery leadership team at the end of the year for a go/no-go decision of whether to begin in vivo testing. I primarily work in the lab on cloning, DNA purification, protein expression, purification, and characterization of various mutants of our protein drug candidate.

How did you find your internship?
Online through merrimack.com

What do you enjoy most about your internship?
I like that I am exposed to the entire molecular biotechnology process from cloning to downstream purification and characterization, giving me experience with a variety of laboratory techniques.

What do you find challenging?
Sometimes there is no lab work to be done, and when that is the case, it is difficult to find a way to contribute to the group and the company.

What advice would you offer to someone who wants to make the most of an internship like yours?
At the beginning of your internship, focus on building a relationship with your manager. You will learn a lot more over the course of the summer if your communication with your manager is strong, and they will be more willing to help you.

About the Organization
Merrimack Pharmaceuticals
Cambridge, MA

Integrated teams building integrated cancer regimens. At Merrimack, researchers, clinicians, professionals, and, yes, engineers work together in a multidisciplinary, team-based environment. All are committed to a single vision. Building cures for cancer.
Yennie Jun (Computer Science, 2017)  
Software Engineer Intern  
Full-time, 40 hours per week  
Paid

What do you do as an intern at this organization?  
I was given a project to create a feature for my team’s main projects. I worked on the project all summer with the guidance of a mentor and manager, and it eventually went into production.

How did you find your internship?  
Tufts Career Fair

What do you enjoy most about your internship?  
Microsoft organizes many good intern events and makes sure that we are treated well. Seattle is an exciting city to live in, with many interns from other tech companies.

What do you find challenging?  
Learning the initial framework was a little difficult.

What advice would you offer to someone who wants to make the most of an internship like yours?  
Apply early, if possible. Do well on the interviews.

About the Organization  
Microsoft  
Redmond, WA

Empower your future. Founded in 1975, Microsoft (Nasdaq “MSFT”) is the worldwide leader in software, services, devices and solutions that help people and businesses realize their full potential.
Isabel Smokelin (Biomedical Engineering, 2019)
Summer Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I worked on a forensics-based project with the goal of using biological techniques to geolocate (determine the location of) objects of unknown origin. My role in this project was to write MATLAB functions to analyze data. I also did wet-lab work (quantitative polymerase chain reaction) and performed fieldwork to collect biological samples.

How did you find your internship?
My mentor was a family friend from my home community. I knew he worked in the field I intend to enter (biomedical engineering), so I reached out and applied.

What do you enjoy most about your internship?
I loved working at MIT LL. There are so many cutting-edge technical projects occurring there and it is very easy to learn new things. They had weekly seminars for the intern program in which they taught you about the different types of work being done there. I also liked the independence of my project. As an intern at MITLL, they expect you to contribute to the project just like any other team member.

What do you find challenging?
The project was relatively new, and its goals and methods of approach were continually changing. I had to think quickly, be open-minded and not get frustrated when something I just completed needed to be modified to fit the new goal.

What advice would you offer to someone who wants to make the most of an internship like yours?
My advice would be to personally reach out to any contacts at the places where you’re applying. This will increase your chances because it will make you stand out so you’re not just a name on an application. Don’t be afraid to ask someone you know to pass your name along.

About the Organization
MIT Lincoln Laboratory
Lincoln, MA

MIT Lincoln Laboratory is a federally-funded research and development center that applies advanced technology to problems of national security. Research and development activities focus on long-term technology development as well as rapid system prototyping and demonstration. These efforts are aligned within key mission areas. The Laboratory works with industry to transition new concepts and technology for system development and deployment.
MIT Media Lab | www.media.mit.edu

- William Stockton (Chemical Engineering, 2017)
- Research Scientist
- Full-time, 40-50 hours per week
- Paid

What do you do as an intern at this organization?
I was hired to a specific project within the Synthetic Neurobiology Group that is currently developing a nanofabrication technique. I was given problems to solve by the project leaders and MIT PhD students, and I designed and completed experiments to solve those problems.

How did you find your internship?
I found the internship from a referral through a former lab PI at MIT.

What do you enjoy most about your internship?
I enjoyed the freedom and independence I had to work on our project. I was allowed to conduct whatever experiment I wanted to troubleshoot issues with our technology. I was also allowed to set my own hours and work on my own schedule.

What do you find challenging?
The biggest challenge with this internship was just the fundamental scientific risk that comes with creating and developing a technology.

What advice would you offer to someone who wants to make the most of an internship like yours?
My best advice would be to reach out to other lab members as much as possible. Don't be shy about asking for help, because people want to give it.

About the Organization
MIT Media Lab
Cambridge, MA

Actively promoting a unique, interdisciplinary culture, the MIT Media Lab goes beyond known boundaries and disciplines, encouraging the most unconventional mixing and matching of seemingly disparate research areas. It creates disruptive technologies that happen at the edges, pioneering such areas as wearable computing, tangible interfaces, and affective computing. Today, faculty members, research staff, and students at the Lab work in 24 research groups on more than 350 projects that range from digital approaches for treating neurological disorders, to a stackable, electric car for sustainable cities, to advanced imaging technologies that can “see around a corner.” The Lab is committed to looking beyond the obvious to ask the questions not yet asked—questions whose answers could radically improve the way people live, learn, express themselves, work, and play.
MIT Museum | http://web.mit.edu/museum

- Kylie Reiman (History, Entrepreneurial Leadership Studies & Medieval Studies minors, 2017)
- Public Programs Intern
- Full-time, 35 hours per week
- Unpaid but receiving Career Center Internship Grant (Innovation in Science, Technology and the Arts Grant)

What do you do as an intern at this organization?
I am responsible for running daily educational workshops on the museum floor and in the Idea Hub (the hands-on engineering lab). Workshops include topics ranging from Rube Goldberg machines to 3D printing and design. In addition, I give tours of the museum’s galleries. I am also responsible for developing a genetics workshop for museum visitors and organizing the museum's first-ever science trivia night.

How did you find your internship?
I knew I wanted to work in a museum for the summer, so I searched the website of every museum in Boston that I could think of! Luckily, I found this internship on the MIT Museum’s website.

What do you enjoy most about your internship?
I love engaging with the visitors during workshops. It's a very special experience to see the eyes of a visitor light up when you talk to them about cool and interesting topics in science.

What do you find challenging?
The most challenging part of the internship is time management. It is great that we are kept busy, but sometimes it can be difficult to balance the development of an independent project, planning an evening event, and running the educational workshops.

What advice would you offer to someone who wants to make the most of an internship like yours?
Do not be afraid to get out of your comfort zone. The museum expects you to be comfortable engaging with visitors from early on in the internship. The best way to learn is to just do it! There is no room to be timid. If this internship is something you are interested in, apply early! This internship was by far the first of the ones I applied to, and they make their decision quickly! They like to fill their internship positions by the end of April at the latest.

About the Organization
MIT Museum
Cambridge, MA

The mission of the MIT Museum is to engage the wider community with MIT’s science, technology and other areas of scholarship in ways that will best serve the nation and the world in the 21st century. The MIT Museum fulfills this mission by collecting and preserving artifacts that are significant in the life of MIT; creating exhibits and programs that are firmly rooted in MIT's areas of endeavor; and engaging MIT faculty, staff and students with the wider community.
Jordan Lange (Biology, Entrepreneurial Leadership Studies, 2017)
Business Developer; Full-time, 30 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
MobileOptx is a company started by two surgeons at UPenn. They came up with a medical device concept and are in the process of taking it to market. My job was to help develop the business side of the two-person company. I assembled a team consisting of three CEOs and one CFO. Together, we contacted current and potential customers, medical device investors, to develop a business plan and financial model for the young company. I spoke with strategic contacts on a daily basis via phone or in person and worked with my team to develop the business plan and financial model. By the end of the summer, we created a slide deck that outlined the costs and benefits of several product iterations and going-to-market strategies with cost analyses.

How did you find your internship?
I found my job through a referral from a friend.

What do you enjoy most about your internship?
I really enjoyed working with the people on my team. Each person brought something completely different to the table. Each had a unique skill set that benefited the company, and it was really cool for me to listen to and contribute with all of them. Working with the CEOs was extremely enlightening, and hearing their experience-based advice was valuable. From a technical perspective, making the financial model was an enjoyable experience for me. As a biology major, I am continually taking an analytical approach to my studies. Pulling that analysis out of a scientific context into business was awesome.

What do you find challenging?
The most challenging aspect of my internship was communication. Stepping into my role, I was largely unfamiliar with early business development. However, people regularly looked to me for answers. There were many moving parts, and keeping everyone on the same page was difficult. I made sure to bring the team together once a week for meetings where we verified that we were moving forward with one vision. It was certainly imperfect, but I learned how to communicate effectively. By the end of the summer, we had a very good structure in place and people were positive about the meetings.

What advice would you offer to someone who wants to make the most of an internship like yours?
My job was unique in that there was really no regulating body above me and nobody telling me the right and wrong answers from within the company itself. The doctors relied on me to extract data and come up with a logical way of moving forward. It was a huge challenge, but an valuable learning experience. Before I started, I recognized my shortcomings and lack of knowledge. I assembled a team who I knew would be knowledgeable and experienced. I would say this applies to a lot of internships and jobs. Recognize your weaknesses, and don’t be afraid to ask questions. Nobody is perfect, and problem-solving goes far beyond yourself when you are in a new environment.

About the Organization
MobileOptx; Philadelphia, PA

MobileOptx is the developer, manufacturer, and supplier of products for linking currently used medical devices to smartphone technology, principally sold through global distribution contracts. Since most physicians carry smartphones, adapting a device to capture images, both pictures and video, for later review by supervisors, patients, or for the medical record is a natural and cost effective extension of what has become an indispensable tool of everyday life.
Morgan Stanley | www.morganstanley.com

- Michaela Beck (Quantitative Economics, ELS, Finance, 2017)
- Summer Analyst, Global Capital Markets
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I work on the derivatives desk, which involves a lot of quantitative analysis. The products are complex, and there is a steep learning curve and a lot of time is spent learning. I create pitch books and perform quantitative analysis on a daily basis. I work directly with clients and my team to pitch, price, and execute swaps.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
The people at Morgan Stanley are amazing. It sounds cliché, but they are so kind and intelligent. Everyone goes out of his/her way to help interns learn and succeed. The program is set up so that the 10-week internship is a great learning experience but also a really fun summer.

What do you find challenging?
There is a lot to learn and a lot of it is new. It’s a steep learning curve, but the challenge is worth it.

What advice would you offer to someone who wants to make the most of an internship like yours?
Start early. Network. Read Bloomberg and the Wall Street Journal every day. Not all finance positions are the same. Figure out which one suits your interests and go for it!

About the Organization
Morgan Stanley
New York, NY

Morgan Stanley's Global Capital Markets (GCM) division responds with market judgments and ingenuity to clients' needs for capital. Whether executing an IPO, a debt offering or a leveraged buyout, GCM integrates our expertise in Sales and Trading and Investment Banking to offer clients seamless advice and sophisticated solutions. We originate, structure and execute public and private placement of a variety of securities: equities, investment-grade and non-investment-grade debt and related products.
Motus, LLC | https://www.motus.com/

- Zach Zager (Engineering Psychology, 2017)
- Product Intern
- Full-time, 30 hours per week
- Paid

**What do you do as an intern at this organization?**
I worked with the product team to implement improvements to Motus’s cloud-based software platform. I conducted research on other companies and analyzed user feedback results to identify potential new features.

**How did you find your internship?**
The position was listed on LinkedIn.

**What do you enjoy most about your internship?**
I really enjoyed the company culture at Motus. Everyone from the VPs to recent hires showed me a lot of respect and were happy to work with me. Everyone seemed to get along really well and the positive atmosphere was contagious.

**What do you find challenging?**
I had little to no prior experience doing most of my day-to-day assignments. I was frequently tasked with designing interface wireframes, conducting business analyses, handling large data sets in Excel, and creating user stories.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Never hesitate to reach out to people across the company you are working for. I learned so much through the assignments I received from the business development and marketing departments. Also, you never know where these relationships will take you.

**About the Organization**
Motus, LLC
Boston, MA

Motus mobile workforce management software helps you increase visibility and control, improve cost management and ensure IRS compliance. Our employees are at the forefront of redefining work-life and revolutionizing the mobile workforce. We are a selective and tight-knit team of unconventional thinkers who challenge each other, work and play hard together, and are incentivized to innovate.
MultiSensor Scientific | http://multisensorscientific.com

- Anonymous (Computer Engineering, 2018)
- Image Processing Intern
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I use MatLab and C as tools to conduct image processing techniques.

**How did you find your internship?**
On-site career fair at Greentown Labs.

**What do you enjoy most about your internship?**
I enjoy the freedom I am given to pursue my own tasks. There is a good balance between being guided and finding my own way.

**What do you find challenging?**
I found that there was a steep initial learning curve, which intimidated me at the beginning of my internship.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Involve yourself as quickly as possible and immerse yourself in the company. Also, keeping in mind the overall context of your work within the company is very beneficial to the overall work process.

**About the Organization**
MultiSensor Scientific
Somerville, MA

MultiSensor Scientific has developed an advanced imaging capability for detecting, visualizing & quantifying methane leaks throughout the natural gas supply chain. By utilizing unique, commercially available infrared detector materials, low-cost electronics and an intuitive user interface, everyone from the wellhead to municipal utilities will be able to locate and measure leaks in real-time. Today's state-of-the-art Optical Gas Imaging systems in use by the oil and gas industry cost well-over $100,000 to own and have no quantification capability at all. Our solution will be available at a much lower cost-to-own so that all upstream, midstream and downstream players can efficiently and cost-effectively inspect for leaks and prioritize repairs, to the benefit of the producer, consumer and the environment. At MultiSensor Scientific, we aim to ensure efficient, safe and sustainable natural gas production through the power of multispectral imaging.
Elizabeth Lanzilla (Cognitive and Brain Sciences, Computer Science & ELS minors, 2018)
Product Marketing Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I conducted competitive intelligence and market research for many health information technology products and genetic molecular testing. This research lead to competitive matrices, kill sheets, and sales training decks. I attended meetings with many important figures in the organization and worked with Visio, PowerPoint, Excel, Salesforce, and other tools.

How did you find your internship?
I found my internship on Jumbo Jobs.

What do you enjoy most about your internship?
I enjoyed the challenges that my internship provided, as well as the openness of my supervisor and others in helping me manage them. I felt like I was treated with respect and that all my ideas were listened to. I love that I actually contributed something that will be used in the long term.

What do you find challenging?
I found some of the research tasks challenging. For instance, it was hard to find market figures on products new to the healthcare sphere. However, I learned how to think in new ways about how to approach certain problems.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would advise approaching the internship with an open mind and willingness to learn. Do not be afraid to ask questions, but also be able to work without step-by-step instructions. There was no specific deadline for my internship, but make sure you prepare for the interview by researching the current state of healthcare and the solutions NantHealth is offering.

About the Organization
NantHealth
Boston, MA

NantHealth is a next-generation, evidence-based, personalized healthcare company enabling improved patient outcomes and more effective treatment decisions for critical illnesses. NantHealth's unique systems-based approach to personalized healthcare integrates novel diagnostics with large-scale, biometric and phenotypic data to track patient outcomes and deliver precision medicine. In addition, NantHealth's adaptive learning system, CLINICS™, continuously improves decision-making and further optimizes our clinical pathways and decision algorithms over time.
National Football League | www.NFL.com

- Summer Horowitz (Economics, Leadership Studies, 2017)
- Fan Development Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
My responsibilities in the Fan Development team primarily involved Hispanic fan acquisition. I collaborated with other employees to develop marketing strategies and initiatives focused on gaining and increasing Hispanic fandom.

How did you find your internship?
Internship listing on NFL website

What do you enjoy most about your internship?
I learned so much about the NFL and how much work and time go into each fan turning on his or her TV every Sunday and watching a game. I gained an entirely new appreciation for the league and large corporations in general.

What do you find challenging?
It was challenging to be confident in the office environment. I had never had a desk job before this, and everything seemed to be moving a mile a minute. It was a challenge to adjust from an academic setting like Tufts to a corporate setting.

What advice would you offer to someone who wants to make the most of an internship like yours?
Try to meet as many people as possible while you are working there. This could be other interns, managers in your department, or people in different departments. The more people you can meet and talk to, the better.

