Hello Everyone,

This applicant email is about:

**Stress Relief**

*About this time, you need to let a little air out of the balloon.*

*You promised yourself you would not read studentdoctor.net. Are you listening to yourself?*

*Your friend submitted her AMCAS and already has it verified and yours is not. Do you feel like you will never get into med school?*

*Your roommate has gotten secondaries and you have not. Do you think it’s because you are less qualified?*

*You are second guessing each short answer on each secondary, wasting time working with a writing consulting on these straightforward short essays, and rewriting and rewriting. Do you feel each word you select is going to make or break your chances of admission?*

*If any or all of the above are you, you need to step back.*

________________________________________

**Premed Applicants**  
**AMCAS should be in** and you should be slowly but surely working on secondary applications. *From an earlier email:* Spend some time on these to be sure the answers are clearly written and answer the questions posed; however, do not dwell on them in the belief that every word can make the difference between acceptance and rejection. Timely return of secondaries: ideally within 2-3 weeks of receipt.
Predent Applicants
AADSAS should be in and you are paying attention to additional program requirements that may be listed

Premed DO Applicants
Next week’s email is all about this.

Take a walk, read a book overlooking the river, catch up on that Netflix show you've been putting off, or take some time to meditate and do yoga!

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HEALTH COMMENTARY:
Health Commentary is a non-profit, advertisement free, health information project supporting the scientific and humanistic information needs of engaged citizens. We believe pursuing each individual, family and community’s full human potential is the fullest measure of health.
To achieve this goal, Health Commentary offers timely insights, updates and a real-time News Feed with a rich collection of health and science articles from a range of peer review journals and premier news outlets.
Anchoring the site is “Story of the Week,” a weekly health care news and policy analysis that closely examines a health care issue or emerging mega-trend. These commentaries challenge health professionals and their organizations to live their stated values, and critically examine their own performances.

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Boston University School of Medicine - Dermpath Position
(Details and how to apply attached to this email)
Positions available for gap year students interested in learning about dermatology/dermatopathology while working to support
dermatopathology administrative services

Regards,

Amanda and Ericka