This is a time to adjust to a new place, new friends, and new curriculum. It’s not too early to consider how these experiences relate to your future in the world of work.

GET STARTED/REFLECT & DISCOVER

- **Stop by** the Career Center during our daily drop-in hours, speak with an advisor to find out about the many resources we offer.
- **Evaluate your study habits and time management skills** as you establish yourself academically. Visit the Academic Resource Center to meet with a tutor or a time management consultant.
- **Check out the self-assessment worksheets** on the Career Center website to understand how your interests, skills, values, family, and cultural identity can influence career choice. You can also register through our website to use **FOCUS 2** - a self-paced, online, interactive tool designed to help you assess your VIPS (Values, Interests, Personality and Skills), and explore possible majors and careers.
- **Look for our Career Fellows**, professionally trained students who are ready and able to guide you in your career journey by assisting with resume writing and navigating our online resources. They will be available to work with you in the Career Center as well as in residence halls and across campus.
- **This Spring** consider registering for the **First Year Career Seminar** or the fall semester ExCollege course for sophomores called **Personal Career Development**.

EXPLORE

- **Attend the career fairs** offered during the year, practice networking and research your options.
- **Use the many resources available** (our website, TIP [Tufts Internship Profiles] Book, alumni, fellow students, faculty and advisors) to learn about majors, careers, organizations, and potential internships.
- **Become a member of the new Tufts Career Networking Group on LinkedIn** to connect with thousands of alumni and learn about their career paths.
- **Login to Jumbo Jobs** to update your profile and search for summer jobs and internships.
- **Review the weekly eNews email**, Career Events Flyer and our blogposts to stay updated.

PREPARE/GAIN SKILLS & EXPERIENCE

- **Join clubs and student organizations** through the Office for Campus Life. Participating in activities and community service projects will open up new areas of interest and help you develop career-related skills such as teamwork, leadership, and effective communication.
- **Review your social media accounts** and check privacy settings to ensure a professional image.
- **Begin developing or refining your resume** by viewing the Career Center online resume workshop and resume samples.