About the Organization
National Football League
New York, NY

The National Football League is a professional American football league consisting of 32 teams, divided equally between the American Football Conference and the National Football Conference. The NFL was formed in 1922 as the American Professional Football Association and merged with the American Football League in 1966. The first Super Bowl was played at the end of that season. Today, the NFL has the highest average attendance of any sports league in the world and is the most popular professional sports league in the United States. The Super Bowl accounts for all of the top five most watched television broadcasts in history.
NBCUniversal | www.nbcuniversal.com

- Caroline Ambros (International Relations, 2017)
- International Marketing Intern for New Release
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I create financial roll ups and marketing guidelines, review marketing plans, submit title requests, and perform competitor analyses for 2017 films.

How did you find your internship?
I had always been aware of NBCUniversal's Campus 2 Career program, but I had some help from a family friend as well.

What do you enjoy most about your internship?
Despite the fact that the program is in an incredibly large environment, the internship is very hands-on. It's a very well-run program that gives interns a lot of real-world experience.

What do you find challenging?
There isn't much supervision. It's like a real entry-level job in that your boss isn't making sure you are doing what you need to. It's great experience, but it takes some getting used to.

What advice would you offer to someone who wants to make the most of an internship like yours?
Applications aren't due until mid-April. However, once hired, it is important to ask for assignments and guidance when you want it. In a big office, if you don't ask no one will offer.

About the Organization
NBCUniversal
Los Angeles, CA

NBCUniversal owns and operates a valuable portfolio of news and entertainment television networks, a premier motion picture company, significant television production operations, a leading television stations group, world-renowned theme parks, and a suite of leading Internet-based businesses. NBCUniversal is a subsidiary of Comcast Corporation.
Alice Lee (Computer Science, ELS, 2017)
Embedded Software Intern
Full-time, 50 hours per week
Paid

What do you do as an intern at this organization?
I developed software that runs on devices and simulators for testing.

How did you find your internship?
Grace Hopper Conference

What do you enjoy most about your internship?
I liked working with embedded system in a company that's less than 20 years old.

What do you find challenging?
The technical side of the work was challenging, especially learning a large new codebase.

What advice would you offer to someone who wants to make the most of an internship like yours?
Apply early and practice your interviewing.

About the Organization
Nest Labs (Alphabet)
Palo Alto CA

Nest is seeking thinkers, builders, and relentless doers. If that sounds like you, check out our current job openings. We’d like to hear from you. Every new member of the team changes what Nest is and what it will become.
New England Biolabs | www.neb.com

• Andrade Hendricks (Chemical Engineering, 2017)
• Visiting Scientist / Intern; Full-time, 37-40 hrs hours per week
• Paid

What do you do as an intern at this organization?
I work in Research, and it is just like working in any lab on campus, except it is fully stocked all the time. Other departments have intern positions, such as Production and Marketing. Most labs have group presentations once a week to keep updated on all projects and offer suggestions. At the end of the summer you must either give a poster or oral presentation of what you’ve done during the internship.

How did you find your internship?
I asked my Advisor about bio-related connections, and he gave me the name of one of the senior scientists at NEB. He already had a summer intern in his lab, but I said I could provide my own funding through the Career Center and we just went with it.

What do you enjoy most about your internship?
I enjoy research in that the day-to-day is nicely varied. The company itself is so relaxed and enjoyable that it is almost overwhelming, i.e., the exact opposite of what I imagined when working in a global organization. There is quite a bit of downtime when working with bacteria, as most things take time to grow or take effect, so there is lots of time to explore the surrounding area. The building has an art gallery where workers can display art, but they also have a curator. There is a beer and wine club that explores new brands on Thursdays. There are two seminars every week; one is an in-house speaker talking about his/her research, and another is an outside speaker, which can be any topic. (At one point we had a Nobel Prize recipient tell us about his trip to North Korea!) Never a dull moment at NEB.

What do you find challenging?
The challenge for me was communicating with my boss. I am very much a visual person, so I need to see things written down or a picture to really lock in information, but my supervisor is much more verbal and didn't really like taking the time to flesh out what I should be doing. Communication issues are not unique to research, though, but are present in everyday interaction anywhere.

What advice would you offer to someone who wants to make the most of an internship like yours?
As with any internship, apply early! I think they do call-backs around end of February. A referral makes things go so much faster and smoother! I didn't have to do an interview, and only one of the interns had to interview, but it is always good to be prepared. Network at lunch; it is very easy especially at the beginning, and then you can settle into a group and check back with people as the summer continues. Carpooling is a great low-pressure way to network and truly get to know people.

About the Organization
New England Biolabs; Ipswich, MA

At NEB, basic research is a priority. Well-established in their respective fields, including Molecular Biology and Parasitology, NEB scientists routinely publish their work in leading journals, present research at scientific conferences, host visiting scholars from around the world, and supervise post-doctoral fellows. To date, over 750 papers have been published by NEB scientists, in addition to many patents that have been received. We also offer a number of summer internships to undergraduate students as well as opportunities for local high school students to interact with NEB scientists.
Aviva Herr-Welber (Middle Eastern Studies, Education minor, 2017)
Programming and Development Intern
Full-time, 35-40 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I support the staff in executing their development projects and events. This includes preparations for their annual gala dinner, prepping and staffing donor meetings with representatives from NIF's grantee organizations, and general maintenance of development databases.

How did you find your internship?
I had been following this organization for a long time and directly reached out to them; an internship opening had not been posted.

What do you enjoy most about your internship?
I've gotten to work on a wide variety of projects with many different members of staff, which has allowed me to expand my understanding of New Israel Fund's work. I had the opportunity to do everything from working in donor communications to hosting an event at my home, due both to my own desire to work in these areas and the flexibility of office staff. I was able to develop close mentorship relationships with many people on staff as well, which is something that will last long beyond this summer.

What do you find challenging?
This internship involved a lot of time at the computer working on Excel sheets and using donor databases. It was not a "go out and do" internship, and therefore I don't recommend it to anyone who is not very interested in or deeply committed to the work that NIF is doing.

What advice would you offer to someone who wants to make the most of an internship like yours?
The New Israel Fund does not regularly advertise for interns in their SF office, and I believe this is because only a very specific type of intern will do well there: someone with prior knowledge of progressive initiatives in Israel/Palestine who has a desire to work in the field in the future, someone who wants to immerse him or herself in the work of NIF, and a person who is deeply committed to the organization's mission. These characteristics will make the less stimulating work that comes as a part of the package much more valuable and less of a burden.

About the Organization
New Israel Fund
San Francisco, CA

The New Israel Fund (NIF) helps Israel live up to its founders' vision of a state that ensures complete equality of social and political rights to all its inhabitants. Our aim is to advance liberal democracy, including freedom of speech and minority rights, and to fight inequality, injustice, and extremism that diminish Israel. NIF is based on a simple idea: individuals who care about Israel and believe in progressive values can join together to work for an Israel in which everyone is treated with dignity, for an Israel in which a shared society can truly take root, and for an Israel in which Jewish life is inclusive in every respect.
New York Methodist Hospital | www.nym.org

- Kanika Kamal (Clinical Psychology, 2017)
- Summer College Intensive Program Volunteer
- Part-time, 20-30 hours per week
- Unpaid

What do you do as an intern at this organization?
As a part of the Summer College Intensive Program, I am fully immersed in New York Methodist Hospital as a Patient Care volunteer, directly assisting doctors and nurses, as well as spending time building my skills in empathy, compassion, and patient care. I will also begin part-time research at the hospital as part of the program, which will involve shadowing and conducting interviews with patients to help evaluate first-year residents.

How did you find your internship?
Google

What do you enjoy most about your internship?
I love the immersive nature of the hospital environment. I am in contact with the patients and the rest of the hospital staff at all times, allowing me the chance to learn from them and gain valuable skills for my future.

What do you find challenging?
The job is exhausting: you are constantly on your feet, you never really get a chance to sit, and sometimes it is hard to have empathy for patients when you are exhausted and they are calling the call-bell over and over. Also, some moments are slow.

What advice would you offer to someone who wants to make the most of an internship like yours?
The application deadline is Feb 1st. If a career in healthcare is something you are interested in, this should be one of the internships you apply to. You must have a demonstrated ability to understand patient-centered care, be compassionate, and be able to build rapport effectively. It is not for someone who is shy or unable to communicate effectively. This is not your average behind-the-desk internship.

About the Organization
New York Methodist Hospital
New York, NY

The mission of New York Methodist Hospital, a member of the New York-Presbyterian Healthcare System, is to provide excellent healthcare services in a compassionate and humane manner to the people who live and work in Brooklyn and its surrounding areas. The Hospital is a non-sectarian, voluntary institution, which includes an acute care general facility and an extensive array of ambulatory and outpatient sites and services. New York Methodist Hospital has an historic relationship with the United Methodist Church.
What do you do as an intern at this organization?
Most of my work consisted of spiking and priming saline and lactated intravenous ringers for the patient, preparing electric leads to facilitate vital sign analyses, assembling arterial lines and triple arterial for optimum patient blood pressure detection, as well as preparing level 1 hotline fluid warmers. In addition, I was expected to stabilize anesthetic gases and sterilize the operating room pre-operation. I learned about patient drug dosage management, attended grand rounds, calibrated the operating machines, and reported the effects of certain fluid analgesics and paralytic use in comparison to the analgesic gases. (Much of this covered what is best for patient intubation and extubation and why.) I was also permitted to attend the procedures in the operating rooms I was assigned to.

How did you find your internship?
I was introduced to the opportunity through the SMDEP program at Columbia University Medical Center during the summer of 2015. After completion of the program, I was searching for opportunities and was referred to this opportunity by the director, and I applied thereafter.

What do you enjoy most about your internship?
I absolutely loved the exposure I had as an undergraduate student. Although in a busy and high-stress atmosphere, I felt a sort of reassurance that medicine is what I intend to pursue. I was able to assist pre-operatively in preparation for a variety of procedures: tonsillectomies, craniotomies, appendectomies, colonoscopies, spinal fusions, eye surgeries, pulmonary valve repair, a Caesarean Section and many other amazing operations. I also appreciated the physicians and surgeons' inclination to teach during procedures. You are permitted ask questions and they will in turn, after telling you, assess your retention of that knowledge later on in the procedure.

What do you find challenging?
The biggest challenge for me was the level of accountability. Everything we adjust, assemble or assess will be going into the patient's bloodstream or airways and can significantly impact their health, and you as an intern are held accountable for the volume you prepare, the quality with which you prepare it, and the overall pre-op line preparation. I have never been given such a level of responsibility in the field I want to pursue, and I was worried that I wouldn't perform to their high procedural standards. Some days, if one of my fellow interns was out sick, I would be assigned my own cases as well as theirs, which requires the assemblage of more IVs and other patient materials for each room. With such accountability came quite a bit of pressure (at least for the first few weeks).

What advice would you offer to someone who wants to make the most of an internship like yours?
For anyone interested in working as an undergraduate student in a hospital, I highly recommend the SMDEP program. It is an amazing gateway to establishing relationships with medical students, directors, and physicians in a way that will open doors. It has the potential to connect you directly with organization directors who don't post their opportunities for the general public.

About the Organization
New York Presbyterian Hospital; New York, NY
Columbia University Medical Center (CUMC), although an amazing and vital center of research, is an organization that creates exceptional learning environment for undergraduates and graduate students in many scholarly and professional fields.
Nobska Farms | www.nobskafarms.com

- Hannah Uebele (Environmental Studies, English, 2019)
- Sustainable Farming and Production Assistant; Part-time, 14 hours per week
- Paid

What do you do as an intern at this organization?
I was able to work directly with the owners every day and get learn about all of the hard work that goes into running a successful organic farm and small (but growing!) business. I planted and took care of exotic chili peppers, learned beekeeping, built irrigation systems, and prepared hot sauce and other products in a commercial kitchen. I assisted with bottling and labeling products and helped to sell the products at local farmers' markets. We focused on developing growing systems that enhance sustainable food production in urban environments.

How did you find your internship?
I was just lucky enough to find the place when I was searching for summer jobs in Woods Hole online. It seemed like an awesome place to work, so I figured asking them if they had any open positions wouldn't hurt, and the rest is history.

What do you enjoy most about your internship?
Every single day I learned something new and was amazed at the way we can make farming practices work beautifully and sustainably in residential areas. From the pet chickens and pond fish that contributed to plant fertilizer, to the soldier flies and beetles in their backyard that we caught and used as chicken and fish food, to the compost from the town of Woods Hole used to grow the plants, I loved being able to work and see first-hand the successes you can create for yourself and the environment if you change your perspective and think inventively.

What do you find challenging?
My muscles got quite the workout this summer. It was a mostly outdoor and on-your-feet kind of job. Hard work went into planting, weeding, fertilizing, mulching and building irrigation systems. At some points I questioned my ability to do certain things, but my bosses always believed in me and encouraged me, and by the end of the summer I had more arm muscles than I knew what to do with.

What advice would you offer to someone who wants to make the most of an internship like yours?
Just embrace and learn from every moment you have. Don't let the tougher moments stop you; instead, truly challenge and believe in yourself and get the job done. The absolute most important thing is to have fun and enjoy your time. Happiness is a matter of perspective, so be enthusiastic and curious and open to learning new things. And don't be afraid to ask questions!

About the Organization
Nobska Farms
Woods Hole, MA

We are a microfarm on Cape Cod, MA specializing in exotic, rare, hard-to-find, and super hot chili peppers. Methods designed to support Farming for the Future℠. A key aspect of the operation is sustainability. We harvest sunshine and rainwater from the sky to produce chili peppers and other food crops. Research is ongoing to develop ways to increase production intensity through the application of science and technology. Our focus is to develop growing systems that can be tailored to high intensity, sustainable food production in urban environments.
Jorge Anton (Computer Engineering, 2017)  
Software Engineer Intern  
Full-time, 40+ hours per week  
Paid

What do you do as an intern at this organization?
I worked on designing and testing different approaches for tracking. I created a proof of concept for the approach that was considered most viable. At the same time, I worked on creating a simulation to be able to approximate tracking tests, as opposed to needing to physically move the controllers for testing.

How did you find your internship?
I helped a family friend last summer with a start-up, and he referred me to this company this summer.

What do you enjoy most about your internship?
I enjoyed the variety of projects I worked on. It gave me good exposure to what I could be working on as a software engineer. What was great about the company and my role was that the projects we worked on as interns were all of high importance to the company. Our deliverables were needed for the company to finish the product on time. It was also great to get a glimpse of how to develop a product from scratch.

What do you find challenging?
Honestly, everything was extremely challenging for me. Their expectations were high regarding project size and time, and I was new to most of the things I worked on. What I struggled the most with was trying to test different approaches as quickly as possible. This involved thinking of the quickest ways to test if an idea was viable or not, i.e., trying to fail quickly and intelligently.

What advice would you offer to someone who wants to make the most of an internship like yours?
Ask a lot of questions at the beginning to understand exactly what you are expected to deliver; everyone has those questions. Before starting anything, think about how you would solve the problem and then spend ample time researching how others have solved it. You also need to understand the technology you are using in depth. After you feel comfortable, go and solve it.

About the Organization
Nod Labs  
Mountain View, CA

From a cozy, kinda messy lab in Mountain View, our team experiments with new methods of tracking and translating movement (and what it means) each and every day. We respect technology and the humans using it equally. We’re inspired by the idea of a product so completely tuned to a person, it dissolves, leaving only experience behind. We believe our role is to enable developers and content creators with tools that make their goals achievable, and bring their stories to life. From virtual reality to drones and smart homes, Nod is redefining the way we converse with our machines.
Aliyah Sanders (Clinical Psychology, 2018)
Intern; Part-time, 30 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I implemented and facilitated wellness activities that encouraged the group to stay active, as well as meet their specific nutritional needs. I also had the task of writing a certain number of service notes per week. (Service notes describe interactions with individual adults in the program, and they contain information for providers about an individual’s rehabilitation progress.) Whether I was coordinating appointments, making sure medicine was taken on time, budgeting with each individual, taking trips to the store to pick up groceries, or helping members of the group determine their plans for after the Vernon Street program, I was immersed in the environment and offered support wherever I could.

How did you find your internship?
I found my internship after my advisor recommended it to me.

What do you enjoy most about your internship?
What I enjoyed most was getting to know each individual resident at the program. There were only eight adults, so it was easy to have conversations about their pasts and what they want to do in the future.

What do you find challenging?
The biggest challenge came from me. I began my internship with lots of things I wanted to accomplish (running nutrition/wellness groups, dance groups, etc.), but I did not know how difficult that would turn out to be. I came in expecting to see a direct impact on the residents’ lives quickly, but I started to see that change is not just what I (want to) perceive; it’s a process that may come in different forms. Going forward, I kept in mind that even though I had lots of ideas about how I wanted to leave my personal stamp on the program, I needed to take a step back to make sure I was getting the experience and tools I needed from the internship.

