LEARNING GOAL SAMPLE: Public Health Internship
(examples)

Career Exploration:

Goal 1.) Develop comprehensive knowledge regarding how to develop and then utilize a volunteer workforce to deliver health education and to encourage preventative health screenings for members of underserved and hard-to-reach communities.

(Strategies)
- Learn recruiting methods used to attract volunteer health advisors from within faith-based and other community organizations. This includes understanding which tactics are most effective, how volunteer reliability is assured, and volunteers attrition is reduced. I am very interested to learn more about how to build and keep good volunteers. There are so many opportunities for volunteers to be utilized in health-related clinics and hospitals. In my future career I hope to work with volunteers as an aspect of my job, to use them for appropriate tasks, develop strong relationships and ultimately retain good people to increase our strength of patient care.
- Attend multiple volunteer training sessions to gain familiarity with how health professionals train volunteers to present medical information and encourage health screenings in the most culturally appropriate manner.
- Attend VHA sponsored health education session and wellness and disease prevention.

Skill Development

Goal 2.) Develop my skills in program evaluation

(Strategies)
- Quality assessment in health care is extremely important. I plan to get experience in this area by conducting a monitoring and evaluation plan that would track the costs and benefits of implementing this program on a larger scale in the city of Boston. This project includes developing an in-depth needs-assessment as well as creating adequate measuring tools that would capture the cost-benefit analysis. I’m going to work closely with my supervisor to create and develop this process.
- My current project has a small budget but it would seem like it would be valuable if it could be scaled up. I plan to examine the outcomes of my work through administration of an evaluation form and conduct a feasibility study regarding the ability of (the organization) to scale up the program in a variety of budgetary climates.
- By the end of the internship I’m hoping to have learned the best ways to approach evaluating a program, from start-to-finish. I’m hoping to use the regular meetings with my supervisor as a good time to strategize and talk through my progress in creating and implementing the evaluation.