Tufts Career Center FAQ of the Week

There are so many things that I’d like to do and study, and I think I could be happy doing many of them. It’s so hard to make a decision. I feel stuck.

You’re in good company. Please take heart in the knowledge that Tufts students continually cite this challenge as they contemplate their individual career journeys.

First, let’s examine the reasons that led to your myriad interests. When you were in high school, you likely pursued many activities. Being ‘well rounded’ has been considered an admissions ticket to a competitive college. Your strategy worked, and you landed at Tufts, where your options included more than 100 student organizations, 70+ academic majors, and a plethora of activities and events continually streaming around you.

The cumulative effect of all these exposures and experiences is often indecision about which path to follow. The dilemma is understandably overwhelming. However, it’s one that is familiar for Career Advisors here at Tufts. The first step to get unstuck is to speak with an Advisor. We won’t tell you what to do, or which path to follow, but we can guide you in examining your interests, skills, and values. We can help you prioritize the various opportunities that beckon you. Ultimately, you will not say ‘no’ to any of your passions; instead, you’ll be coached to answer this question, “Which one shall I pursue first?” And then, because we can’t always count on everything working out in storybook fashion, we generate alternatives, sometimes known as back-up plans.