What advice would you offer to someone who wants to make the most of an internship like yours?
If someone wants to pursue an internship similar to mine, I would say to jump all the way into it. The work I did at my internship was beneficial and eye-opening, as I now have a clearer view of the path I want to take in the future. While doing the internship, it is important to do the best you can for others/your team, but do not neglect your needs because they are just as important. When it comes to deadlines, start reaching out by January or earlier because the process for getting into this organization is long, and it shouldn’t be put off until the last minute.

About the Organization
North Suffolk Mental Health Association; Chelsea, MA

North Suffolk Mental Health began with a mission of providing mental health services to individuals, and especially children, in these relatively under-served communities. It operated first as a Child Guidance Center in 1963, then grew into a Community Mental Health Center from the 1960’s through the 1970’s as Federal and State policies provided less institutional care and more support for community-based services. North Suffolk continued to grow in the number and types of services through the 1980s and 1990s to become one of the largest providers in the state.
Oak Ridge National Laboratory | www.ornl.gov

- Elizabeth Buechler (Mechanical Engineering, 2017)
- Research Intern
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I worked on a research project where I used a building simulation engine to model the indoor climate conditions of residential buildings. I designed simulation models, ran simulations on a supercomputer, analyzed large quantities of data, and wrote a research paper to be submitted to a scientific journal. Throughout the project I received guidance from my research mentor and worked with various other laboratory scientists.

**How did you find your internship?**
I found the internship through the Science Undergraduate Laboratory Internship (SULI) program website. The SULI program is administered by the Office of Science at the U.S. Department of Energy.

**What do you enjoy most about your internship?**
It was an amazing opportunity to be able to work at a world-renowned research institution and collaborate with people who love science and are performing high-impact research. I really enjoyed the tours of various facilities at ORNL, such as the Spallation Neutron Source and the X-10 Graphite Reactor.

**What do you find challenging?**
To finish an independent research project in a 10-week time period you must be very self-motivated and directed. Research never goes according to plan, as there are always unexpected problems you have to solve. It was difficult to perform research on a subject that I had little experience with, but I found the opportunity to be very rewarding.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
When applying for internship positions at any of the Department of Energy National Laboratories, your chance of receiving an offer is much greater if you are in direct contact with someone who you would like to be your research mentor. Don’t be afraid to email scientists who are working on interesting research projects.

**About the Organization**
Oak Ridge National Laboratory
Oak Ridge, TN

Oak Ridge National Laboratory is the largest U.S. Department of Energy science and energy laboratory, conducting basic and applied research to deliver transformative solutions to compelling problems in energy and security. ORNL’s diverse capabilities span a broad range of scientific and engineering disciplines, enabling the Laboratory to explore fundamental science challenges and to carry out the research needed to accelerate the delivery of solutions to the marketplace.

- Kai McGuire (International Relations, Russian & Eastern European Studies, 2018)
- Student Intern; Full-time, ~50 hours per week; Unpaid

What do you do as an intern at this organization?
Interns assist in the daily operations of Rep. Nagashima Akihisa's office and support assistants with anything they need. Tasks vary depending on the office’s agenda at the time — for instance, during election season, interns help with events on the campaign trail. On a day-to-day basis, interns have a daily set of tasks to complete, such as keeping track of, reporting, and archiving media sources mentioning Representative Nagshima and processing incoming and outgoing mail. Sometimes there will be events like speeches on weekends that interns will be asked to help with on a voluntary basis.

How did you find your internship?
After taking a class on Japanese politics, I was hoping to find a way to study it from the inside. I researched members of the National Diet who had experience studying or working abroad and currently have a role in international affairs, e.g., a foreign relationsnational security-related committee. I sent a Japanese and English resume and Japanese cover letter to these offices, and Rep. Nagashima's replied.

What do you enjoy most about your internship?
I enjoyed getting an inside look at Japanese politics. It is an opaque world often viewed with much skepticism. It was thrilling to see and experience events that, for instance, I would later see on the evening news. Additionally, I enjoyed experiencing a real Japanese workplace, an environment that is drastically different from an American workplace. My colleagues and bosses were patient and always willing to teach me things I struggled with. In particular, they stressed that the internship was a learning experience and that it was okay to make mistakes. Finally, though he is always busy, Rep. Nagashima makes time to get to know his interns, and I was able to interact with him fairly regularly during my two months at the office. He is ambitious, fast-paced, and intelligent, but also just a warm and friendly guy.

What do you find challenging?
Language was my biggest challenge. I am half-Japanese, grew up in Japan (though I went to an international school), and consider myself a fluent speaker. However, using formal workplace-level Japanese was difficult at times. Receiving guests who visit the office — including senior officials from branches of the government and military, other politicians, and foreign dignitaries — is the responsibility of interns and is riddled with verbal and non-verbal formalities that are not necessarily intuitive. However, my colleagues and bosses were patient and always willing to help me learn.

What advice would you offer to someone who wants to make the most of an internship like yours?
Internships vary, but inevitably they will contain some degree of menial, clerical work. This internship is no exception. While I was not thrilled by my day-to-day tasks, it was exciting to experience first-hand an environment that few people ever get to see. My internship was truly a great opportunity to study Japanese politics from the inside and meet a variety of people whom I would not have had the chance to meet otherwise. An internship may have its limitations, but it is ultimately what you make of it.

About the Organization
Office of Akihisa Nagashima, House of Representatives, National Diet of Japan; Tokyo, Japan

Akihisa Nagashima is a fifth-term member of the House of Representatives with The Democratic Party (DP). He serves as the Ranking Member of the House Committee on Education, Sports, Science and Technology, and the Member of the House Committee on Foreign Affairs.
Office of the Attorney General of Massachusetts | www.mass.gov/ago

- Jaya Khetarpal (International Relations, 2019)
- Non-Legal Intern
- Full-time, 22 hours per week
- Unpaid

What do you do as an intern at this organization?
As a non-legal intern for the Trial Division, my tasks included scanning and organizing presentments and finished cases, digesting depositions, creating trial binders, redacting documents, and providing any other help a paralegal or AAG would need.

How did you find your internship?
I applied for this internship through Tisch Scholars, but did not receive it through them, so I applied on my own and got in.

What do you enjoy most about your internship?
I really enjoyed learning more about the legal field and how the government works to uphold the law. I loved being able to attend court sessions and work on cases that were being prosecuted or defended. The paralegals really opened my eyes to what it takes to get through law school, and I enjoyed getting to hear their experiences and advice.

What do you find challenging?
At times, it was a bit overwhelming to be paired with law students or paralegals to complete a task for a case, especially since I didn't have anything even close to their extensive amount of knowledge about the law, the government, and the way trial/court sessions work. I was extremely lucky to have people who were patient when I had questions and cared about teaching me more about the field of law.

What advice would you offer to someone who wants to make the most of an internship like yours?
Volunteer for everything and do everything you possibly can for your internship. I didn't attend all the intern events the Office held for us, and I feel like I would have been able to make more connections and learn more about the Attorney General's Office and its duties. I would recommend going out of your way to introduce yourself to other individuals in the office and offer your help even for the smallest of things.

About the Organization
Office of the Attorney General of Massachusetts
Boston, MA

Attorney General Maura Healey is the chief lawyer and law enforcement officer of the Commonwealth of Massachusetts. In addition, her office is an advocate and resource for the Commonwealth and its residents in many areas, including protecting consumers, combating fraud and corruption, protecting civil rights, and promoting meaningful economic recovery.

- Shivani Shendye (Economics, International Relations, 2017)
- Force and Infrastructure Analysis Summer Fellow
- Full-time, 35 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
As an intern in the Force and Infrastructure Analysis Division within CAPE, I was assigned to classified studies related to the readiness and funding of Army aviation programs. This involved analyzing raw data related to the military's budget and creating materials to be used by senior staff.

How did you find your internship?
I found this internship through the Tisch College at Tufts. Every year, the Tisch College sponsors Tufts fellows in Boston, New York City, Washington, D.C., and internationally.

What do you enjoy most about your internship?
I enjoyed being able to work on-site at the Pentagon with military and civilian staff who were eager to include me in their work.

What do you find challenging?
At times it was challenging to wait on delayed budget submissions and reports that my projects depended on, but there were always other projects assigned to me in those cases.

What advice would you offer to someone who wants to make the most of an internship like yours?
Applicants should request recommendation letters from professors the fall before the summer that they would like to do the fellowship. Information about the application process can be found on the Tisch College's website. Applicants should talk to students who have done the internship in the past to learn more about different Pentagon placements.

About the Organization
Office of the Secretary of Defense - Cost Analysis and Program Evaluation
Washington, D.C.

By law, the CAPE Director reports directly to the Secretary and Deputy Secretary of Defense, providing independent analytic advice on all aspects of the defense program, including alternative weapon systems and force structures, the development and evaluation of defense program alternatives, and the cost-effectiveness of defense systems. CAPE is responsible for the management of the Department’s programming process, including development of planning guidance (in conjunction with other organizations within the Office of the Secretary of Defense), production of applicable programming guidance, and direction of the annual program review. The ultimate product of the program review is the Future Years Defense Program - the authoritative statement of what the Department plans, year by year, in terms of force structure (how many ships, brigades and divisions, aircraft squadrons and wings, etc., we will operate), procurement (how many ships, tanks, aircraft, missiles, etc., we will buy), manpower (how many people, military and civilian, we plan to employ in each of the services and defense agencies), other supporting programs (such as R&D and military construction), and what it will all cost.
Palo Alto Medical Foundation | www.pamf.org/Pediatrics/palo-alto

- Rebecca Moragne (Biopsychology, Community Health, 2019)
- Nutrition Research Intern
- Part-time, 7 hours per week
- Unpaid

**What do you do as an intern at this organization?**
I provided background information on pediatric culinary medicine programs to assess a need for one at Palo Alto Medical Foundation. I then carried out a needs-assessment survey for both physicians and patients in regards to their nutrition information, needs and opinions. I also researched nutrition studies to provide physicians with helpful and needed information.

**How did you find your internship?**
A friend completed the internship last year and referred me.

**What do you enjoy most about your internship?**
I enjoyed the independence. I was able to sculpt this internship according to my interests. I was able to pursue nutrition but could have chosen a different topic in pediatrics.

**What do you find challenging?**
A paid internship would be beneficial and I would have loved if this internship was more time because I enjoyed it so much.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Do as much outside research as you can so that when you are in the office you are as productive as possible and are able to help physicians as much as possible. Ideally inquire about applications in December and January.

**About the Organization**
Palo Alto Medical Foundation
Palo Alto, CA

Palo Alto Medical Foundation is a clinic in the Palo Alto Bay Area under Sutter Health. It provides care for all types of patients. The Pediatric Center includes both incredible physicians and specialists.
Michela North (Psychology, ELS/Child Studies and Human Development, 2017)
Marketing Intern
Full-time, 40-45 hours per week
Paid

What do you do as an intern at this organization?
As the marketing intern, I run all social media accounts, create graphics to post, use analytics tools for our website, draft email campaigns, expand business development lists, create sample templates for a new website, and write/edit press releases.

How did you find your internship?
I found the job on LinkedIn using Job Finder with a premium account.

What do you enjoy most about your internship?
I really enjoy the amount of responsibility I have here and the fact that I have access to people at all levels of the firm. It is a small company, which allows me to work closely with the managing partners and form relationships with people who have great connections in various fields.

What do you find challenging?
I wasn't very familiar with the executive search industry before I started working here, so I had to adapt to new lingo and a completely different space than where I've worked before. It was definitely a learning curve, but it also opened my eyes to even more opportunities in the business world.

What advice would you offer to someone who wants to make the most of an internship like yours?
My best piece of advice is to go into an internship with an open mind and be willing to do anything. Don't go into your internship thinking that you're only going to do marketing things because that's your title. Be willing to do other tasks that may fall within a different field of work. You never know, you may enjoy doing something completely different, and the only way to find out is by trying a little bit of everything.

About the Organization
Park Square Executive Search
Boston, MA

Park Square Executive Search is a retainer-based executive search firm located in Boston, Massachusetts and in Menlo Park, California. Park Square works with leading biotechnology and high technology companies, major research universities and healthcare institutions, and venture capital and private equity firms, as well as their portfolio companies. We place board members, chief executive officers, C-suite executives as well as academic and physician leaders.
Paul Kasmin Gallery | www.paulkasmingallery.com

- Connor Bourke (Art History, American Studies, Economics minor, 2017)
- General Gallery Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I research many contemporary, gallery-represented artists such as Tina Barney, Peter Hujar, David Hockney and Robert Polidori. I commonly use my extensive knowledge of ArtLogic and PrivateView for art business-oriented archival databases and manage an eclectic variety of responsibilities and projects. These projects include managing Paul Kasmin’s personal interests, photographing Will Ryman for magazine spread, gathering research for a published essay on Frank Stella, personally transporting artworks, facilitating gallery viewer and sales director relationships, organizing gallery events and guest lists, and assisting social media management.

How did you find your internship?
New York Foundation for the Arts Classifieds (www.nyfa.org/classifieds)

What do you enjoy most about your internship?
I always find myself engaging with somebody and taking on a new project. The gallery is small enough to familiarize with directors. When these connections help me land projects, even though the gallery is small, I still get a thorough sense of the gallery's artists, clients, and role in the global art market.

What do you find challenging?
Readiness and willingness are necessary to be able to keep up in this fast-paced environment.

What advice would you offer to someone who wants to make the most of an internship like yours?
Get as much out of it as you can! Networking with established people allows for interns to gain a sense of the realities of the contemporary art market. Everyone working here learns an impressive history, but it is the intern's responsibility to ask questions. There is no better way to familiarize oneself with popular artists and styles than to work alongside these pieces. The gallery is comprised of three buildings and exhibits. Even the back office exhibits works, and these walls are consistently changing for private showings. Becoming surrounded by aesthetics and names that sell is the best way to learn about what is in circulation. However, again, it is the intern's responsibility to stop, appreciate what is exhibited, and find time to continue developing this knowledge/research.

About the Organization
Paul Kasmin Gallery
New York, NY

Paul Kasmin Gallery is committed to supporting an ongoing intellectual and visual dialogue with influential Modern and Contemporary artists, representing several generations of internationally recognized artists working in a variety of media. In addition to years of representing and cultivating important contemporary artists’ careers, the Paul Kasmin Gallery also specializes in representing artist estates. Since its inception in 1989, the gallery has presented a program of exceptional solo exhibitions and dynamic group shows. The gallery publishes a variety of catalogues and monographs, participates in international art fairs and frequently presents outdoor public art projects.
Khuyen Bui (Computer Science, Philosophy, 2017)  
Internal Communication  
Part-time, 20 hours per week  
Unpaid; received Institute of Global Leadership funding

What do you do as an intern at this organization?  
I manage a contact list and research possible directions for the organization - what is happening out there? How might we do it? Who should we contact to learn more? Which questions to ask? I also synthesize meeting notes, track a range of projects and follow up.

How did you find your internship?  
I met my supervisor last summer when I was in Palo Alto. She co-founded a nonprofit that I've worked with for a few years.

What do you enjoy most about your internship?  
I received AMAZING exposure to the brightest and kindest people in Silicon Valley, as well as hands-on experience in trying out different projects, making mistakes and understanding how hard and important it is to work well with people. It is a startup, but is run by experienced people who are veterans in their fields. Finally, I enjoyed working with my bosses, having their feedback and trust, and the personal relationships that we are growing together.

What do you find challenging?  
The nature of the work is challenging; the initiative moves really fast, and sometimes it wasn't clear what I should do. I misinterpreted the instructions for some assignments, which felt a bit dumb, let alone ineffective. Also, the logistics were tough. Being the only intern, and one without a permanent office, made it a bit hard to get myself motivated sometimes.

What advice would you offer to someone who wants to make the most of an internship like yours?  
Ask for clarification ALL the time, but also observe, observe, observe.

About the Organization  
People-Centered Internet  
Palo Alto, CA

The People Centered Internet is building the tools and coalition to assure that the Internet delivers permission-less innovation and economic, social and political empowerment for all humankind.
Pratt & Whitney | www.pw.utc.com

- Chandler Libby (Mechanical Engineering, Engineering Management, 2018)
- Engineering Intern, Engine Dynamics and Loads Group; Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I worked in the Engine Dynamics and Loads Group, which really cool because we analyzed the jet engine as a whole, as opposed to looking at one particular component or section. I used advanced rotor dynamic analysis to work on the preliminary design of the HPW3000 engine (used in Blackhawk and Apache military helicopters). I helped determine causes of engine instability and used optimization techniques in MATLAB to find solutions that minimized vibration. I performed whirl frequency, critical speed, and imbalance sensitivity analyses to determine proper vibration and imbalance limits. I used CAD and graphics software to interpret three-dimensional engine models. I wrote standard work procedures for small engine imbalance sensitivity learning and conducted benchmark studies to apply my knowledge to larger commercial & military engines. I worked in a team setting and interacted with other groups in a cross-functional and interdisciplinary nature.

How did you find your internship?
I applied for my internship at the United Technologies career website (https://jobs.utc.com/search-jobs) and was hired after a series of interviews.

What do you enjoy most about your internship?
It was a great feeling to know that the work I did mattered and affected the company. I was also fortunate to work on a new engine, the HPW3000. I was able to work on the preliminary design and help bring a concept to reality. I worked alongside professional engineers and learned a lot from them, not only about engineering but also business, supply chain, operations, management, and organization. My summer internship lasted 16 weeks, so I was able to pack as much into my summer as possible.

What do you find challenging?
The learning curve during the first week or two was very steep. As a rising junior, I have not taken any junior or senior year engineering courses yet. I had to learn about vibrations, mechanics, dynamics, heat transfer, and other subjects where I knew nothing or had limited knowledge because I have not taken those classes yet. This was a huge challenge at first, but I was very fortunate that Pratt & Whitney has an amazing employee educational system. I was provided with courses at the beginning of my internship to help teach me this challenging material.

What advice would you offer to someone who wants to make the most of an internship like yours?
An internship is what you make of it. You must be self-motivated to succeed in a corporate setting, especially at a large, competitive Fortune 50 company. You can’t be afraid to ask questions. You will be provided with challenging projects, and you will most likely have lots of questions. The employees around you are more than willing to help you. Remember, they used to be interns like you.

About the Organization
Pratt & Whitney; East Hartford, CT

Today, Pratt & Whitney develops game-changing technologies for the future, such as the PurePower® PW1000G engine, with patented Geared Turbofan engine technology. The company's worldwide large commercial engine maintenance, repair and overhaul network provides innovative services that add value and delight customers around the globe. Pratt & Whitney's large commercial engines power more than 25 percent of the world’s mainline passenger fleet.
Prisoners' Legal Services  |  www.plsma.org

- Mary Lipscomb (Anthropology, Women's Studies and Colonialism Studies, 2017)
- Legal Intern
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
As an intern at PLS, I reviewed records, interviewed clients, researched, wrote memos, attended meetings, worked closely with attorneys, and advocated for prisoners incarcerated in Massachusetts state and county prisons.

How did you find your internship?
I found Prisoners' Legal Services through work they have done on the reproductive rights of incarcerated women, which led to their organization being listed on Planned Parenthood’s website.

What do you enjoy most about your internship?
I appreciated learning about both the prison system and the legal system. I feel that this internship gave me valuable insight into the challenges and benefits of public interest law. The atmosphere of the office was incredibly supportive.

What do you find challenging?
Working for incarcerated clients is a very sobering and eye-opening experience. I am grateful to have been challenged in this way.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would say if you're truly interested in learning about the prison system and working for incarcerated people, this internship is a truly valuable experience, and you should email the organization to let them know you're interested. Try to get as much work as you can and talk to people while you're there. Keep learning, asking questions and thinking critically.

About the Organization
Prisoners' Legal Services
Boston, MA

Prisoners' Legal Services is a legal aid group that does civil rights work on behalf of the incarcerated population of Massachusetts. PLS advocates for improved prison conditions and holds institutions of incarceration responsible to the standards that the law has set through both litigation and legislation, among other forms of advocacy. PLS has four priority areas, including issues related to medical care, solitary confinement, extreme conditions of confinement, and staff assaults.
Public International Law & Policy Group | http://publicinternationallawandpolicygroup.org

- Sophie Pearlman (Peace and Justice Studies, Sociology, 2018)
- Democracy and Human Rights Intern
- Full-time, 40 hours per week
- Unpaid

What do you do as an intern at this organization?
I contributed to the creation of an alternative transitional justice system in Kenya and was the consultant regarding the rule of law for Syrian civil society organizations. These projects involved daily research, news updates, and training and material preparation.

How did you find your internship?
I searched on Google for law firms that had international components to them. As a PJS major, I was automatically drawn to PILPG’s focus on peace building and conflict resolution.

What do you enjoy most about your internship?
My internship required coordination with law associates, senior counsel, and field office staff. To be able to work with a group of passionate individuals who are genuinely invested in peace was wonderful.

What do you find challenging?
I worked specifically on projects related to Kenya and Syria. It was challenging but extremely rewarding to learn about and follow the daily happenings in these countries.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would advise any intern who is in Washington, DC to attend at least one external lecture, conference, or event happening in the city per day. The application for this internship position is rolling, so the sooner you apply, the better.

About the Organization
Public International Law & Policy Group
Washington, DC

The Public International Law & Policy Group, a Nobel Peace Prize nominee, operates as a non-profit, global pro bono law firm providing free legal assistance to its clients, which include governments, sub-state entities, and civil society groups worldwide. PILPG provides legal counsel to pro bono clients during peace negotiations, advises on the creation and operation of transitional justice mechanisms, provides expertise during the drafting of post-conflict constitutions, and advises on ways to strengthen the rule of law and effective institutions. To facilitate the utilization of this legal assistance, PILPG also provides policy formulation advice and training on matters related to conflict resolution.
Puente de la Costa Sur | www.mypuente.org

- Ana Sofia Amieva-Wang (Latin American Studies, Environmental Studies, 2019)
- Summer Intern
- Full-time, 35 hours per week
- Unpaid

What do you do as an intern at this organization?
I performed office work, including translating documents (English to Spanish), creating surveys, and providing program support for a variety of upcoming events. I worked with the youth in Puente’s summer program and was part of a project to help them complete summer reading as well as find internships and attend local field trips.

How did you find your internship?
I heard about Puente from a family friend and reached out to the organization.

What do you enjoy most about your internship?
I enjoyed working with the youth as well as working in a non-profit setting where everyone is so driven in the work they do.

What do you find challenging?
I was working with an organization that is able to do so much because they are engrained in the community and know it well. A lot of the staff live in and around the town and have very strong connections to the program participants. It took me a while to get familiar with the culture of the Pescadero community, which was necessary for doing this kind of work.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be clear about what interests you and how you can best help the non-profit while also working on projects that inspire you. Work hard to connect with the local community.

About the Organization
Puente de la Costa Sur
Pescadero, CA

Puente is a non-profit organization that offers a wide variety of community programs including ESL classes, medical assistance, legal assistance, child care, etc. to farmworkers, their families, and the South Coast communities. Pescadero and the surrounding area is home to a large population of farm workers, many of whom are Spanish-speaking immigrants.
Qualcomm | www.qualcomm.com

- Kabir Singh (Computer Science, 2017)
- Software Engineering Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I am on the graphics drivers team, where my current role is to develop a tool to identify redundancies and inefficient transmissions from the driver to the GPU.

How did you find your internship?
I met a recruiter at a hackathon (IDHack) and stayed in contact with her for several months. She then forwarded my resume to the appropriate hiring people.

What do you enjoy most about your internship?
The San Diego area is gorgeous and the Qualcomm campus is unreal. The facilities are state of the art and everyone here is dedicated and incredibly intelligent.

What do you find challenging?
Slipping into everyone's workflow is challenging. I'm also in a rather technical area, so catching up on all of the acronyms and specs of the system took some effort.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be afraid to pursue your connections: reach out, email, etc. as much as you can (without being weird about it) to get that internship! At the internship, ask questions! It's okay to not know what you're doing or what you're working with. You're an intern -- the expectations for you are *not* as high as you're accustomed to at Tufts (usually).

About the Organization
Qualcomm
San Diego, CA

Qualcomm, Inc. is an American multinational semiconductor company that designs and markets wireless telecommunications products and services. It derives most of its revenue from chipmaking and the bulk of its profit from patent licensing businesses. The company headquarters are located in San Diego, California, with 224 worldwide locations.
Refugee Immigration Ministry | www.r-i-m.net

- Eliza Davis (International Relations, Arabic, 2018)
- Case Management Intern
- Full-time, 40 hours per week (depends on needs for the week)
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I provide ESL and do interim case management, as the primary case manager is on leave. We are currently revamping the intake process, so I've been coordinating with my boss on that as well.

How did you find your internship?
Online

What do you enjoy most about your internship?
RIM is a very small organization, so being an intern means you're treated as part of the staff.

What do you find challenging?
Because it's a small organization, RIM is often limited in what it can achieve, which can be difficult when dealing with such high need on the client side.

What advice would you offer to someone who wants to make the most of an internship like yours?
I think the most effective way to do this internship would be in a long-term, low-intensity capacity.

About the Organization
Refugee Immigration Ministry
Malden, MA

RIM’s programs include Spiritual Care Givers, English Classes (within the communities), Job Placement Assistance, Training for Certified Nursing Assistants, and Community-based Resettlement (Clusters). By bringing uprooted people into a community, they are able to build trust and can begin the process of rebuilding their lives. Community-based support helps clients prepare for employment and make the cultural adaptation necessary for success. Not only does the community provide friendship, acculturation opportunities and support for clients at the most vulnerable time of their lives, but it is enriching for volunteers. By sharing faith practices and cultural customs, RIM volunteers are enriched and inspired.
RIKEN Brain Science Institute | www.brain.riken.jp/en/summer

- Rati Srinivasan (Biochemistry, Cognitive Brain Science, 2018)
- BSI Summer Program Intern; Full-time, 40 hours per week
- Unpaid; Summer Program Committee will pay for round trip flights to Japan as well as free accommodations for two months on the RIKEN campus and a few other expenses.

**What do you do as an intern at this organization?**
Most interns learn a variety of laboratory techniques (genotyping, histological analysis, behavioral tests, electrophysiology, building electrodes, electrode implantation surgery, etc.) and are able to conduct an independent research project guided by a mentor from the host laboratory. Daily tasks include planning and running experiments, data analysis, and preparing for final presentations and journal clubs.

**How did you find your internship?**
My sister has a friend who participated in this program and had an incredible time, so she told me to look it up, and I was excited about it from the first time I read about RIKEN.

**What do you enjoy most about your internship?**
The most incredible part of this internship is that I was able to learn about Japanese culture and explore the country extensively because of the flexibility of the internship program. As long as you’re getting your work done and coordinating with your mentor, there’s a lot of free time to meet new people and explore Japan. Also, the projects in the lab are extremely advanced, so the internship is challenging but very doable with the overwhelming amount of support from the host labs.

**What do you find challenging?**
I landed in Japan without knowing any Japanese, which is entirely fine on the RIKEN campus (well, 80% of the time it’s fine), but at first it’s difficult to get around and buy groceries without knowing the language. I strongly recommend at least learning the basic phrases by yourself, but if not, you’ll learn them quickly once you land like I had to!

**What advice would you offer to someone who wants to make the most of an internship like yours?**
The application deadline is near the end of February, but be sure to get your recommendation letters early so those are sent in on time! One part of the application calls for an independent project proposal. There is NO way to make this by yourself and get accepted (or at least none of the interns from this year were able to do that). It’s extremely important that you look through the list of possible host labs and contact a PI (or 2 or 3) expressing your interest in the Summer Program, and if they decide to help you with a project proposal, then you’ll likely be accepted into their lab once you apply (using the proposal and extending upon it). Be sure to build this connection before applying!!

**About the Organization**
RIKEN Brain Science Institute
Wako, Saitama Prefecture, Japan

Brain science is valuable not only for the advancement of science but also because it can greatly impact our society and economy. To meet these expectations, the Brain Science Institute (BSI) was established in 1997 as part of RIKEN, an independent research institution supported by the Japanese government. BSI has a mission to produce innovative research and technology leading to scientific discoveries of the brain. BSI has become a leading international center for brain research with a reputation for discovery, innovation, training, and globalization of the scientific enterprise.
Isabel Merrin (Art History, 2017)
PR Intern
Full-time, 40-50 hours per week
Unpaid but receiving Career Center Internship Grant (Meghan A. Carleton, A02 Internships in the Art World Grants)

What do you do as an intern at this organization?
As a PR Intern at The Row, my tasks vary. I plan, allocate, and return ready-to-wear clothing, shoes, and accessories to and from clients. I organize the showroom and oversee company gifting to clients. I pull clothing, shoes, and accessories for clients. I also manage departmental expenses and periodically work at reception.

How did you find your internship?
I found this internship online at freefashioninternships.com.

What do you enjoy most about your internship?
I love the fast-paced environment of the fashion industry, especially the PR industry. There are always tasks that need to be accomplished and projects that need to be organized and finished. Since the fashion industry relies heavily on interns, there is always something substantial for me to do.

What do you find challenging?
I am faced with daily challenges in the PR field. Inevitable miscommunications between messengers and between other departments, especially the Sales Department, make simple tasks more complicated.

What advice would you offer to someone who wants to make the most of an internship like yours?
There is no task that is too small or trivial. Every task and project is important; complete each one as such. Be the first intern to arrive in the morning and be the last one to leave.

About the Organization
The Row
New York City

The Row was established in 2006 by Ashley Olsen and Mary-Kate Olsen. Since its launch, the brand has expanded to include a range of ready-to-wear, eyewear, handbags, and footwear. The Row reflects a sense of relaxed and timeless elegance, focusing on fine fabrics and the perfect fit. In both 2012 and 2015, The Council of Fashion Designers of America named Ashley and Mary-Kate as Womenswear Designers of The Year. In 2014, they were awarded the title of CFDA Accessory Designers of the Year. Part of The Row’s mission is to support high-end fashion manufacturing in the US.
Daniel Camilletti (Film and Media Studies, Architectural Studies minor, 2017)
Art Director Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I create briefs and brainstorm concepts for TV spots. I report to an art director who gives me daily design projects.

How did you find your internship?
I found it at an LGBT marketing conference called Out for Undergrad.

What do you enjoy most about your internship?
I enjoy the challenges. There are a lot of rules and regulations in healthcare, so it’s really up to the art directors to come up with something fresh that fits within the boundaries.

What do you find challenging?
Being an intern is difficult; you don’t have your own responsibilities, and sometimes it’s difficult to speak up in a large meeting with people who are much farther up on the hierarchal scale.

What advice would you offer to someone who wants to make the most of an internship like yours?
I applied around March (typical time for ad agencies), but you should be searching all year if it’s your junior year. Keep an open mind, but keep it related to your passions/dreams or you’ll hate it. Don’t feel like you need to be anywhere (e.g., NYC); sometimes it’s okay to work near home. Work as hard as you can and ask lots of questions. It’s not only a job, but also a learning experience.

About the Organization
Saatchi and Saatchi Wellness
New York, NY

For decades, we’ve helped wellness and pharmaceutical brands, along with their products and services, grow and thrive. Today, we’re dedicated to raising the bar and crafting award-winning work that lives up to the Saatchi & Saatchi name. As a part of the largest healthcare communications group in the US, Publicis Healthcare Communications Group, we’re a full-service agency, providing Consumer Marketing, Medical Education, Strategic Consulting, Professional Marketing and Direct Sales Force.
Manas Deolankar (Biology, 2017)
Medical Scribe
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
As a medical scribe, I update the electronic health records (in real time) of every patient of the doctor I’m working with that day. I am constantly at the doctor's side, whether he/she is seeing the patient or working in the office. As the doctor cares for a patient, I record the history of the patient's present illness, document the patient's symptoms, record findings of exams and tests, order tests and prescriptions, and summarize the assessment of each patient's visit and forward this information to the doctor. During visits, I also compile previous test findings and the past medical history of patients for the doctor to analyze.

How did you find your internship?
I found the internship through a friend who held a similar job during her gap year between college and medical school.

What do you enjoy most about your internship?
This internship is the gold standard of clinical experience for any student who yearns to learn more about the demands of being a doctor. I enjoy that I get a complete glimpse into the work of a practicing physician by working with them from the beginning to the end of their day. Secondary to this, I’m acquiring a great deal of medical knowledge before applying to medical school.

What do you find challenging?
The biggest challenge may be the learning curve in understanding how to think like the doctor you are working for. Each doctor has certain expectations on how he/she wants notes to be documented on patients' electronic health records, and "getting into the mind" of the doctor you work with requires some time and patience.

What advice would you offer to someone who wants to make the most of an internship like yours?
Apply earlier rather than later. The best way to make the most of this internship is to develop the ability to view you and your doctor as a team. This way, you will understand how to work with providers in a health care field (a valuable skill), as well as build a strong relationship with a role model.

About the Organization
ScribeAmerica
Boston, MA

A Medical Scribe is a revolutionary concept in modern medicine. Traditionally, a physician's job has been focusing solely on direct patient contact and care. However, the advent of the Electronic Health Record (EHR) created an overload of documentation and clerical responsibilities that slows physicians down and pulls them away from actual patient care. To relieve the documentation overload, physicians across the country are turning to Medical Scribe services.
Jackson Bockhorst (Mechanical Engineering, 2017)
Mechanical Design Engineer Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I work on projects both with the design teams and on my own, ranging from current product management to lab experiments for new product development.

How did you find your internship?
I found my internship at the Fall Career Fair, as well as through friends who are Tufts alumni.

What do you enjoy most about your internship?
I enjoyed interacting with the people, both interns and full time employees, as well as being dropped into the day-to-day life of the company and getting real experience.

What do you find challenging?
I wasn’t given the solutions to the problems I faced, which led to challenges, but it allowed me to grow, which I appreciated. Other than that, the timelines of projects often extended past the length of the internship, meaning the project was left to be finished by other employees.

What advice would you offer to someone who wants to make the most of an internship like yours?
Take advantage of the full time employees around you and their experience. They can provide you with a lot of knowledge that you can’t get in a text book or in the classroom.

About the Organization
Sensata Technologies
Attleboro, MA

The name Sensata comes from the Latin meaning “those gifted with sense.” To complement our business and name, our logo is inspired by Braille, the writing system based on touch. Our highly engineered devices satisfy the world’s growing need for safety, energy efficiency, and a clean environment. These are devices that improve safety, efficiency and comfort for millions of people every day and are used in automotive, appliance, aircraft, industrial, military, heavy vehicle, heating, air conditioning, data, telecommunications, recreational vehicle and marine applications. Until 2006, we were called Texas Instruments Sensors & Controls. Today we are the world’s leading supplier of sensors and controls across a broad range of markets and applications.
Silk Therapeutics | http://silktherapeutics.com

- Megan Tse (Biomedical Engineering, 2018)
- Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I help with the manufacturing of cosmetic products, including silk processing and the actual mixing of the product. Also, I am occasionally given tasks to perform for R&D, as well as general office tasks, such as scanning batch records. In addition, I help out with the packaging and shipping of products.

How did you find your internship?
I received a message from a professor via a general email to the biomedical engineering department. The professor had received an email from a Tufts alumnus, saying that his company was looking for interns for the school year. I ended up continuing the internship full time into the summer.

What do you enjoy most about your internship?
I enjoyed learning many new things and getting to do so much more than I was able to do during the school year. I didn't get a chance to fully work through the processes of turning silk into solution when I worked part time. However, I did get to learn more about it, its uses, and the potential for it to be used in other biomedical fields.

What do you find challenging?
The most challenging thing is learning to work with those who have so much experience without continually underestimating yourself. You're there to learn and get experience, so it's alright to ask questions all the time and not know certain things.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would definitely recommend asking questions all the time. In this kind of start-up environment, there is a much more relaxed atmosphere than most corporate companies.

About the Organization
Silk Therapeutics
Medford, MA

We are incredibly proud to introduce the cleanest, healthiest skincare option for all women that delivers real results and with full transparency. Women who use our anti-aging silk skincare trust that our products have been developed with the utmost care, purpose and technology. Silk Therapeutics was founded on the fundamental truth that skincare is healthcare. We believe a women’s skincare regime should be effective without compromising her health. Our patented pure silk protein serves not only as our key ingredient, but also eliminates the need for synthetic fillers and harsh chemical preservatives while stabilizing other active ingredients. We hope to be a source of education and through transparency to bring our followers along our journey as we strive to make a difference in the beauty and skincare industry.
John Tyler McCullough (International Relations, Environmental Studies, 2017)
- Fellow
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
The daily tasks varied greatly depending on what marketing "sprint" (or basically experiment) we were on. That said, most days, I spent some time making calls or emailing, mostly going out and talking with potential clients, and also spent time on personal projects.

**How did you find your internship?**
Mass CEC

**What do you enjoy most about your internship?**
The approach to outreach and gaining clients changed greatly on a two-week basis, which made for varied work. Also, we attended weekly meetings and had a very real effect on how the company functioned day-to-day and how we tried to enroll customers.

**What do you find challenging?**
Sometimes we had to do cold calling. Happily, this didn't last long, but it was definitely hard to engage people over the phone.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Definitely take the initiative to think up personal projects that could benefit the organization. You can think about this in terms of what they appear to be lacking and how you can add that value, skill etc. Also don't be afraid to speak up, your ideas should be valued.

**About the Organization**
Solstice Initiative
Boston, MA

Solstice aims to put the power of solar in the hands of the 80% of Americans currently excluded from the market. These people look like those who don't have the credit/funds, have unsuitable roofs or are renters. For these individuals rooftop solar is not an option. Solstice connects these individuals virtually through their existing power provider to a community solar farm located nearby. This essentially allows them to "own" a part of the garden, unlocking the benefits of affordable renewable energy for them and furthering the renewable industry as a whole.
What do you do as an intern at this organization?
My job is to help the VP of Business Development organize the Sqrrl Partner Program, recruit new partners, and maintain partner relationships.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
I enjoy the freedom that Sqrrl allows you. Unlike lots of companies that have rigid guidelines about when you arrive, what you do, and what you wear, Sqrrl is primarily concerned with getting good work done quickly. You work with your manager to create your goals, and then you meet them. Everything in between is up to you.

What do you find challenging?
Creative space is a double-edged sword. Yes, you get a voice in generating your tasks and how you complete them, but there is also no preset "path" for you to follow.

What advice would you offer to someone who wants to make the most of an internship like yours?
Always be thinking about how you can provide value to the organization and what about you puts you in a unique position to provide that value. Take ownership of your tasks and your work. If it’s just work, then you’ll never be any good at it.

About the Organization
Sqrrl
Cambridge, MA

Sqrrl is the security analytics company that enables organizations to target, hunt, and disrupt advanced cyber threats. Sqrrl’s industry-leading threat hunting platform unites link analysis, User and Entity Behavior Analytics (UEBA), and multi-petabyte scalability capabilities into an integrated solution. Sqrrl’s unique approach enables security analysts to discover threats faster and reduces the time and resources required to investigate them.
Adam Kercheval (Computer Science, Spanish, 2018)
Product Marketing Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I manage website and product messaging, control social media accounts, analyze competitors and customer feedback to fine-tune our product.

How did you find your internship?
I found it through networking with a friend who was an intern there the summer before.

What do you enjoy most about your internship?
The company culture is very lax (in a good way) and down-to-earth, and the other interns I worked with were really fun and interesting people.

What do you find challenging?
The company is a startup, so everything is very fast-paced and can sometimes be a little high stress. Even as an intern, I was in the office until 8 or 9 a couple of nights. This isn't a bad thing necessarily, but do be prepared for it and make sure you can handle it!

What advice would you offer to someone who wants to make the most of an internship like yours?
I'd apply by the end of March at the latest. They don't usually take software engineering interns, though, so note that your role would be looking at the software from afar as opposed to getting deep into it. This allows you to learn some super cool things about cybersecurity and product management, though!

About the Organization
Sqrrl
Cambridge, MA

Sqrrl is the security analytics company that enables organizations to target, hunt, and disrupt advanced cyber threats. Sqrrl’s industry-leading threat hunting platform unites link analysis, User and Entity Behavior Analytics (UEBA), and multi-petabyte scalability capabilities into an integrated solution. Sqrrl’s unique approach enables security analysts to discover threats faster and reduces the time and resources required to investigate them.
Alizee Weber (Biopsychology, 2018)

Intern; Full-time, ~40 hours per week

Unpaid

What do you do as an intern at this organization?
I worked at the weight management clinic for six weeks, which included shadowing a bariatric doctor during consultations; running body composition, resting metabolic rate, and electrocardiogram tests; attending bariatric educational classes as well as support groups; attending sleeve and gastric bypass surgeries; compiling a list of vegan protein options to give to patients; and performing other administrative tasks. I also worked at the diabetes center for two weeks, which included shadowing on-call certified diabetes educator nurses during their inpatient hospital visits and a diabetes dietitian during consultations; watching insulin pumps/blood sugar sensor set-ups and removals; and volunteering at fundraisers. Finally, I worked with the hospital clinical dietitians for one week, which included shadowing on-call dietitians during inpatient hospital visits in their respective services (Rehabilitation, Cardiac, Neonatal Intensive Care Unit, Pediatric Intensive Care Unit, Eating Disorders Center, Intensive Care Unit, Nursing Home/Long Term Care).

How did you find your internship?
I looked up the hospital online and sent an email to the bariatric doctor inquiring about potential internship opportunities.

What do you enjoy most about your internship?
I really love how hands-on this internship is; I feel like I not only learn about a variety of health topics but I also get to put my knowledge into practice, which is very rewarding. Being able to shadow healthcare professionals in their respective fields has given me exposure to a breadth of nutrition-related professions, allowing me to refine my personal career interests.

What do you find challenging?
Being unpaid was really the only downside of this internship experience; it was to be expected, however, since I requested the internship independently when there was no posting on their career webpage.

What advice would you offer to someone who wants to make the most of an internship like yours?
The most important thing is to pay attention to detail and not be afraid to ask questions. If you do this, you will put yourself in an excellent position to take on an active role and make the most of your internship.

About the Organization
St. Vincent Healthcare
Billings, MT

We reveal and foster God’s healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable. Inspired by our faith, we will be distinguished as the premier person-centered health system and trusted partner. We will engage patients in their care decisions and share accountability with clinicians and other stakeholders to coordinate care across all settings and improve access, quality, health outcomes and affordability. We will grow as community-based health networks in partnership with others who share our vision and values and align with us to be an essential provider to those we serve.

- Rachel Lai (Community Health, Environmental Studies, 2019)
- Data Analytics Intern
- Part-time, 15-20 hours per week
- Paid

**What do you do as an intern at this organization?**
I proofread consulting contracts between client companies and Syncopation Consulting. I also reviewed clinical study protocol, compared data collection forms, examined elements of statistical analysis plans, and processed basic raw data for analysis.

**How did you find your internship?**
Family/friend referral

**What do you enjoy most about your internship?**
I have always loved my math and statistics classes, and as a Community Health student, I’m glad I get to apply my quantitative skills to solving real-world health issues. I appreciate that the data I analyze actually goes on to make a real difference.

**What do you find challenging?**
In school, we are not always taught how our knowledge can be applied in the real world. I found the translation of firm and rigid "textbook" skills to be a bit challenging at times.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Don’t be afraid to try something out of your comfort zone. I was afraid that my statistics classes wouldn’t adequately prepare me to analyze real data that could be censored, skewed, or even erroneous, but getting experience makes a huge difference.

**About the Organization**
Syncopation Consulting, Inc.
Saratoga, CA

Syncopation Consulting, Inc. is a statistical consulting company based in the San Francisco Bay Area. The company consults for organizations around the country in biotech, pharmaceutical, and public health fields. Interns have the opportunity to study clinical protocol, collect and process raw data, and use statistical methods to analyze data, while making a real difference in important sectors like healthcare.
Anne Hall (Biology, Community Health, 2019)
Director's Assistant; Full-time, 25 hours per week;
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I provide support in the Sioux Falls office by welcoming women, teens and children and helping them get connected to the resources they need. A typical day involves creating hygiene kits and restocking our shelves for the dozens of women that come in every day in addition to providing life coaching, mentoring and chaplaincy services to women who request it. I also visit homeless shelters, group homes, youth detention centers, and jails with my supervisor to reach women and children who may not be aware of our organization and the services and support we provide. In Sioux Falls, the majority of the women we work with are Native American, so we also visit several reservations to learn more about life on and off the reservation and to build relationships with the people. We also partner with other nonprofits who already have a respected presence on the reservation and assist them in their projects.

How did you find your internship?
I found my internship by searching nonprofits in my home town on Google. I came across Tapestry’s website and contacted them about an internship position.

What do you enjoy most about your internship?
My favorite part of my internship is building relationships with the women and walking alongside them during some of the most difficult parts of their lives. Nearly all the women we work with have experienced traumatic events in their lives or are living in extremely challenging situations. Therefore, just being present with them every day and providing a listening ear along with resources to help them is by far the most valuable piece of my internship. In addition, seeing them grow and be able to support themselves as they undergo major changes/transactions is such a blessing to witness and be a part of.

What do you find challenging?
The most challenging thing about my internship is networking. As a fairly small and new nonprofit, Tapestry’s name and services are spread mainly by word of mouth in the community. Therefore, advertising our organization effectively through various social media platforms and reaching out to both future partners and women in need of our services has been the main challenge.

What advice would you offer to someone who wants to make the most of an internship like yours?
Social work can be very overwhelming, and it’s easy to get caught up in the situation and emotions of the client. Taking time each day/week to reflect and process can be extremely helpful in gaining a different perspective and improving the ways you and your co-workers can better handle sensitive situations. In addition, I would recommend reading books about the population the organization is targeting (immigrants, women, children, victims of sex trafficking, etc.) to learn more about where the clientele is coming from and so you can apply culturally-appropriate solutions. Since my organization works with Native American women, I found it extremely helpful to learn about what life is like on/off the reservation. Lastly, since my internship was for the summer, I would suggest contacting the organization of interest at least by the end of March.

About the Organization
Tapestry International Ministry; Sioux Falls, SD
Tapestry International Ministry is called to work with Native women and children who are experiencing injustices such as gang affiliation, prostitution, substance abuse and suicide. Our office exists as a safe place where women are able to receive prayer, relational support, and connection to other resources in the community.
Linda Jiang (International Relations, Entrepreneurial Leadership Studies, 2017)
- Strategy Intern
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I worked across a few divisions within Teneo, including Strategy, Intelligence, and Ventures. Within these divisions, I assist on research projects, media briefs, and strategic communications for a variety of clients in industries like Financial Services, Energy, Technology, and Consumer Products.

**How did you find your internship?**
Family/friend

**What do you enjoy most about your internship?**
I enjoyed having face-time with many of the senior managing directors and being able to learn from their experience and expertise. There was also an amazing view of the Chrysler building from the Teneo NY office.

**What do you find challenging?**
There's a steep learning curve, and if you haven't been exposed to corporate culture before it could be a bit of a shock.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Be willing to do (almost) anything and be open to learning new things. Teneo doesn't really list its internship; directly contacting HR is the best way to inquire about it.

**About the Organization**
Teneo
New York, NY

Teneo is a global advisory firm that partners exclusively with the CEOs and senior leaders of many of the world’s largest and most complex companies and organizations. The firm is focused on working with clients to address a wide range of financial, reputational and transformational challenges and opportunities by combining the disciplines of strategic communications, investor relations, investment banking, financial analytics, executive recruiting, digital analytics, corporate governance, government affairs, business intelligence, management consulting and corporate restructuring on an integrated basis. Teneo’s clients include the CEOs of many Fortune 100 companies across a diverse range of industry sectors.
Texas Tech University NSF REU | www.depts.ttu.edu/cs/research/reu-dp

- Elias Marcopoulos (Computer Science, English, 2016)
- Research Participant
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
I help the CS declarative programming department develop their current projects alongside grad students working towards their doctorates.

**How did you find your internship?**
A job posting page on piazza.

**What do you enjoy most about your internship?**
I enjoyed being immersed in the work that grad students were doing. They treated me just like another graduate student and always kept me busy.

**What do you find challenging?**
Communication with the mentors was difficult. Little to no help was given, and if you asked for help, you would often be helped and simultaneously reprimanded.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
I would suggest going to the REU (Research Experiences for Undergraduates) willing to put in a lot of hours per week. It also would be helpful to have the motivation to keep trying after failing a particular task multiple times.

**About the Organization**
Texas Tech University NSF REU
Lubbock, TX

Students will have the opportunity to learn the state of art declarative programming tool, which is simple and easy to use. With this tool, students will work together with their mentors to tackle challenging research problems in application areas of great societal impact including Cybersecurity, Energy, Healthcare and Space Exploration. U.S. citizens or permanent residents with a passion for applying computing technology to those application areas are welcome to apply for our REU program. This site emphasizes the participation of a diverse group of students, in particular, women, minorities, and students from community colleges.
What do you do as an intern at this organization?
Each day our tasks change depending on which projects people throw our way. The other two interns and I are working on a summer-long Capstone project that investigates potential uses for an internal software program. On top of this, we follow our mentors to their meetings with contractors, engineers, plant managers, etc. I also made it a point to take on any task that helps the office, particularly those I don’t know much about, to learn all of the aspects of Trane.

How did you find your internship?
A Sales Engineer at Trane, who is also a Tufts alumna, reached out to the Rugby team and my friend forwarded me the email. She put me in touch with HR, and in two weeks I had interviewed and accepted the position.

What do you enjoy most about your internship?
I enjoy the office culture, including the environment they create for interns, and the types of people here. I had a feeling I wanted to do technical sales coming in, so for me, everything about the office is great.

What do you find challenging?
It’s challenging to learn all the terms used in the HVAC industry and figure out the small differences between the units that we sell.

What advice would you offer to someone who wants to make the most of an internship like yours?
My main advice is to take time to understand what you like doing before you start applying. If you get an internship with a company whose mission excites you then you won't have to worry about making the most of it because you will want to do all the extra work.

About the Organization
Trane
Wilmington, MA

Trane is a world leader in air conditioning systems, services and solutions. Trane helps customers by providing innovative solutions that optimize indoor environments through a broad portfolio.
Tufts Internship Profiles 2016

TripAdvisor | www.tripadvisor.com

- Yueming Luo (Computer Science, Physics, 2017)
- Software Engineering Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I work in a team along with other full time employees writing codes to fix problems and develop features for TripAdvisor.

How did you find your internship?
I found my internship through a coding challenge TripAdvisor put out for all the colleges. They advertised this opportunity at Tufts.

What do you enjoy most about your internship?
I enjoy the challenge of doing real developing work, in which there is a greater focus on testing and reviewing the code. I also enjoy learning about how the full time process works.

What do you find challenging?
I find the actual coding part quite challenging. It is unlike anything we've done in school before.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would say try to make the most out of your time at an internship like this by learning methods and coding abilities because the opportunity provided by TripAdvisor is a great opportunity second to none.

About the Organization
TripAdvisor
Needham, MA

TripAdvisor is the world's largest travel site, enabling travelers to plan and book the perfect trip. TripAdvisor offers advice from millions of travelers and a wide variety of travel choices and planning features with seamless links to booking tools that check hundreds of websites to find the best hotel prices. TripAdvisor branded sites make up the largest travel community in the world, reaching 340 million unique monthly visitors, and 350 million reviews and opinions covering more than 6.5 million accommodations, restaurants and attractions. The sites operate in 48 markets worldwide.
What do you do as an intern at this organization?
As a Research Assistant at TACL, I have worked on different aspects of the research process. Particularly, I have been heavily involved with literature research for upcoming studies, psychological task programming, and experimental set up.

How did you find your internship?
I contacted a psychology professor from a different laboratory about possible openings in their lab, and while they didn't have any, they referred me to a professor who did have an opening for the summer. I then contacted that professor and interviewed before getting the job.

What do you enjoy most about your internship?
I have really loved getting to know the inner workings of psychological research and knowing that the work I'm doing will be contributing to science.

What do you find challenging?
A lot of the work I do is independent and crucial to do correctly, so at times it can be tricky to know when I'm making the correct call in a particular situation.

What advice would you offer to someone who wants to make the most of an internship like yours?
If you're ever interested in working in a Tufts psychology lab, don't be afraid to email the professor who runs it to see if/when there are any openings. Also, be ready to be able to work independently and handle several different projects at once.

About the Organization
Tufts Applied Cognition Laboratory
Medford, MA

The Tufts Applied Cognition Laboratory's goal is to investigate the underlying mechanisms of cognition, with a particular interest in multitasking, and whether cognition can be altered through the use of brain stimulating technology.
Rachel Wahlert (Sociology, 2018)
Research Assistant
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
My team analyzed anthropological work in Sub-Saharan Africa. We answered pre-determined questions on a range scale, creating a quantitative set of data from a qualitative work.

How did you find your internship?
I emailed professors and department administrators to find this job. I was also notified of the opening through the department mailing list.

What do you enjoy most about your internship?
I enjoyed the flexibility I had. Although it was full time, I had the chance to take a day off and work on the weekend if I chose to.

What do you find challenging?
It was difficult to read text from the late 1800s and early 1900s. The language, although English, was structured in a manner I am not familiar with.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would recommend talking to your supervisor about what the work truly means. What will the outcome be? Leaders like to see this kind of interest from their staff; it shows that you care about your work.

About the Organization
Tufts Economics Department
Medford, MA

The mission of the Economics department is to teach students to be critical thinkers and to use the discipline of economics to analyze and solve problems associated with important economic, political and social issues. These issues range from international economic relations to economic development, growth, income inequality, environment, education, housing and competition policy. The Department has several projects that require research assistants throughout the year. The work varies depending on which project you are assigned. You may be working with students from Tufts and other organizations or you may be working directly with a professor.
What do you do as an intern at this organization?
I do everything from leading hikes, organizing trips to Geneva, performing operations work, helping organize conferences, translating from English to French and vice-versa, helping students with various tasks (e.g., I got everyone a bus pass, which required several trips to the bus company's main office and some paperwork).

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
I like the fact that every day is different. One day I am hiking in the Alps translating what the guide says about mountain goats, and the following day I am doing office work and helping organize a conference.

What do you find challenging?
The fact that you always need to be smiley and cordial is challenging. Everyone here is an energy bomb.

What advice would you offer to someone who wants to make the most of an internship like yours?
You need to be able to live and work with the same people. They will become your family for the length of the internship, which means that it's pretty hard to get any alone time. During the interviews, make sure you prove that you are an extrovert and love working with people. A common task is to lead groups of people, which requires a lot of enthusiasm and positive energy, especially when things go wrong. You have to be able to talk to ALL of the students and make them feel comfortable.

About the Organization
Tufts European Center
Medford MA

The European Center is Tufts University's campus in Talloires, France. An outstanding setting for study, contemplation and exploration, the European Center offers several academic programs for all learners: college undergraduates, high school students, alumni and adult learners. The European Center also hosts a variety of international conferences, all of which address our mission of facilitating and promoting international understanding.
Mary Travers (Art History, Philosophy minor, 2018)
Exhibitions Design Intern; Full-time, 35-40 hours per week
Unpaid but receiving Career Center Internship Grant (Meghan A. Carleton, AO2 Internships in the Art World Grants)

What do you do as an intern at this organization?
I have had the opportunity to work in a variety of areas on different projects. When I started, I worked with the Associate Registrar to de-install the current show. I was trained in art handling, moving and packaging. My next project was helping to update, digitize and catalogue the Permanent Collection. Since then, I have been working on designing, curating and researching one of the fall shows, which is a study gallery type space. I have written wall labels and text panels for both of our upcoming shows and gained experience helping with layout. Being involved in every step of the process has given me insight into how much work goes into putting on an exhibit—from painting the walls to picking the mounts.

How did you find your internship?
I first became involved this past fall as a volunteer tour guide, and then I started working as a research assistant in the spring. Though they had not had an undergrad intern before, I put together a proposal and met with the gallery staff to see if it was something they would be open to, and they were!

What do you enjoy most about your internship?
I work with a very small and dedicated staff, which is a highlight for many reasons. It has created an extremely collaborative work environment with everyone pitching in on different projects. As an intern, it means that I get to try out the different roles of a smaller museum, and it means that I do lots of real work. Coming into this summer I wasn’t sure what a Registrar did versus an Exhibitions Coordinator or a Curator. Now, not only do I have a better sense of these jobs, but I have gotten to try them out in various capacities as well. For example, I was pleasantly surprised by how much I enjoyed working with our Gallery Educator to plan programming and create materials to accompany our shows. Had I been in another environment, I’m not sure if I would have had the opportunity to work in so many different departments and on so many different projects.

What do you find challenging?
The most difficult part was at the beginning as I was figuring out what my role should be within the greater organization. Once I got more comfortable, I spoke up more, sharing ideas and offering help on projects that particularly interested me. Another challenge was keeping track of my work, because I was working with different people on different things due at different times. This got easier when I started prioritizing and taking notes during meetings/conversations about projects.

What advice would you offer to someone who wants to make the most of an internship like yours?
Find ways to get involved in areas that interest you and don’t be afraid to reach out to people. I started as a volunteer and that got my foot in the door. Once I found an area that I was passionate about, I worked hard to find ways to get involved, gaining experience and building relationships with people in that field. Whether it’s volunteering or getting coffee with someone whose job you want to learn more about, taking the initiative can sometimes say more about you than your resume.

About the Organization
Tufts University Art Gallery; Medford, MA
The Tufts University Art Gallery is a recognized player in the active contemporary art scene in the Boston metro area and an unparalleled campus resource for fostering visual literacy and critical thinking skills.
Tufts University Biophysics Lab
https://wikis.uit.tufts.edu/confluence/plugins/servlet/mobile#content/view/32410625

- Arden Fereshetian (Biochemistry, 2018)
- Research Assistant
- Part-time, 25 hours per week
- Unpaid

What do you do as an intern at this organization?
My internship is located at 574 Boston Ave. (the new building) in Cristian Staii’s Biophysics Lab. The goal of the lab is to explore the properties of various nanofiber surfaces as well as the growth and propagation of neurons on these surfaces. As an intern, I culture and prepare neuron cells as well as take scans of our samples using an AFM (Atomic Force Microscopy).

How did you find your internship?
I have always been interested in natural sciences, but during my freshman year at Tufts I was unsure whether Biology, Chemistry, or Physics was my favorite. I took the introductory courses for each of these fields and was interested to learn about how physics is applied in industry. I spoke with my physics TA, and he told me that professor Staii was looking for interns in his lab. I have now been working in his lab for over a year.

What do you enjoy most about your internship?
My internship provides me with an excellent opportunity to use some very advanced laboratory equipment, such as our Atomic Force Microscope, which can allow us to investigate biochemical products with exceptional detail. What I enjoy the most is that this insight has taught me how different the physical properties of our world function on such a nanoscopic scale.

What do you find challenging?
The most challenging part of my internship is working with the little daily bits of information and data we collect and using it to piece together the bigger picture. Working in science and research can have a lot of amazing benefits, but I find that it can often take a lot of time and there can be confusion during the process until things start to come together.

What advice would you offer to someone who wants to make the most of an internship like yours?
Be sure to read and research online in advance! Much of the work done in the lab is complicated and can take a while to understand and put together, but this can be made much easier if you read previous online papers dealing with the subject and learn the background information necessary to conduct effective research.

About the Organization
Tufts University Biophysics Lab
Medford, MA

We are a Condensed Matter Physics group that is part of the Center for Nanoscopic Physics at Tufts University. Research in our group explores the interface between the fields of condensed matter physics and biological physics. Our interests include quantum mechanical phenomena in biological systems (proteins, biomolecules) and other nanoscale systems (graphene, carbon nanotubes, nanowires), cellular mechanics, as well as physical processes involved in neuronal growth and formation of neuronal networks. Much of our work relies on the Atomic Force Microscope.
Josie Barth (Computer Science, 2018)
Software Developer
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I developed software for Munis, an ERP financial solution. I started out on bug fixes, and shortly thereafter was assigned two independent projects where I designed, built, and tested two new program modules to be available for clients in an upcoming software release.

How did you find your internship?
I found my position at Tyler by researching software development internships in Maine on Looksharp.com

What do you enjoy most about your internship?
Tyler fosters a creative and collaborative work environment. My team was awesome, and I had a lot of support from experienced developers. I really enjoyed the projects I was responsible for, and I felt like an integrated and valued member of the team.

What do you find challenging?
The first two weeks were a little overwhelming because there were a lot of new technologies to learn.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don't be afraid to ask for help when you're stuck, and voice what you're interested in developing. For reference, the application deadline was early/mid fall (October/November); check the Tyler website for details.

About the Organization
Tyler Technologies
Falmouth, ME

Tyler Technologies is the largest software company in the nation solely focused on providing integrated software and technology services to the public sector — cities, counties, states and school districts.
U.S. Bureau of Reclamation | www.usbr.gov

- Corey Snider (Civil Engineering, Architectural Studies, 2018)
- Hydrology Intern
- Full-time, 40 hours per week
- Paid (55% of daily housing and meal costs paid for)

What do you do as an intern at this organization?
I check Agrimet and Hydromet evapotranspiration-related data, make adjustments, calibrate sensors, and prepare Excel files/letters. I'm also making a smartphone app to ease field data collection and storage.

How did you find your internship?
Tufts Spring Career Fair; USAjobs.gov

What do you enjoy most about your internship?
I enjoy working alongside federally-employed civil engineers in Reclamation's Great Plains regional office and in the field around Montana. They serve as my mentors and allow me to practice hydraulic and agricultural engineering principles and calculations that I haven't worked with yet at Tufts. In addition, they introduce me to data collection procedures and maintenance of field equipment.

What do you find challenging?
We sometimes use older computer software involving DOS-prompt-styled user interfaces, which can be a bit of a challenge to learn/memorize how to operate.

What advice would you offer to someone who wants to make the most of an internship like yours?
Research the company's website before the interview. You might be asked their mission statement.

About the Organization
U.S. Bureau of Reclamation
Billings, MT

The mission statement of the Bureau of Reclamation is to manage, develop, and protect water and related resources in an environmentally and economically sound manner in the interest of the American public.
Victoria Rudnicki (Quantitative Economics, Finance, 2018)
International Trade Intern
Full-time, 40 hours per week
Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
Day to day, I perform market research that helps Massachusetts companies identify export targets abroad. This involves meeting with companies and foreign representatives, using government research databases, and analyzing industry trends.

How did you find your internship?
I found my internship on Jumbo Jobs and applied via the e-mail contact listed. The interview process consisted of one in-person interview in the Boston office. (Note: there are internship opportunities with the Commercial Service in all 50 states and internationally.)

What do you enjoy most about your internship?
Given my passion for foreign language and travel, I enjoy the opportunity to learn about market climates in different parts of the world. I also enjoy being able to have a better understanding of global events in an economic context.

What do you find challenging?
Since the office is small, the internship can sometimes get slow. I personally thrive in a high-intensity environment, so I often found myself getting frustrated when there wasn't something for me to do to contribute to the office. If you want a fast-paced internship, you are probably better off looking in the private sector.

What advice would you offer to someone who wants to make the most of an internship like yours?
To be successful in interviewing, you should have a logical explanation for why you are interested in international trade. It could be as simple as "I love to travel." Having a demonstrated passion for global affairs also helps. In the actual internship, be a self-starter, and use downtime for the myriad of resources that will help your own learning.

About the Organization
U.S. Department of Commerce - U.S. Commercial Service
Boston, MA

The U.S. Commercial Service consists of a network of offices, both across the country and internationally. Through market research, commercial diplomacy, trade shows, and other services, this branch of the U.S. Department of Commerce helps U.S. companies grow their businesses internationally.
US PIRG | www.pirg.org

- Emily Calobrisi (Psychology, Sociology minor, 2017)
- Transportation Intern
- Full-time, 30 hours per week
- Unpaid

**What do you do as an intern at this organization?**
I mostly called mayoral offices around the country to seek support for a new carbon performance standards measure that is in consideration by US DOT. We signed on 60 mayors for a letter to DOT Secretary Foxx. I also did some writing of Letters to the Editor and Op-Eds for various newspapers.

**How did you find your internship?**
A job listing for another position was sent to the Tufts Psych Department e-list. I explored their website and applied for an internship.

**What do you enjoy most about your internship?**
I liked working with my fellow interns and making tangible progress towards (and then surpassing) our goal number of mayors.

**What do you find challenging?**
Making phone calls day in and day out is very draining.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
If you are interested in public policy or legal issues and changing the way the government and private corporations treat citizens, PIRG is a great stepping stone to many careers.

**About the Organization**
US PIRG
Boston, MA

U.S. PIRG is a consumer group that stands up to powerful interests whenever they threaten our health and safety, financial security, or right to fully participate in our democratic society. For decades, we’ve stood up for consumers, countering the influence of big banks, insurers, chemical manufacturers and other powerful special interests.
UCLA Resnick Neuropsychiatric Hospital (Early Childhood Partial Hospitalization Program) | www.semel.ucla.edu/ecphp

- Sophia Gomez (Psychology, Child Study and Human Development, 2018)
- ECPHP Summer Intern; Part-time, 12 hours per week
- Unpaid

What do you do as an intern at this organization?
I shadowed children ages 2-6 with autism, related developmental disabilities, and behavioral disorders (meaning that I used a prompt hierarchy to engage them in classroom activities). I also redirected children’s maladaptive behaviors, took daily data of children's self-stimulating behaviors while assisting the classroom therapists, helped children in basic self-care such as toileting and self-feeding, and attended a weekly lecture on autism and strategies for maladaptive behaviors.

How did you find your internship?
I conducted online research for summer undergrad internships at universities in Los Angeles.

What do you enjoy most about your internship?
I absolutely loved getting to know all the children and learning how to understand them through unique types of communication. For example, it was interesting to learn that for children on the autism spectrum, it is much easier for them to understand you when you use as many words as they are able to formulate at a time (e.g., saying "get ball" instead of "can you please go get the ball?"). It was also great to shadow so many different types of professional therapists.

What do you find challenging?
As you learn in child development classes, children are continually changing. When working with children on the autism spectrum, I had to quickly learn each and every one of their individual behaviors (verbal, visual, neurodevelopmental, impulsivity etc.) and redirect the undesired behavior with a replacement behavior. This was difficult because I had to be very attentive to the child to be able to recognize when he or she was about to start doing a certain behavior and then redirect it.

What advice would you offer to someone who wants to make the most of an internship like yours?
Make sure you are respectful of each type of therapist when shadowing and helping the children so that you can then ask to meet with the therapists for career advice. I, for example, shadowed speech language pathologists, behavioral analysts, early interventionists, occupational therapists, and physical therapists, which was so helpful because shadowing taught me about the specifics of each therapy and led me to discover my passion for speech language pathology.

About the Organization
UCLA Resnick Neuropsychiatric Hospital (Early Childhood Partial Hospitalization Program)
Westwood, CA

The ECPHP at Resnick Neuropsychiatric Hospital at UCLA is a short-term integrated day treatment program for young children who have been diagnosed with, or may have, autism, developmental disabilities, and behavior disorders. It evaluates and treats children in a structured, individualized program; develops individual educational, behavioral, and social intervention plans for each child; provides family intervention to assist parents in understanding their child’s needs and managing their child’s behavior; and communicates with school districts and regional centers to facilitate the child’s transition into appropriate educational placements and community services.
Under Armour | www.under armour.jobs/ua-on-campus/summer-league

- Connor Drinon (History, 2017)
- Office of the CIO Intern
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
Every intern is assigned a different project based on their skills or the needs of their department. I, for example, worked for the office of the CIO, but I am a history major. My project required an outside view of the IT department to communicate IT’s mission to other functional areas in terms they could understand.

How did you find your internship?
Family friends

What do you enjoy most about your internship?
I enjoyed the laid-back lifestyle in regards to dress code and athletics. The company is expanding at such a fast rate that it keeps you very busy and invested.

What do you find challenging?
It was challenging to learn to accept how little I actually knew about my role. Seeking help is expected and encouraged. No one expects you to know everything, but everyone expects you to accomplish your task. Find a way.

What advice would you offer to someone who wants to make the most of an internship like yours?
Apply in the fall if possible. I applied in the winter and ended up in a race against the clock. Acceptance is rolling, so the earlier you apply the better. The hard deadline isn’t until after winter break.

About the Organization
Under Armour
Baltimore, MD

Over the past two decades, we’ve evolved into the most innovative brand in all of sports with a full line of performance apparel, footwear, and accessories. We didn’t just start an industry—we started a revolution. Working here puts you at the center of a high-powered collision of athletics, technology, and opportunity. It puts you in a position to win, to challenge yourself, and to work together with a team to fulfill one promise. It’s a promise that says: “PROTECT THIS HOUSE.® I WILL.”
Anonymous (Biology, 2016)
Organizing Beyond Barriers Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I research hotel and university administrations and organize with workers.

How did you find your internship?
My previous activism with a member of a different union led me to this position.

What do you enjoy most about your internship?
I enjoy helping people attain the respect and payment they deserve in challenging jobs led by apathetic administrators.

What do you find challenging?
It is challenging to approach people from different backgrounds who are upset, scared and frustrated, and talk to them about their options in a way that is respectful. It can also be difficult to resolve conflicts between union members.

What advice would you offer to someone who wants to make the most of an internship like yours?
Keep an open mind, be vigilant in opposing injustice, remember that you’re not some sort of godsend (ego will alienate the people you want to organize with and impede your activism), and listen to people.

About the Organization
Unite Here
Cambridge, MA

UNITE HERE is leading the fight to organize hundreds of thousands of low-wage workers -- many of them African-Americans, Latino and Asian immigrants and women -- in hotels, casinos, industrial laundries, institutional cafeterias, airport concessions, and apparel manufacturing, distribution, and retail facilities throughout North America. Our union is at the forefront of battles for workers' rights, immigration reform, living wages, and quality jobs in many cities throughout North America. UNITE HERE needs talented staff people -- organizers, researchers, and others -- to join in the struggle to organize the unorganized in these industries.
United Nations Association of Greater Boston (UNAGB) | www.unagb.org

- Nicholas Giurleo (International Relations, History, 2019)
- Education Intern
- Full-time, 25-30 hours per week
- Unpaid

What do you do as an intern at this organization?
I was primarily responsible for researching and developing curriculum content for Model UN simulations. I also helped create two summer institutes (run at Harvard Business School) on international security and human rights & cultural survival. During these summer institutes, I lectured on various topics (for example, terrorism and counterterrorism one day) and led activities (e.g., mock debates and Model UN simulations). In between all this I also performed basic office work like errand running and file organizing.

How did you find your internship?
I Googled something along the lines of "International Relations Internships in the Greater Boston Area" and found the UNAGB website and internship listing from that.

What do you enjoy most about your internship?
I enjoyed the experience of working in an office environment in the middle of downtown Boston, the experience of running a summer institute at Harvard Business School, the bonding and collaborating with other interns, and researching topics in IR that genuinely interested me.

What do you find challenging?
The thing I found most challenging was financially surviving the summer while doing significant hours of unpaid labor. I discovered I was accepted into the internship program long after the deadline to apply for financial compensation from Tufts passed.

What advice would you offer to someone who wants to make the most of an internship like yours?
My advice is to be aware of the financial complications of working an unpaid internship if you choose to do so.

About the Organization
United Nations Association of Greater Boston (UNAGB)
Boston, MA

The United Nations Association of Greater Boston is dedicated to building a strong network of global citizens in the Boston area. We inform, inspire and mobilize members of the community to engage with critical global issues central to the work and mission of the United Nations. For 68 years, UNAGB has brought global affairs programs to Boston-area participants. We organize community events, from luncheon presentations to networking nights to UN Day celebrations and an international Consuls Ball with local diplomats and leaders. We inspire the next generation of global leaders through our Model UN education program which serves thousands of Boston, Massachusetts and New England school children each year. We reached almost 3,000 students in 78 schools in Boston and surrounding districts in the 2014-2015 academic year!
Aviva Weinstein (International Relations, Arabic, 2017)  
Research Intern  
Part-time, 20 hours per week  
Unpaid

What do you do as an intern at this organization?  
I divide my time between a personal research project on a topic of my choice related to terrorism, and I also contribute to the research of the professor I work for. She is compiling a database to assess government responses to terrorism, so I help code articles based on which type of government response appears. The work is independently driven, therefore, each day I decide how I want to divide my time between my work and the work I do for them. I receive help and direction for my research from my professor's PhD student.

How did you find your internship?  
Family referral

What do you enjoy most about your internship?  
I enjoy improving my research skills. While I have done many research projects at Tufts, none have taught me how to work with data in the way that this position has. I like that it is self-driven with a support system, and I like the flexibility of working part-time. I find that I do better work because I have a shorter amount of time and need to get things done. I have also benefited from all the enrichment and networking events that START puts on and have learned a lot about what it would be like to work in the field of counter-terrorism.

What do you find challenging?  
I came in with very poor research skills when I thought they were pretty decent. In reality, my coursework did not prepare me for the type of work they do here. I had never written a literature review and had minimal background in statistics, and I think had I had these skills prior to my internship, I could have focused more on the content of my project instead of focusing on the basic skills.

What advice would you offer to someone who wants to make the most of an internship like yours?  
The application deadline is mid-April. I would suggest applying if you are self-driven and interested in research. You should also have a willingness to learn from experts on specialized topics you may know little about from courses at Tufts, most of which do not cover counter-terrorism in this much detail. You should also network with those around you, both fellow interns and the START professional staff.

About the Organization  
University of Maryland, Study of Terrorism and Responses to Terrorism  
College Park, MD

START’s vision is to provide the highest quality, data-driven research findings on the human causes and consequences of terrorism in an effort to ensure that homeland security policies and operations reflect these understandings about human behaviors. START offers unpaid internships year round on a variety of research projects and teams. During the course of their internship, participants are exposed to the most up-to-date theories, methods and information related to the study of terrorism. They are versed in the critical questions tackled by homeland security practitioners, policy makers and researchers, and are mentored in a professional environment geared toward student success.
Alexis Galantino (Biopsychology, Computer Science, 2018)
Conte Center Student Research Assistant
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
I work on two projects for two different studies. In one, I'm helping with research design and coding videos of sessions with participants. In another, I'm working with DTI (a type of neuroimaging) data and creating a pipeline to process it longitudinally.

How did you find your internship?
I met with a family friend who works at UPenn because I specifically wanted a mental health-related internship in Philadelphia. He told me about the program, and then it was an online application process.

What do you enjoy most about your internship?
This internship is very focused on the education of its students rather than having us doing a ton of work for them. Because of this, we get to attend a lot of different lectures given by faculty in the department, and through that, we are exposed to many different topics.

What do you find challenging?
In my research design project, there is no single right answer, so I have to review the literature and help them come up with methods. The open-endedness of this is daunting sometimes. In the neuroimaging project, it can be difficult to understand the vocabulary because I'm using a lot of computer tools that were created for neuroimaging experts and their online documentation is written for experts. Luckily, I have a good advisor who helps walk me through things when I need it.

What advice would you offer to someone who wants to make the most of an internship like yours?
Unfortunately, the grant that funds this particular internship is running out this year, but I definitely recommend looking for an internship that is equally as invested in the education of its students as it is in the experience/work. Yes, ideally you want to be doing something important and helpful for your lab, but ultimately you're doing this internship for you. Try to find advisors who will support you in that.

About the Organization
University of Pennsylvania, Neuropsychiatry Section
Philadelphia, PA

The Neuropsychiatry program of the University of Pennsylvania's Department of Psychiatry is devoted to the study of brain and behavior in health and disease. By integrating methodologies we aim to advance the understanding and treatment of complex brain disorders such as schizophrenia and related psychotic disorders.
University of Tokyo, Laboratory of Organic & Medicinal Chemistry | www.f.u-tokyo.ac.jp/~yakka

- Amy Xinruo Guo (Biochemistry, 2018)
- Researcher
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My daily tasks are divided into two categories: molecule simulation calculation and organic synthesis. In the morning, I always start the day by performing experiments to synthesize dimethylproline step by step. I would also use molecule simulation software, Metadynamics, to calculate the movement of target molecules. I always put in the calculations during the waiting time of synthesis reaction. After submitting a job for molecular calculation, it took 4-5 hours to do the calculation. The last step at the end of the day was to record all the results.

How did you find your internship?
One of my friends referred me to Amgen Scholars. This lab was one that the Amgen program covers. I applied through Amgen but didn't get in. Therefore, I contacted the professor directly and he encouraged me to come.

What do you enjoy most about your internship?
My internship was so much fun. Other than the experience of living in another country and enjoying so much good food, the most enjoyable thing for me was discussing my project every day with my professor. He also encouraged me to think independently about the next steps of my experiment.

What do you find challenging?
The most challenging part of my internship was the synthesis part. I failed twice on my way to synthesizing the target product, dimethylproline. The hardest part was the process of finding the reasons for failure and revising the synthesis method. However, with the help of my professor, I patiently reviewed all my procedures and noted changes. During my third try, I successfully synthesized my product.

What advice would you offer to someone who wants to make the most of an internship like yours?
To get the most from a scientific research project in a very short amount of time, you need to be very curious about your own project and do the background research as fast as possible. You also need to stay close with your professor and try your best to initiate good discussions. Never be afraid to address your concerns and questions; those may be important to your research. Two months flew by very quickly. You need to take the everyday job seriously and make a general plan about what you want to achieve in a day and in a week.

About the Organization
University of Tokyo, Laboratory of Organic and Medicinal Chemistry; Tokyo, Japan

Dr. Ohwada’s Laboratory of Organic and Medicinal Chemistry is under the Graduate School of Pharmaceutical Science at The University of Tokyo. As one of the top universities in the world, UTokyo initiates many innovative experiments in organic chemistry and pharmaceutical science. The mission of his lab is to design structurally novel organic molecules to mimic peptides’ bioactivities.
University of Virginia Health System, Neurology Laboratory | https://med.virginia.edu/neurology

- Sophie Loman (Cognitive and Brain Sciences, Computer Science, 2018)
- Research Assistant/Laboratory Technician
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I’m involved in two projects: one is a collaborative effort focused on modeling the flow of glioma cells in the brain, and the other is an online survey project geared toward better characterizing children with a rare chromosomal disorder. I also assist the post-doc with her 3D neural cell cultures.

How did you find your internship?
I was referred to Dr. Erin Foff (the PI) by a colleague of my father’s last summer when I was looking for a clinical neurologist to shadow. I had such a good time shadowing her that I applied for a position in her laboratory!

What do you enjoy most about your internship?
It’s really cool to be able to conduct paid research, and I feel very fortunate to have landed in a lab that is working on such innovative projects. I like the flexibility I’ve been given to learn about aspects of the projects that interest me most.

What do you find challenging?
The most challenging aspect of this internship has definitely stemmed from my lack of laboratory experience. I had to learn basic pipetting, sterile technique, dilution calculation, and cell culture very quickly to be able to assist with the research.

What advice would you offer to someone who wants to make the most of an internship like yours?
One of the most important pieces of advice I can give is to find a lab whose PI or post-doc is going to be a good mentor. Undergraduates are often stuck doing menial tasks in labs because the PI is too concerned about making progress on projects to discuss the science behind the research.

About the Organization
University of Virginia Health System, Neurology Laboratory
Charlottesville, VA

Major research interests are centered on providing an understanding of the pathophysiology of nucleotide repeat disorders (NRD). Many debilitating diseases such as Myotonic Dystrophy, ALS and Fragile X Syndrome share an underlying genetic footprint which may lead to the disease state. We are currently researching how this repeat expansion, at the cellular level, may result in the disease.
University of Waterloo, Institute of Quantum Computing | https://uwaterloo.ca/institute-for-quantum-computing/

- Zachary Pagel (Physics, Engineering Science, 2017)
- Undergraduate Research Assistant
- Full-time, 40 hours per week
- Paid

What do you do as an intern at this organization?
I am working in a professor’s lab that studies superconducting microwave qubits. I am helping on an experiment to design and test a new technique for protecting the qubits from the environment, so my day to day activities include designing parts on SolidWorks, testing transmission lines on HFSS, and performing various experiments in the lab.

How did you find your internship?
Professor Peter Love (Physics) works in Quantum Computing and informed our quantum mechanics class of the opportunity.

What do you enjoy most about your internship?
The Institute of Quantum Computing is highly interdisciplinary, with professors from 7 different departments. It is very cool to be working in a community of different-minded academics that are all focused on the same end goal: building a quantum computer.

What do you find challenging?
Research is often very independent, so the most challenging part for me is trying to make progress on my own without needing to badger the professor or graduate students.

What advice would you offer to someone who wants to make the most of an internship like yours?
The application deadline was the first week or two in January. The main application is for USEQIP, a two-week educational program on Quantum Information that was incredible. On top of this, you can apply for a summer-long research position. I would highly recommend this program to any student interested in state-of-the-art technology research. A physics background is necessary to get the most out of the program. There are opportunities ranging from highly theoretical algorithm research all the way to very applied engineering/fabrication research, so be sure to read about researchers on the website and target those you are interested in.

About the Organization
University of Waterloo, Institute of Quantum Computing
Waterloo, ON, Canada

The research at the Institute for Quantum Computing (IQC) is aimed at harnessing the quantum world and transforming the scientific and industrial landscape. At the deepest level of the atomic world, the laws of physics are governed by quantum mechanics, which imposes fundamental physical limits to controlling systems. Quantum information science and technology provide the framework to understand and utilize quantum properties of nature. The approach at IQC aims to take advantage of a critical mass of researchers in mathematics, physical science and engineering. We are focusing on three main applications: Computing, which is the manipulation and storage of information; Communication, which relates to the transmission, and Sensing, which is related to the detection of signal or stimuli that could allow us to navigate the nanoscopic world.
Anonymous (International Relations, Economics, 2018)
Marketing Intern
Full-time, 40 hours per week
Paid

What do you do as an intern at this organization?
As a marketing intern at UpToDate, I performed a number of tasks related to marketing analysis, including organizing and interpreting survey results, sales data and website traffic. I also performed research on key countries, including their health systems and the company’s current market presence.

How did you find your internship?
I found the internship through a referral from a family member.

What do you enjoy most about your internship?
I had a lot of independence to work at my own pace and take on projects that interested me. I worked directly with members of the marketing team from a variety of positions and backgrounds.

What do you find challenging?
Some of the research can be a little bit mind numbing, so headphones are a must.

What advice would you offer to someone who wants to make the most of an internship like yours?
Try to learn as much as you can while you’re there, and make a list of projects that you’re involved in so you can refer to it when updating your resume. The application deadline for this internship was mid-April.

About the Organization
UpToDate
Waltham, MA

UpToDate® is an evidence-based, physician-authored clinical decision support resource that clinicians trust to make the right point-of-care decisions. More than 6,300 world-renowned physician authors, editors, and peer reviewers use a rigorous editorial process to synthesize the most recent medical information into trusted, evidence-based recommendations that are proven to improve patient care and quality. More than 1.1 million clinicians in 180 countries and almost 90% of academic medical centers in the United States rely on UpToDate to provide the best care. That trust has been earned because of the integrity of our recommendations, including the fact that we never accept funding from pharmaceutical companies, medical device manufacturers or other commercial entities.
Urban Ecology Center | http://urbanecologycenter.org

- Yesenia Villanueva Rodriguez (Child Development, 2017)
- Summer Camp Education Intern
- Full-time, 45 hours per week
- Paid

What do you do as an intern at this organization?
As a summer education intern, I plan and lead summer nature camps for every age. Some weeks I lead camp for 4-year-olds and their parents, and other times I lead camp for high schoolers. The theme of every week-long camp also varies depending on the age, but overall, summer camps at the UEC revolve around outdoor exploration. I work alongside very experienced educators who teach me about nature and how to channel that information to campers. For six weeks, the educators also help me organize camps, from detailed logistics to outdoor games to self-care methods during camp. On the last week of my internship, I get to lead my own camp with one or two other interns.

How did you find your internship?
Previous internship referral

What do you enjoy most about your internship?
I truly enjoyed that I spent most of my summer outdoors learning new skills and honing others. Activities I did this summer included canoeing up and down the Milwaukee River near downtown, rearing monarch eggs, visiting caves, looking for fossils, geocaching, letterboxing, learning techniques for extracting sap from maple trees, and more. I worked with people who are passionate about the environment as it pertains to communities in the city. I feel inspired, knowledgeable, and competent in the field of nature education thanks to this internship.

What do you find challenging?
What I found most challenging was working with campers and staff who sometimes made inappropriate comments about race or socioeconomic status, especially because most of the comments were made by white males.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would start applying to the internship by December. The UEC receives more applications every year, so the internship is becoming very competitive. Another piece of advice for this internship is to communicate your feelings to your supervisor or other staff/interns. I quickly learned that everyone at the UEC wants to help make your internship as successful as possible.

About the Organization
Urban Ecology Center; Milwaukee, WI

At the Urban Ecology Center’s three locations the wonders of nature bring curious people together. Our programs bring our city’s children and families into nature, and as a result our urban parks are safe to visit, our kids are learning what they need to know to succeed, and adults keep on learning about how the changing world around us works. Our Environmental Community Centers provide outdoor science education for urban youth; protect and use public natural areas, making them safe, accessible and vibrant; preserve and enhance these natural areas and their surrounding waters; promote community by offering resources that support learning, volunteerism, stewardship, recreation and camaraderie; and practice and model environmentally responsible behaviors.
Washington Nationals Youth Baseball Academy | http://washington.nationals.mlb.com/was/youth-baseball-academy

- Anonymous (American Studies, Political Science, 2017)
- Development Intern
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I researched possible donors, conducted grant research, researched data for inclusion in and assembled grant proposals and promotional materials, edited press releases, and wrote website pages.

How did you find your internship?
Family/friend referral

What do you enjoy most about your internship?
It was a small organization so I had the chance to be involved in a lot of different kinds of work. I really liked the cause and appreciated the great mentorship and relaxed environment with the option to work from home.

What do you find challenging?
Foundation research can be really frustrating because family foundations are secretive and often don't accept unsolicited proposals. Also, a lot of the nonprofit world is based on connections (like everything else!).

What advice would you offer to someone who wants to make the most of an internship like yours?
If your supervisors aren't giving you enough work or if you feel bored, always ask if there's anything else you can help with. Get as much experience as possible.

About the Organization
Washington Nationals Youth Baseball Academy
Washington, DC

The mission of the Washington Nationals Youth Baseball Academy is to use the sports of baseball and softball as vehicles to foster positive character development, academic achievement and improved health among youth from underserved communities in Washington, D.C.
Washington University in St. Louis, Cognition & Development Lab | https://pages.wustl.edu/children

- Miriam Hauptman (Child Development, German Studies, 2019)
- Research Assistant
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My responsibilities this summer ranged from coding data to creating and modifying stimuli. Additionally, I recruited participants in person and over the phone, interacted with families and children as the children participated in studies, and accompanied my supervisor as she collected data.

How did you find your internship?
I found my internship by contacting principal investigators of developmental psychology labs at WashU. Some labs had information about job openings on their websites, but the labs where I was interested in working did not.

What do you enjoy most about your internship?
The lab environment was very warm, which made for an enjoyable work experience. The work assigned to me was diverse, and my superiors were committed to providing the RAs with career development help. Interacting with kids and their families was naturally fun, too!

What do you find challenging?
There were times when experiments didn't go as planned, meaning that we sometimes had to redo a few days' worth of work. While these experiences were somewhat frustrating, it soon became clear to me that trial-and-error is an unavoidable component of the research process, and that flexibility is crucial.

What advice would you offer to someone who wants to make the most of an internship like yours?
My advice to anyone interested in completing an internship similar to my own is to ask a lot of questions. Ask why you’re coding data a certain way, or why the experiment has six different variations. Also, reach out to lab managers/principal investigators during the winter if you are looking for a summer internship.

About the Organization
Washington University in St. Louis, Cognition & Development Lab
St. Louis, MO

Our research explores how young children reason and learn about the world around them, with a focus on children’s social-cognitive development. Research interests include how children reason about their own and others’ preferences and how they think about conventions in language, culture, and social dynamics.
West Wing Writers | www.westwingwriters.com

- Speechwriting Intern
- Full-time, 45 hours per week
- Paid

What do you do as an intern at this organization?
The experience is dynamic, with the creation of research files, editing of speech drafts, and communication with high-profile clients all in a day’s work. I offer assistance to researchers and senior writers as they help create speech material for big names in politics, entertainment, and more.

How did you find your internship?
Jumbo Jobs

What do you enjoy most about your internship?
I enjoy the opportunity to bear witness to and take part in the development of messaging and delivery of meaning that speechwriting and strategy encompasses. As a writer, this is a prized opportunity to write for powerful speakers around the globe. I appreciate the compassionate mentoring.

What do you find challenging?
Initially, it is an environment where the stakes will feel high at all times, but as you adjust to the meticulous nature of editing and appreciate the feedback of your peers, the experience is intensely rewarding.

What advice would you offer to someone who wants to make the most of an internship like yours?
Offer a slice of yourself; opportunities like this are rare, so be honest about yourself in the application. Embrace what makes you different, be confident in your ability to adapt to new expectations, and don’t be afraid to inject humor into your application.

About the Organization
West Wing Writers
New York, NY

West Wing Writers specializes in writing — writing speeches, writing op-eds, writing books — and developing the messages that are the currency of thought leadership. We do this for people and organizations that want to change the conversation — not just to join one that’s already underway.
XO Group Inc. | http://xogroupinc.com

- Charlotte Hoffman (International Relations, 2018)
- Marketing Intern
- Full-time, 40 hours per week
- Paid

**What do you do as an intern at this organization?**
Along with the rest of the marketing team, I brainstormed the greatest challenges facing TheKnot.com and how we can solve them with marketing strategy. I learned multiple different marketing software applications, such as Google Analytics, and spent a lot of time analyzing our email program.

**How did you find your internship?**
A family friend mentioned she knew someone at the company who loved working there, so I applied through the online portal.

**What do you enjoy most about your internship?**
There were more than 30 other interns, and having other interns for company was such a special part of the summer. The program was incredibly well done overall, and I don’t think you find the level of care that XO Group put into their summer intern program at many other places.

**What do you find challenging?**
Going into the internship, I didn't know much about the wedding industry or how websites make money, so I was a little out of my wheelhouse at first.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Email the HR recruiting person if you don't hear back and do your research on the company before interviewing (I had two different interviews). The application deadline was in early May.

**About the Organization**
XO Group Inc.
Manhattan, NY

Through our family of brands—The Knot, The Nest and The Bump—we inspire, inform and cheer on our community as they move through life’s most amazing (and stressful!) milestones. From the proposal to creating a home and starting a family together, we’re there for every step of the journey. As the nation’s leading wedding marketplace, The Knot seamlessly engages, matches and connects couples with the products, services and vendors they need to pull off a wedding that is uniquely their own.
Yale School of Medicine | http://bbs.yale.edu/people/marina_picciotto.profile

- Lena Walton (Biopsychology, 2018)
- Research Assistant
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
I perform laboratory techniques such as mouse stereotactic surgery, perfusion, brain slicing, immunofluorescence, and confocal microscopy. In addition, I attended weekly lab meetings and weekly science journal clubs.

How did you find your internship?
I found my internship through a series of connections with family friends.

What do you enjoy most about your internship?
I most enjoyed the vast array of laboratory skills I acquired. This opportunity gave me an in-depth look at the newest techniques for studying the brain.

What do you find challenging?
The most challenging thing about my internship was the realization of how long science takes. One simple project could take weeks. Not to mention, if each step is not carried out precisely, one's work may be ruined after waiting for results for weeks.

What advice would you offer to someone who wants to make the most of an internship like yours?
To find an internship like mine, I would recommend putting yourself out there. Show your interest. Research the labs you find interesting, and see if their topics sound like something you want to know more about. If so, email the primary investigator. The worst thing is that they say they don't have room.

About the Organization
Yale School of Medicine
New Haven, CT

The goal of Dr. Picciotto's research team is to understand the role of single molecules in complex behaviors related to addiction, depression, feeding and learning. She and her colleagues use molecular genetic and pharmacological approaches to link the biochemical, cellular, and anatomical levels of investigation to behavior. Of primary interest is the role of nicotinic acetylcholine receptors in brain function and development. Dr. Picciotto's laboratory also studies signaling molecules downstream of nicotinic receptors, such as calcineurin, CaM kinases and adducins, which may mediate long-term changes in behavior downstream of these receptors.
yet2 | www.yet2.com

- Kirsten Jorgensen (Chemical Engineering, 2017)
- Project Lead
- Full-time, 40 hours per week
- Unpaid but receiving Career Center Internship Grant

**What do you do as an intern at this organization?**
I researched and analyzed innovative technology based on F500 clients' areas of interest. I contacted startups/companies for introductory calls and created opportunity summaries of the most promising, which allowed clients to assess their interests in joint ventures, partnerships or licensing.

**How did you find your internship?**
I found this internship through a twice-removed family referral. They offer opportunities on Indeed, Monster and other online job sites.

**What do you enjoy most about your internship?**
The most enjoyable parts of this internship were working closely with every member of the 10-person team, working on 5+ projects across various industries at once, and having the opportunity to learn about the coolest, innovative technology on or coming on the market for an entire summer.

**What do you find challenging?**
I found project management the most challenging. I managed 1-2 projects throughout the summer, but as new work came in or if a project lead had an upcoming client meeting, they would ask me to do research and follow-up for them. This meant I had to manage time well to ensure quality, timely deliverables.

**What advice would you offer to someone who wants to make the most of an internship like yours?**
Go into it with a hardworking, open mind. The team will facilitate your learning and expose you to as many projects as you allow; my advice is to work hard to get your projects done early, and then always ask for more to get a chance to work and network with everyone in the office.

**About the Organization**
yet2
Newton, MA

Yet2 is a global, open innovation advisory firm that delivers consulting and licensing services to companies of all sizes. The Boston office has 10 employees who collectively specialize in finding ‘disruptive’ technology for their clients to strategically enter the marketplace with. Yet2 offers an all-inclusive Strategic Dealflow service that utilizes their understanding of a client’s corporate strategy to provide the most efficient technology scouting service available. They work closely with large companies to understand their specific technology needs and connect them with promising small business partners. Additionally, yet2 offers services to assist small companies in commercializing and licensing their innovative technology. Their mission is to provide the resources for both client parties to success and form strategic business partnerships.
YMCA of the North Shore | www.northshoreymca.org

- Aidan Scrimgeour (American Studies, Music, 2017)
- Creative Arts Intern
- Full-time, 20-50 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My responsibilities vary week to week. Most weeks I work full time planning and teaching at camps. The other weeks I help out with other Creative Arts Events. I plan and promote the events and sometimes provide the musical accompaniment.

How did you find your internship?
I have been a member of the YMCA for my entire life and have worked at camps in previous summers. I reached out to the director of the Creative Arts office when I heard about the music center and studio in the basement.

What do you enjoy most about your internship?
I really enjoy working with kids, and it is rewarding to see the progress they make throughout the week. I also enjoy the opportunity to work with kids of all ages in different settings; it is useful as I consider my plans for teaching after graduation.

What do you find challenging?
It is difficult to be productive and find things to do during the weeks I'm not working full-time in camps. It is also difficult to align my personal plans with the many schedules and policies of the YMCA. For example, I was unable to offer free private lessons as initially planned because of YMCA liability policies.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would recommend developing a detailed plan at the beginning of the summer. I wasn't able to follow through with some of my original ideas because I postponed planning, which meant that things didn't work out logistically.

About the Organization
YMCA of the North Shore
Salem, MA

We know that lasting personal and social change comes about when we all work together. That’s why at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.
Youth Advocacy Division | www.publiccounsel.net/dir/somerville-ya

- Cayla Brown (International Relations, 2017)
- Undergraduate Intern
- Full-time, 35 hours per week
- Unpaid but receiving Career Center Internship Grant

What do you do as an intern at this organization?
My tasks included writing letters to the judge on behalf of clients, researching programs in the area for kids, visiting clients and helping with regular check-ins. I also spent a lot of time in court, sitting in on our clients' hearings and learning more about court proceedings.

How did you find your internship?
I found my internship through a friend. I was conducting an informational interview with a lawyer at the division and she offered me the position.

What do you enjoy most about your internship?
I really enjoyed getting to connect with the clients and being involved in their progress. At one point during the internship, we took kids to apply for jobs and get their permits, which was pretty rewarding. I have had the opportunity to meet a number of wonderful kids and learn a lot about the criminal justice system in the process.

What do you find challenging?
It was hard visiting kids when they were locked up in the Department of Youth Services (DYS) and we didn't know how long they would be there. It was hard to say good bye and go back to our lives while they were stuck in DYS and hating every minute of their time there. In work like this, there will be plenty of times when you’ll feel helpless, but you have to keep working to help these kids find justice.

What advice would you offer to someone who wants to make the most of an internship like yours?
Don’t be afraid to ask questions. I was the least qualified person in the department, and that came with the privilege of asking seemingly stupid questions and being enlightened far beyond my expectations.

About the Organization
Youth Advocacy Division
Somerville, MA

Established by the Committee for Public Counsel Services in 1992, the Youth Advocacy Project (YAP) began with a goal of protecting and advancing the legal and human rights of children and promoting their healthy development through active partnerships in Boston’s communities. At the time, YAP consisted of one full time and one half time attorney. YAP became the Youth Advocacy Division in 2009 and now includes more than four hundred specially-trained private attorneys that accept delinquency, youthful offender, appeals, juvenile murder parole hearings and GCL revocation cases, as well as nine staff offices in which lawyers and forensic social service advocates work together as a team to help young people achieve their legal and life goals.
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